MONTGOMERY COUNTY GUIDE

CLASSES. PROGRAMS. ACTIVITIES. EVENTS.



View STEAM programming page 51

WINTER 2026-2027

MONTGOMERY COUNTY *Recreation*

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The information in this GUIDE is current as of Nov. 6, 2026. Changes to programs may occur.



NOTICE FOR INDIVIDUALS WITH DISABILITIES

Individuals with disabilities are encouraged to register for programs. Early notification allows us to put accommodations in place. For more information, email: rec.inclusion@montgomerycountymd.gov

MONTGOMERY COUNTY Recreation

Winter 2026-27 registration begins

Tuesday, Nov. 17

6:30 a.m.

Registration opens for most summer programs and activities.

9 a.m.

Registration opens for senior programs.

REGISTER HERE

Jump to ActiveMONTGOMERY to register for activities. Use the clickable link located on the bottom of the pages.

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Abbreviation Key

Outdoor Pools
- **BOP** - Bethesda Outdoor Pool
- **GOP** - Germantown Outdoor Pool
- **LBOP** - Long Branch Outdoor Pool
- **MLKOP** - Martin Luther King Jr. Outdoor Pool
- **UCOP** - Upper County Outdoor Pool
- **WCOP** - Sarah E. Auer Western County Outdoor Pool
- **WGOP** - Sergeant Hector I. Ayala Wheaton/Glenmont Outdoor Pool

Indoor Pools
- **GISC** - Germantown Indoor Swim Center
- **MLKSC** - Martin Luther King Jr. Swim Center
- **OSC** - Olney Swim Center
- **SSRAC** - Silver Spring Recreation and Aquatic Center

Parks
- **LP** - Local Park
- **RP** - Regional Park/ Recreational Park

Centers
- **CRC** - Community Recreation Center
- **SC** - Senior Center
- **RAC** - Recreation and Aquatic Center

Schools
- **ES** - Elementary School
- **MS** - Middle School
- **HS** - High School



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FUN • RECREATION
HEALTH • WELLNESS
COMMUNITY • CAMPS
AND MORE

Get your ActiveMONTGOMERY gift cards online today
at **ActiveMONTGOMERY.org**

Active
MONTGOMERY

KENNEDY SHRIVER AQUATIC CENTER



RIBBON CUTTING AND REOPENING CEREMONY

MONDAY, NOV. 23 • 2 P.M.

5900 EXECUTIVE BLVD., ROCKVILLE

Rec Swim 3 - 5 p.m.







Montgomery County DEPARTMENT OF GENERAL SERVICES
DGS
Delivering Great Service!

MONTGOMERY COUNTY
Recreation

Bauer Drive Community Recreation Center

Holiday Craft Show

47th Year!



Sat., Dec. 5 • 10 a.m.-4 p.m.

Free Admission

Activity R03003-129

Featuring local and regional artists' original works of art, photography, fabric arts, jewelry, candles, holiday decorations, wood work and more. Food vendors on-site. Free parking.

Bauer Drive CRC
14625 Bauer Drive, Rockville
240-777-6922 • Hablamos Español

MONTGOMERY COUNTY Recreation



WHERE THE

FUN

BEGINS

MOCOREC.COM/APPLY

MONTGOMERY COUNTY

Recreation

IS HIRING

FULL TIME, PART-TIME AND SEASONAL POSITIONS AVAILABLE!

From working in our after-school programs, to lifeguarding at our pools, there are a variety of opportunities available.

CHECK OUT THE FULL LIST OF OPEN POSITIONS ONLINE

MONTGOMERY COUNTY RECREATION



Free

SUMMER CAMPS FAIR

Save the Date

Wheaton CRC: Saturday, Jan. 9

1 - 4 P.M.

Information on summer camps offered by Montgomery County Recreation!
Interactive demos • Games and snacks • Financial aid registration

MONTGOMERYCOUNTYRECREATION | MOCOREC | MOCORECREATION

240-777-6840
Hablamos Español • WWW.MOCOREC.COM

MONTGOMERY COUNTY Recreation

CURSO DE SALVAVIDAS: *EN ESPAÑOL*







Este curso será enseñado por instructores que hablan español. Se requiere un nivel básico de inglés, ya que los materiales y el examen escrito estarán en inglés. Las clases serán en español y se proporcionará asistencia con el material escrito.

Estudiantes deben tener 15 años cumplidos para el último día del curso (se requiere comprobante de edad) y aprobar una prueba de preselección el primer día del curso para poder participar en las fechas restantes del curso.

Silver Spring RAC
1319 Apple Ave., Silver Spring

Fecha de Evaluación Inicial

Viernes, 4 de diciembre 5-8 p.m.

Clases

Sábado, 5 de diciembre 8 a.m.-5 p.m.
Domingo, 6 de diciembre 8 a.m.-5 p.m.
Sábado, 12 de diciembre 8 a.m.-5 p.m.
Domingo, 13 de diciembre 8 a.m.-5 p.m.

Actividad R01034-6558

Para inscribirse, visite ActiveMONTGOMERY.org
240-777-6840 • Hablamos Español • www.mocorec.com

MONTGOMERY COUNTY Recreation



AQUATICS

Indoor Pools

Indoor pools will be closed on Thanksgiving, Christmas and New Year's Day.

Eunice Kennedy Shriver & Sargent Shriver Aquatic Center (KSAC)
240-777-8070
5900 Executive Boulevard
N. Bethesda
Reopening Nov. 23
Closed Feb. 13-14

Germantown Indoor Swim Center (GISC)
240-777-6830
18000 Central Park Circle
Boyds
Closed Nov. 14-15
Closed Dec. 12-13
Closed Jan. 10
Closed Jan. 16-17
Closed Feb. 6

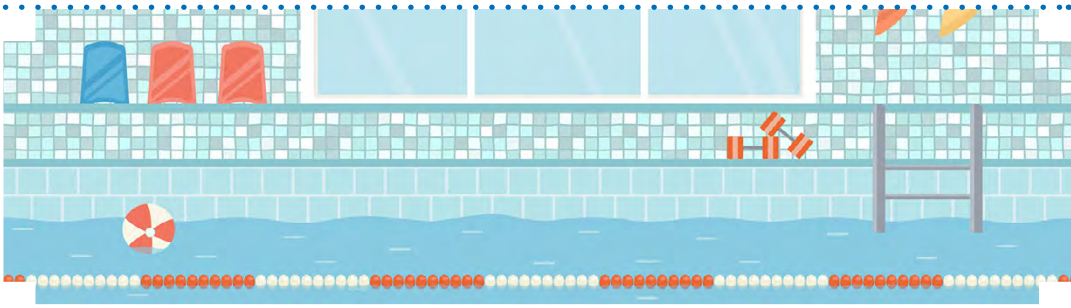
Martin Luther King, Jr. Swim Center (MLK)
240-777-8060
1201 Jackson Road
Silver Spring
Closed Feb. 13
Closed Feb. 20-21

Olney Indoor Swim Center (OSC)
240-777-4995
16605 Georgia Avenue
Olney
Closed Nov. 7-8

Silver Spring Recreation and Aquatic Center (SSRAC)
240-777-6900
1319 Apple Avenue
Silver Spring







WATER FITNESS

Abs & Glutes & More

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01001-204	KSAC	1/5	Tu	9-9:50 a.m.	$56
6 Sessions	R01001-203	KSAC	1/7	Th	9-9:50 a.m.	$48
5 Sessions	R01001-202	MLKSC	1/4	M	10-10:50 a.m.	$40
7 Sessions	R01001-201	MLKSC	1/6	W	10-10:50 a.m.	$56
7 Sessions	R01001-2500	SSRAC	1/7	Th	11-11:50 a.m.	$56

Aqua Cardio Challenge

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01004-204	KSAC	1/7	Th	11-11:50 a.m.	$48
7 Sessions	R01004-201	MLKSC	1/5	Tu	8:35-9:25 p.m.	$56
7 Sessions	R01004-203	MLKSC	1/8	F	9-9:50 a.m.	$56
6 Sessions	R01004-202	MLKSC	1/10	Su	4:10-5 p.m.	$48

Aqua Cardio Dance

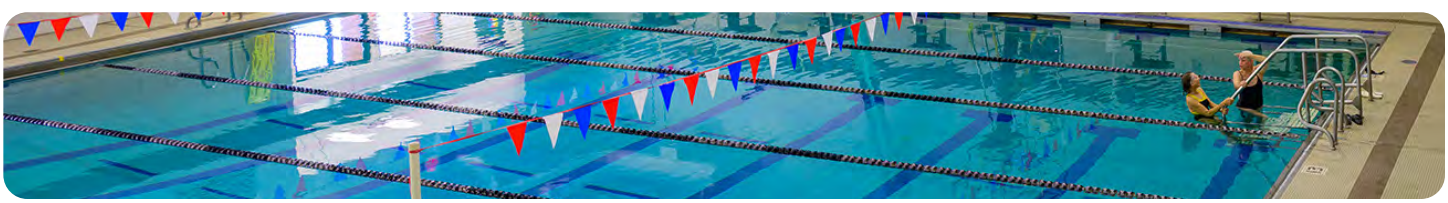
Ages 12 and up

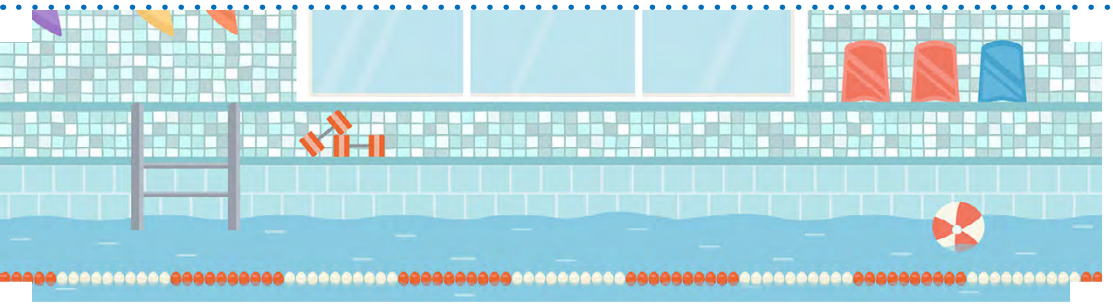
Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01003-203	MLKSC	1/7	Th	10-10:50 a.m.	$56
7 Sessions	R01003-204	OSC	1/7	Th	7:20-8:30 p.m.	$56
6 Sessions	R01003-201	OSC	1/9	Su	9:05-9:55 a.m.	$48
7 Sessions	R01003-2501	SSRAC	1/6	W	10-10:50 a.m.	$56

Aqua Fit

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01085-202	KSAC	1/4	M	8:10-9 p.m.	$40
6 Sessions	R01085-203	KSAC	1/6	W	8:10-9 p.m.	$56
6 Sessions	R01085-201	KSAC	1/8	F	9-9:50 a.m.	$48
7 Sessions	R01085-278	MLKSC	1/5	Tu	10-10:50 a.m.	$56
5 Sessions	R01085-2502	SSRAC	1/4	M	1-1:50 p.m.	$40
7 Sessions	R01085-2500	SSRAC	1/5	Tu	6-6:50 p.m.	$56
7 Sessions	R01085-2503	SSRAC	1/6	W	1-1:50 p.m.	$56
7 Sessions	R01085-2501	SSRAC	1/8	F	11-11:50 a.m.	$56





WATER FITNESS

Aqua Lite

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
5 Sessions	R01005-201	KSAC	1/4	M	11-11:50 a.m.	$40
7 Sessions	R01005-202	KSAC	1/6	W	11-11:50 a.m.	$56
5 Sessions	R01005-203	OSC	1/4	M	10-10:50 a.m.	$40
7 Sessions	R01005-204	OSC	1/6	W	10-10:50 a.m.	$56
7 Sessions	R01005-205	OSC	1/8	F	10-10:50 a.m.	$64
5 Sessions	R01005-2501	SSRAC	1/4	M	11-11:50 a.m.	$40
7 Sessions	R01005-2500	SSRAC	1/6	W	11-11:50 a.m.	$56

Aqua Spin

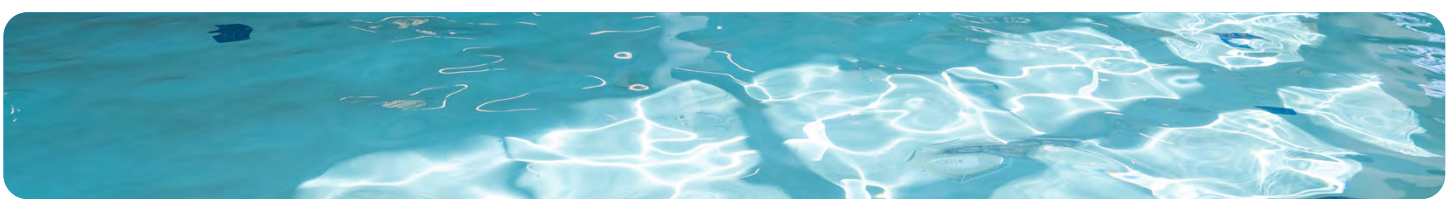
Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01006-213	GISC	1/5	Tu	8-8:50 a.m.	$77
7 Sessions	R01006-214	GISC	1/7	Th	8-8:50 a.m.	$77
7 Sessions	R01006-211	MLKSC	1/5	Tu	11-11:50 a.m.	$77
7 Sessions	R01006-215	MLKSC	1/5	Tu	7:30-8:20 a.m.	$77
7 Sessions	R01006-207	MLKSC	1/6	W	9-9:50 a.m.	$77
7 Sessions	R01006-206	MLKSC	1/7	Th	11-11:50 a.m.	$77
7 Sessions	R01006-212	MLKSC	1/7	Th	8:35-9:25 p.m.	$77
7 Sessions	R01006-209	MLKSC	1/8	F	7:30-8:20 a.m.	$77
7 Sessions	R01006-210	MLKSC	1/8	F	7:30-8:20 p.m.	$77
5 Sessions	R01006-2500	SSRAC	1/4	M	7:30-8:20 p.m.	$55
7 Sessions	R01006-2501	SSRAC	1/5	Tu	12:30-1:20 p.m.	$77
7 Sessions	R01006-2502	SSRAC	1/6	W	7:30-8:20 p.m.	$77
7 Sessions	R01006-2504	SSRAC	1/7	Th	12:30-1:20 p.m.	$77
7 Sessions	R01006-2503	SSRAC	1/7	Th	9-9:50 a.m.	$77
7 Sessions	R01006-2505	SSRAC	1/8	F	12:30-1:20 p.m.	$77

Aqua Yo-Lates

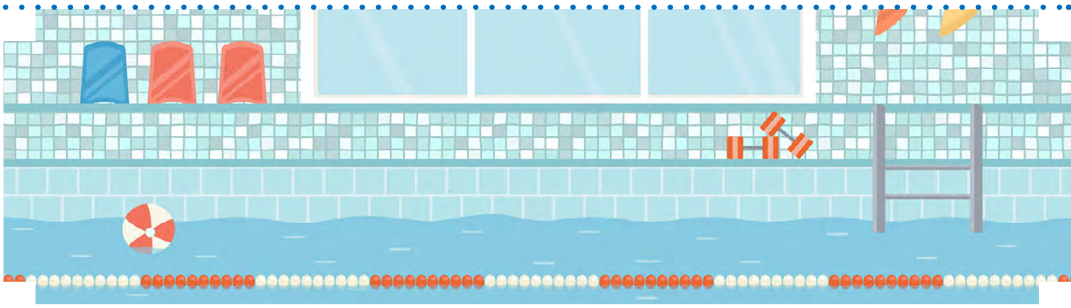
Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01007-201	MLKSC	1/8	F	10-10:50 a.m.	$56
7 Sessions	R01007-2500	SSRAC	1/5	Tu	11-11:50 a.m.	$56



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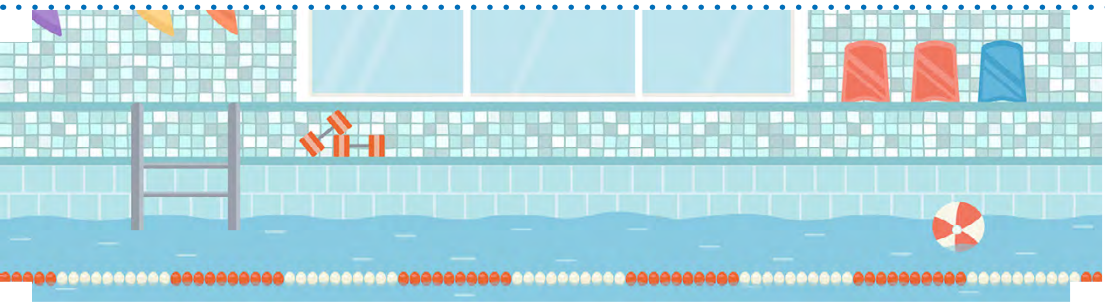
WATER FITNESS



Deep Water Running

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
5 Sessions	R01008-207	GISC	1/4	M	10-10:50 a.m.	$40
5 Sessions	R01008-210	GISC	1/4	M	7:50-8:40 p.m.	$40
7 Sessions	R01008-206	GISC	1/5	Tu	10-10:50 a.m.	$56
7 Sessions	R01008-208	GISC	1/6	W	10:30-11:20 a.m.	$56
7 Sessions	R01008-209	GISC	1/7	Th	10-10:50 a.m.	$56
7 Sessions	R01008-201	KSAC	1/5	Tu	10-10:50 a.m.	$56
7 Sessions	R01008-204	KSAC	1/5	Tu	8:10-9 p.m.	$56
6 Sessions	R01008-202	KSAC	1/7	Th	10-10:50 a.m.	$48
6 Sessions	R01008-205	KSAC	1/7	Th	8:10-9 p.m.	$48
6 Sessions	R01008-203	KSAC	1/8	F	10-10:50 a.m.	$48
5 Sessions	R01008-221	MLKSC	1/4	M	Noon-12:50 p.m.	$40
7 Sessions	R01008-224	MLKSC	1/5	Tu	7:35-8:25 p.m.	$56
7 Sessions	R01008-231	MLKSC	1/5	Tu	9-9:50 a.m.	$56
7 Sessions	R01008-226	MLKSC	1/6	W	Noon-12:50 p.m.	$56
7 Sessions	R01008-222	MLKSC	1/7	Th	7:30-8:20 a.m.	$56
7 Sessions	R01008-223	MLKSC	1/7	Th	7:35-8:25 p.m.	$56
7 Sessions	R01008-225	MLKSC	1/8	F	11-11:50 a.m.	$56
5 Sessions	R01008-228	OSC	1/4	M	11-11:50 a.m.	$40
5 Sessions	R01008-211	OSC	1/4	M	7:20-8:10 p.m.	$40
7 Sessions	R01008-213	OSC	1/5	Tu	10:30-11:20 a.m.	$56
7 Sessions	R01008-212	OSC	1/5	Tu	8:30-9:20 a.m.	$56
7 Sessions	R01008-219	OSC	1/6	W	6:30-7:20 a.m.	$56
7 Sessions	R01008-214	OSC	1/6	W	7:20-8:10 p.m.	$56
7 Sessions	R01008-215	OSC	1/7	Th	9-9:50 a.m.	$56
7 Sessions	R01008-218	OSC	1/8	F	6:20-7:10 p.m.	$56
7 Sessions	R01008-220	OSC	1/8	F	6:30-7:20 a.m.	$56
7 Sessions	R01008-2501	SSRAC	1/5	Tu	10-10:50 a.m.	$56
7 Sessions	R01008-2500	SSRAC	1/5	Tu	7:15-8:05 p.m.	$56
7 Sessions	R01008-2503	SSRAC	1/7	Th	10-10:50 a.m.	$56
7 Sessions	R01008-2502	SSRAC	1/7	Th	7:15-8:05 p.m.	$56
7 Sessions	R01008-2504	SSRAC	1/8	F	9-9:50 a.m.	$56
6 Sessions	R01008-2506	SSRAC	1/10	Su	11:10 a.m.-Noon	$48



WATER FITNESS

Hi/Lo Cardio Fusion

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01009-201	KSAC	1/8	F	11-11:50 a.m.	$48
7 Sessions	R01009-2500	SSRAC	1/8	F	10-10:50 a.m.	$56

Water Aerobics

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01010-208	GISC	1/6	W	9:30-10:20 a.m.	$56
6 Sessions	R01010-205	GISC	1/7	Th	7:50-8:40 p.m.	$56
7 Sessions	R01010-201	OSC	1/5	Tu	7:20-8:10 p.m.	$56
7 Sessions	R01010-202	OSC	1/5	Tu	9:30-10:20 a.m.	$56
7 Sessions	R01010-203	OSC	1/7	Th	10-10:50 a.m.	$56

Water Exercise

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
5 Sessions	R01011-206	KSAC	1/4	M	10-10:50 a.m.	$40
7 Sessions	R01011-201	KSAC	1/5	Tu	11-11:50 a.m.	$56
7 Sessions	R01011-207	KSAC	1/6	W	10-10:50 a.m.	$56
5 Sessions	R01011-205	MLKSC	1/4	M	9-9:50 a.m.	$40
5 Sessions	R01011-202	OSC	1/4	M	9-9:50 a.m.	$40
7 Sessions	R01011-203	OSC	1/6	W	9-9:50 a.m.	$56
7 Sessions	R01011-204	OSC	1/8	F	9-9:50 a.m.	$56
7 Sessions	R01011-2502	SSRAC	1/5	Tu	9-9:50 a.m.	$56
7 Sessions	R01011-2501	SSRAC	1/7	Th	6-6:50 p.m.	$56

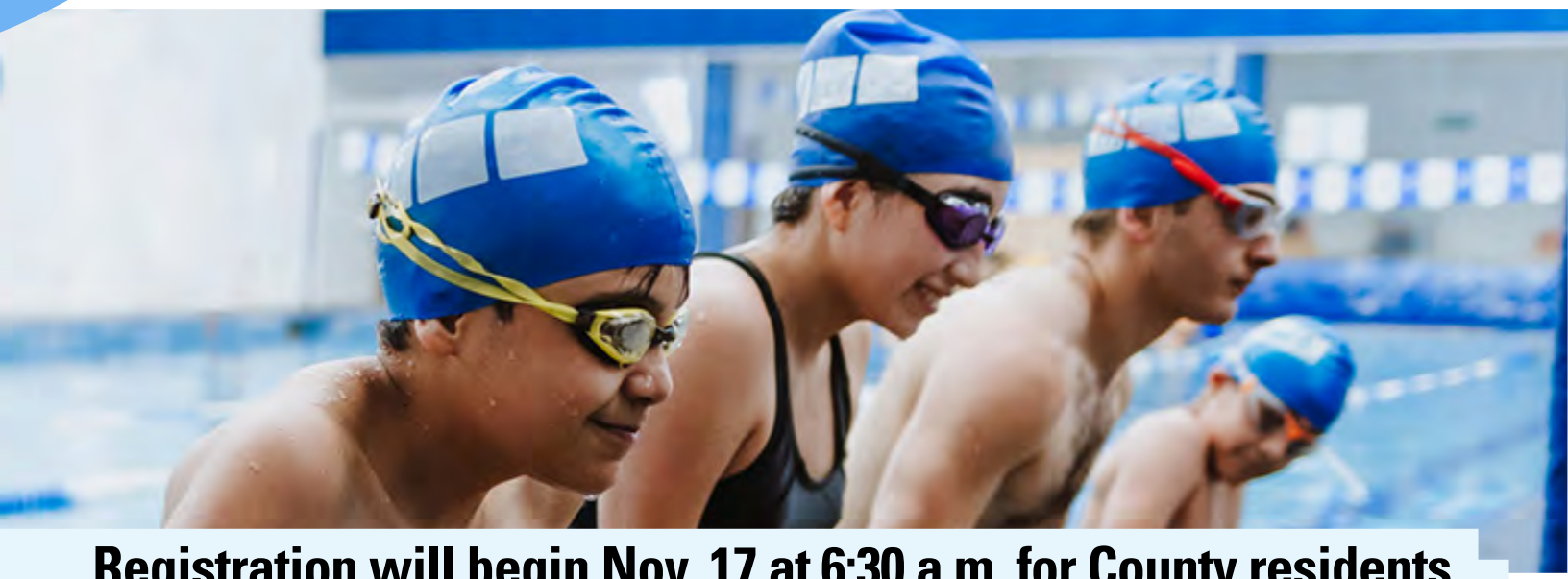






LOCATION KEY | TABLE OF CONTENTS | REGISTER HERE

INFORMATION ABOUT SWIM LESSONS



Registration will begin Nov. 17 at 6:30 a.m. for County residents.

Please note the following:

Parents: In order to assist us in offering a quality program for your child, you may not remain at the class unless it is stated in the description. Experience has shown that children are easily distracted.

Observation is allowed from designated areas only. At some facilities, clear observation may not be possible. Observation is not possible at the Martin Luther King Jr. Indoor Swim Center and Silver Spring Recreation and Aquatic Center indoor pools.

Class fee covers lessons only. Participants may enter the locker rooms 10 minutes before the start of class.

Lesson questions should be directed to the facility where you wish to enroll. For a detailed list of skills taught in each class, inquire at the pool where you will be taking lessons.

Courses generally meet for six 30-minute sessions.

Fees range from $60 to $66 depending on the level and number of participants.

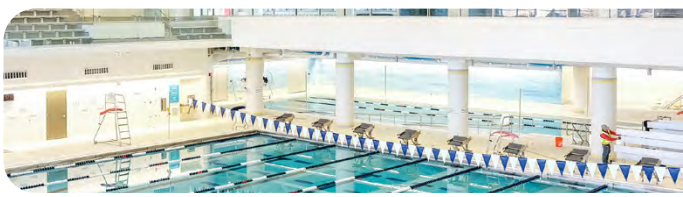
Read course descriptions carefully and select the level at which the student has mastered all prerequisite skills. Review the guidelines for placement in swim classes on the following page. Level progression is not like school, it is very common for individuals to repeat levels.

If you are unsure of the student's level or ability, evaluations are available at each indoor facility for one hour after the last lesson every Saturday and Sunday. All other times are by appointment.

Registrations will not be accepted after the first lesson. There are no transfers. If you have enrolled in the incorrect level, you will be withdrawn and withdrawal fees will apply.

Aquatics Lesson Weather Policy

When an indoor lesson is canceled due to inclement weather, a practice pass will be given to each participant at the end of the session. Practice passes can be used for admission to a recreational swim session at any Montgomery County Recreation aquatic center. Practice passes expire six months from the date of issue and are valid for one adult and one child. When two or more lessons are canceled due to inclement weather, a prorated credit will be issued to the payer's ActiveMONTGOMERY account at the end of the session. The credit issued will be for the cost of the canceled lesson(s). The credit can be applied to future aquatic lessons or any other Montgomery County Recreation program.



Please check each pool's listings for lesson schedule changes due to facility conflicts. Lessons will be held on all other days the facility is open.

GUIDANCE FOR SWIM LESSONS

Don't know where to start?

Swim lessons may be just the right place. Our facilities offer instruction for all ages and swimming abilities, whether you're a beginner learning the basic principles or a seasoned swimmer seeking to improve the strokes you know.

Parent-Assisted Lessons

Waterbabies (Ages 6-18 months) **Aquatots (Ages 18 months-3 years)** **Preschool (Ages 3-5)**	On the first day of class, students must be able to have one adult participant per child and wear swim diapers or tight-fitting waterproof pants under their suit if not potty-trained.	Children will learn basic water-adjustment skills and begin to master simple swimming skills (submerging, floating, kicking and arm stroking). Parents will gain the knowledge and skills to work comfortably with their child in the water.

Level 1

Beginner (Ages 4-6) **Youth (Ages 7-13)** **Adult (Ages 14+)**	On the first day of class, students must be able to function well in a group setting without parents.	Students learn water-adjustment skills. Students will be introduced to water entry, front and back floating, kicking, bobbing, blowing bubbles and arm strokes.

Level 2

Beginner (Ages 4-6) **Youth (Ages 7-13)** **Adult (Ages 14+)**	On the first day of class, students must be able to enter water, front and back float without support, kick, blow bubbles and do arm strokes. Parents do not accompany children.	Students are already water adjusted. Students must be able to submerge for three seconds and float on their front and back without support. Students will be introduced to basic swimming skills: front and back glides, kicking, arm strokes on front and back and rhythmic breathing.

Level 3

Beginner (Ages 4-6) **Youth (Ages 7-13)** **Adult (Ages 14+)**	On the first day of class, students must be able to use basic swimming skills including front and back glides, kicking, arm strokes on front and back and rhythmic breathing. Parents do not accompany children.	Students can already swim a combined stroke on the front and back, using a kick and arm stroke for a minimum of five yards. Students will be introduced to back crawl, elementary backstroke kick, treading water and rhythmic breathing. Students will also work on improving their front crawl.

Level 4

Beginner (Ages 4-6) **Youth (Ages 7-13)** **Adult (Ages 14+)**	On the first day of class, students must be able to swim a coordinated front crawl for 15 yards and swim back crawl for 5 yards. Students should be comfortable in deep water.	Students can already swim a coordinated front crawl for 15 yards (across the width of the pool), back crawl for 5 yards and are comfortable in deep water. Students will be introduced to elementary backstroke and breaststroke. Students will also work on perfecting their front crawl, back crawl and treading water.

Advanced

Youth (Ages 6-13)	On the first day of class, students must be able to demonstrate a proficient front crawl (freestyle), back crawl and be comfortable in deep water.	This class is for students who can swim one length of front and back crawl, tread water and swim in deep water. Course is designed to refine front and back crawl as well as introduce breaststroke and butterfly. Swimmers will be divided into subgroups by skill level at the first class. Courses meet for six 35-minute sessions. Group size is limited to 10 students per instructor.

FOR MORE INFORMATION, CLICK HERE.

PARENT-ASSISTED SWIM LESSONS

WATERBABIES

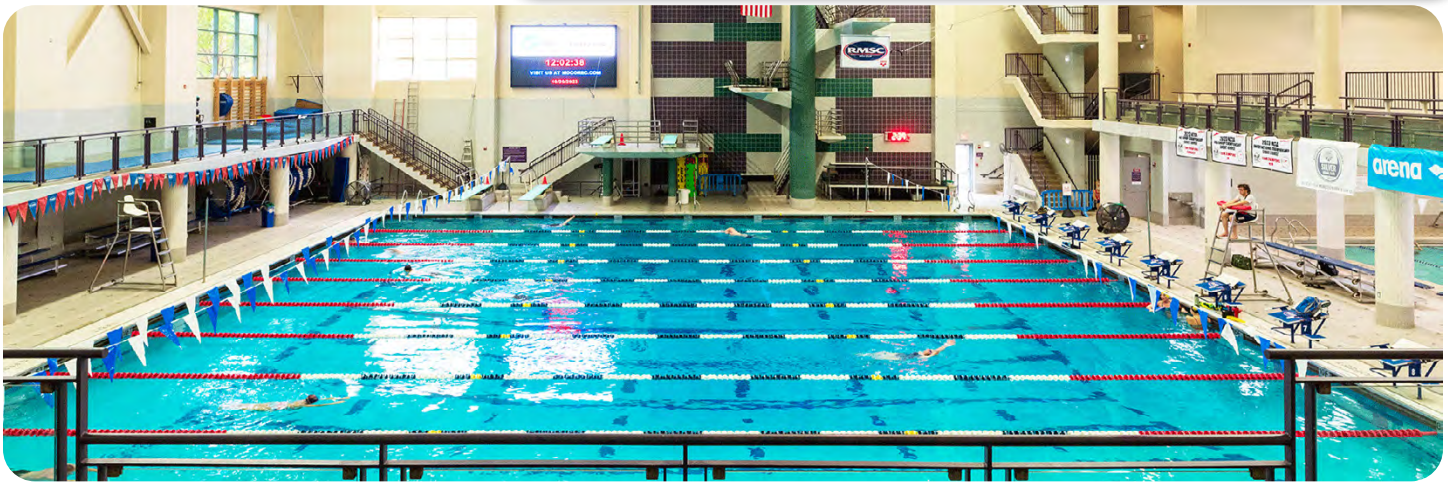
AGES 6-18 MONTHS

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01063-226	GISC	1/2	Sa	9:55-10:25 a.m.	$60
6 Sessions	R01063-227	GISC	1/5	Tu/Th	5:40-6:10 p.m.	$60
6 Sessions	R01063-228	GISC	1/26	Tu/Th	6:20-6:50 p.m.	$60
6 Sessions	R01063-201	KSAC	1/10	Su	10:20-11:50 a.m.	$60
6 Sessions	R01063-279	MLKSC	1/6	W	6:10-6:40 p.m.	$60
6 Sessions	R01063-252	OSC	1/10	Su	9:10-9:40 a.m.	$60
6 Sessions	R01063-2500	SSRAC	1/4	M	4:30-5 p.m.	$60
6 Sessions	R01063-2506	SSRAC	1/5	Tu	10:50-11:20 a.m.	$60
6 Sessions	R01063-2507	SSRAC	1/7	Th	11:30 a.m.-Noon	$60
6 Sessions	R01063-2504	SSRAC	1/8	F	10:50-11:20 a.m.	$60
6 Sessions	R01063-2505	SSRAC	1/9	Sa	9:30-10 a.m.	$60
6 Sessions	R01063-2501	SSRAC	1/10	Su	10:10-10:40 a.m.	$60



PARENT-ASSISTED LESSONS

In parent-assisted classes,
only one adult may be in the pool with a child.
Observation is not allowed on deck
for an additional adult.



PARENT-ASSISTED SWIM LESSONS

AQUATOTS

AGES 18 MONTHS-3 YEARS

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01038-226	GISC	1/2	Sa	9:15-9:45 a.m.	$60
6 Sessions	R01038-227	GISC	1/2	Sa	11:15-11:45 a.m.	$60
6 Sessions	R01038-228	GISC	1/5	Tu/Th	5-5:30 p.m.	$60
6 Sessions	R01038-229	GISC	1/26	Tu/Th	5-5:30 p.m.	$60
6 Sessions	R01038-201	KSAC	1/10	Su	9:40-10:10 a.m.	$60
6 Sessions	R01038-280	MLKSC	1/6	W	5:30-6 p.m.	$60
5 Sessions	R01038-278	MLKSC	1/9	Sa	10:20-10:50 a.m.	$50
6 Sessions	R01038-279	MLKSC	1/10	Su	10-10:30 a.m.	$60
6 Sessions	R01038-252	OSC	1/10	Su	9:50-10:20 a.m.	$60
6 Sessions	R01038-2500	SSRAC	1/4	M	5:10-5:40 p.m.	$60
6 Sessions	R01038-2510	SSRAC	1/5	Tu	10:50-11:20 a.m.	$60
6 Sessions	R01038-2508	SSRAC	1/5	Tu	6:30-7 p.m.	$60
6 Sessions	R01038-2506	SSRAC	1/5	Tu	9:30-10 a.m.	$60
6 Sessions	R01038-2507	SSRAC	1/7	Th	10:50-11:20 a.m.	$60
6 Sessions	R01038-2509	SSRAC	1/7	Th	5:50-6:20 p.m.	$60
6 Sessions	R01038-2504	SSRAC	1/8	F	9:30-10 a.m.	$60
6 Sessions	R01038-2505	SSRAC	1/9	Sa	10:10-10:40 a.m.	$60
6 Sessions	R01038-2503	SSRAC	1/10	Su	9:30-10 a.m.	$60





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PARENT-ASSISTED SWIM LESSONS

PRESCHOOL

AGES 3-5

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01062-226	GISC	1/2	Sa	10:35-11:05 a.m.	$60
6 Sessions	R01062-227	GISC	1/5	Tu/Th	6:20-6:50 p.m.	$60
6 Sessions	R01062-228	GISC	1/26	Tu/Th	5:40-6:10 p.m.	$60
6 Sessions	R01062-203	KSAC	1/4	M	4:30-5 p.m.	$60
6 Sessions	R01062-202	KSAC	1/10	Su	11-11:30 a.m.	$60
6 Sessions	R01062-201	KSAC	1/10	Su	9-9:30 a.m.	$60
6 Sessions	R01062-280	MLKSC	1/6	W	6:50-7:20 p.m.	$60
6 Sessions	R01062-278	MLKSC	1/9	Sa	12:20-12:50 p.m.	$50
6 Sessions	R01062-279	MLKSC	1/10	Su	12-12:30 p.m.	$60
6 Sessions	R01062-255	OSC	1/5	Tu	5:20-5:50 p.m.	$60
6 Sessions	R01062-254	OSC	1/7	Th	5:20-5:50 p.m.	$60
6 Sessions	R01062-252	OSC	1/10	Su	10:30-11 a.m.	$60
6 Sessions	R01062-253	OSC	1/10	Su	11:10-11:40 a.m.	$60
6 Sessions	R01062-2500	SSRAC	1/4	M	5:50-6:20 p.m.	$60
6 Sessions	R01062-2510	SSRAC	1/5	Tu	10:10-10:40 a.m.	$60
6 Sessions	R01062-2506	SSRAC	1/5	Tu	11:30 a.m.-Noon	$60
6 Sessions	R01062-2508	SSRAC	1/5	Tu	5:50-6:20 p.m.	$60
6 Sessions	R01062-2502	SSRAC	1/7	Th	4:30-5 p.m.	$60
6 Sessions	R01062-2507	SSRAC	1/7	Th	9:30-10 a.m.	$60
6 Sessions	R01062-2504	SSRAC	1/8	F	10:10-10:40 a.m.	$60
6 Sessions	R01062-2503	SSRAC	1/8	F	11:30 a.m.-Noon	$60
6 Sessions	R01062-2505	SSRAC	1/10	Su	11:30 a.m.-Noon	$60







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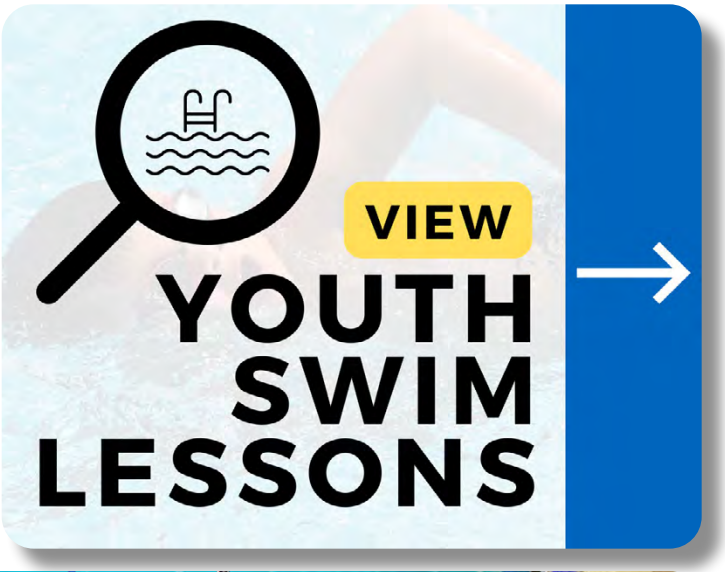
BEGINNER SWIM LESSONS

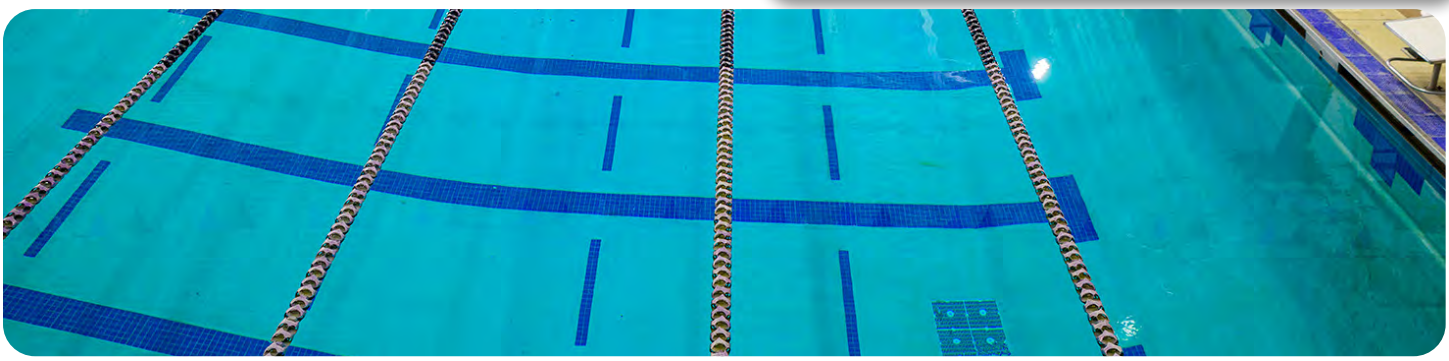
LEVEL 1

AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01051-233	GISC	1/2	Sa	9:55-10:25 a.m.	$66
6 Sessions	R01051-227	GISC	1/3	Su	9:15-9:45 a.m.	$66
6 Sessions	R01051-237	GISC	1/3	Su	9:15-9:45 a.m.	$66
6 Sessions	R01051-236	GISC	1/3	Su	9:55-10:25 a.m.	$66
6 Sessions	R01051-228	GISC	1/4	M	5:40-6:10 p.m.	$66
6 Sessions	R01051-229	GISC	1/5	Tu,Th	5-5:30 p.m.	$66
6 Sessions	R01051-230	GISC	1/5	Tu,Th	6:20-6:50 p.m.	$66
6 Sessions	R01051-231	GISC	1/6	W	5:40-6:10 p.m.	$66
6 Sessions	R01051-239	GISC	1/6	W	6:20-6:50 p.m.	$66
6 Sessions	R01051-242	GISC	1/26	Tu,Th	5:40-6:10 p.m.	$66
6 Sessions	R01051-202	KSAC	1/9	Sa	10:20-10:50 a.m.	$66
6 Sessions	R01051-203	KSAC	1/9	Sa	11-11:30 a.m.	$66
6 Sessions	R01051-204	KSAC	1/9	Sa	11:40 a.m.-12:10 p.m.	$66
6 Sessions	R01051-201	KSAC	1/9	Sa	9-9:30 a.m.	$66
6 Sessions	R01051-205	KSAC	1/10	Su	9-9:30 a.m.	$66







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BEGINNER SWIM LESSONS

LEVEL 1

AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
5 Sessions	R01051-284	MLKSC	1/4	M	5:30-6 p.m.	$55
5 Sessions	R01051-285	MLKSC	1/4	M	6:50-7:20 p.m.	$55
6 Sessions	R01051-286	MLKSC	1/5	Tu	5:30-6 p.m.	$66
6 Sessions	R01051-287	MLKSC	1/5	Tu	6:10-6:40 p.m.	$66
6 Sessions	R01051-288	MLKSC	1/6	W	6:10-6:40 p.m.	$66
6 Sessions	R01051-289	MLKSC	1/7	Th	5:30-6 p.m.	$66
6 Sessions	R01051-290	MLKSC	1/7	Th	6:10-6:40 p.m.	$66
5 Sessions	R01051-278	MLKSC	1/9	Sa	11-11:30 a.m.	$55
5 Sessions	R01051-279	MLKSC	1/9	Sa	11:40 a.m.-12:10 p.m.	$55
5 Sessions	R01051-280	MLKSC	1/9	Sa	12:20-12:50 p.m.	$55
6 Sessions	R01051-283	MLKSC	1/10	Su	10:40-11:10 a.m.	$66
6 Sessions	R01051-222	MLKSC	1/10	Su	11:20-11:50 a.m.	$66
6 Sessions	R01051-223	MLKSC	1/10	Su	Noon-12:30 p.m.	$66
6 Sessions	R01051-252	OSC	1/4	M	6:20-6:50 p.m.	$66
6 Sessions	R01051-253	OSC	1/4	M	7-7:30 p.m.	$66
6 Sessions	R01051-254	OSC	1/5	Tu	5:20-5:50 p.m.	$66
6 Sessions	R01051-255	OSC	1/5	Tu	7-7:30 p.m.	$66
6 Sessions	R01051-256	OSC	1/6	W	6:20-6:50 p.m.	$66
6 Sessions	R01051-257	OSC	1/7	Th	6-6:30 p.m.	$66
6 Sessions	R01051-258	OSC	1/7	Th	6:40-7:10 p.m.	$66
6 Sessions	R01051-2500	SSRAC	1/4	M	6:30-7 p.m.	$66
6 Sessions	R01051-2510	SSRAC	1/7	Th	11:30 a.m.-Noon	$66
6 Sessions	R01051-2502	SSRAC	1/7	Th	6:30-7 p.m.	$66
6 Sessions	R01051-2503	SSRAC	1/8	F	10:10-10:40 a.m.	$66
6 Sessions	R01051-2505	SSRAC	1/8	F	11:30 a.m.-Noon	$66
6 Sessions	R01051-2504	SSRAC	1/9	Sa	9:30-10 a.m.	$66



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BEGINNER SWIM LESSONS LEVEL 2 AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01052-234	GISC	1/2	Sa	11:15-11:45 a.m.	$66
6 Sessions	R01052-233	GISC	1/2	Sa	9:15-9:45 a.m.	$66
6 Sessions	R01052-235	GISC	1/3	Su	11:15-11:45 a.m.	$66
6 Sessions	R01052-227	GISC	1/3	Su	9:55-10:25 a.m.	$66
6 Sessions	R01052-228	GISC	1/4	M	6:20-6:50 p.m.	$66
6 Sessions	R01052-229	GISC	1/5	Tu,Th	5:40-6:10 p.m.	$66
6 Sessions	R01052-232	GISC	1/6	W	6:20-6:50 p.m.	$66
6 Sessions	R01052-231	GISC	1/26	Tu,Th	5-5:30 p.m.	$66
6 Sessions	R01052-230	GISC	1/26	Tu,Th	6:20-6:50 p.m.	$66
6 Sessions	R01052-252	OSC	1/4	M	5:40-6:10 p.m.	$66
6 Sessions	R01052-253	OSC	1/4	M	6:20-6:50 p.m.	$66
6 Sessions	R01052-255	OSC	1/5	Tu	6-6:30 p.m.	$66
6 Sessions	R01052-256	OSC	1/6	W	5:40-6:10 p.m.	$66
6 Sessions	R01052-254	OSC	1/6	W	7-7:30 p.m.	$66
6 Sessions	R01052-257	OSC	1/7	Th	5:20-5:50 p.m.	$66
6 Sessions	R01052-258	OSC	1/7	Th	6:40-7:10 p.m.	$66
5 Sessions	R01052-284	MLKSC	1/4	M	5:30-6 p.m.	$55
5 Sessions	R01052-285	MLKSC	1/4	M	6:10-6:40 p.m.	$55
6 Sessions	R01052-286	MLKSC	1/5	Tu	5:30-6 p.m.	$66
6 Sessions	R01052-287	MLKSC	1/5	Tu	6:10-6:40 p.m.	$66
6 Sessions	R01052-288	MLKSC	1/6	W	6:50-7:20 p.m.	$66
6 Sessions	R01052-289	MLKSC	1/7	Th	6:10-6:40 p.m.	$66
6 Sessions	R01052-290	MLKSC	1/7	Th	6:50-7:20 p.m.	$66
5 Sessions	R01052-279	MLKSC	1/9	Sa	11-11:30 a.m.	$55
5 Sessions	R01052-280	MLKSC	1/9	Sa	11:40 a.m.-12:10 p.m.	$55
5 Sessions	R01052-278	MLKSC	1/9	Sa	12:20-12:50 p.m.	$55
6 Sessions	R01052-281	MLKSC	1/10	Su	10-10:30 a.m.	$66
6 Sessions	R01052-282	MLKSC	1/10	Su	10:40-11:10 a.m.	$66
6 Sessions	R01052-283	MLKSC	1/10	Su	Noon-12:30 p.m.	$66
6 Sessions	R01052-2500	SSRAC	1/4	M	7:10-7:40 p.m.	$66
6 Sessions	R01052-2510	SSRAC	1/5	Tu	11:30 a.m.-Noon	$66
6 Sessions	R01052-2502	SSRAC	1/5	Tu	6:30-7 p.m.	$66
6 Sessions	R01052-2505	SSRAC	1/7	Th	6:30-7 p.m.	$66
6 Sessions	R01052-2503	SSRAC	1/8	F	10:50-11:20 a.m.	$66
6 Sessions	R01052-2501	SSRAC	1/10	Su	11:30 a.m.-Noon	$66
6 Sessions	R01052-2504	SSRAC	1/10	Su	9:30-10 a.m.	$66

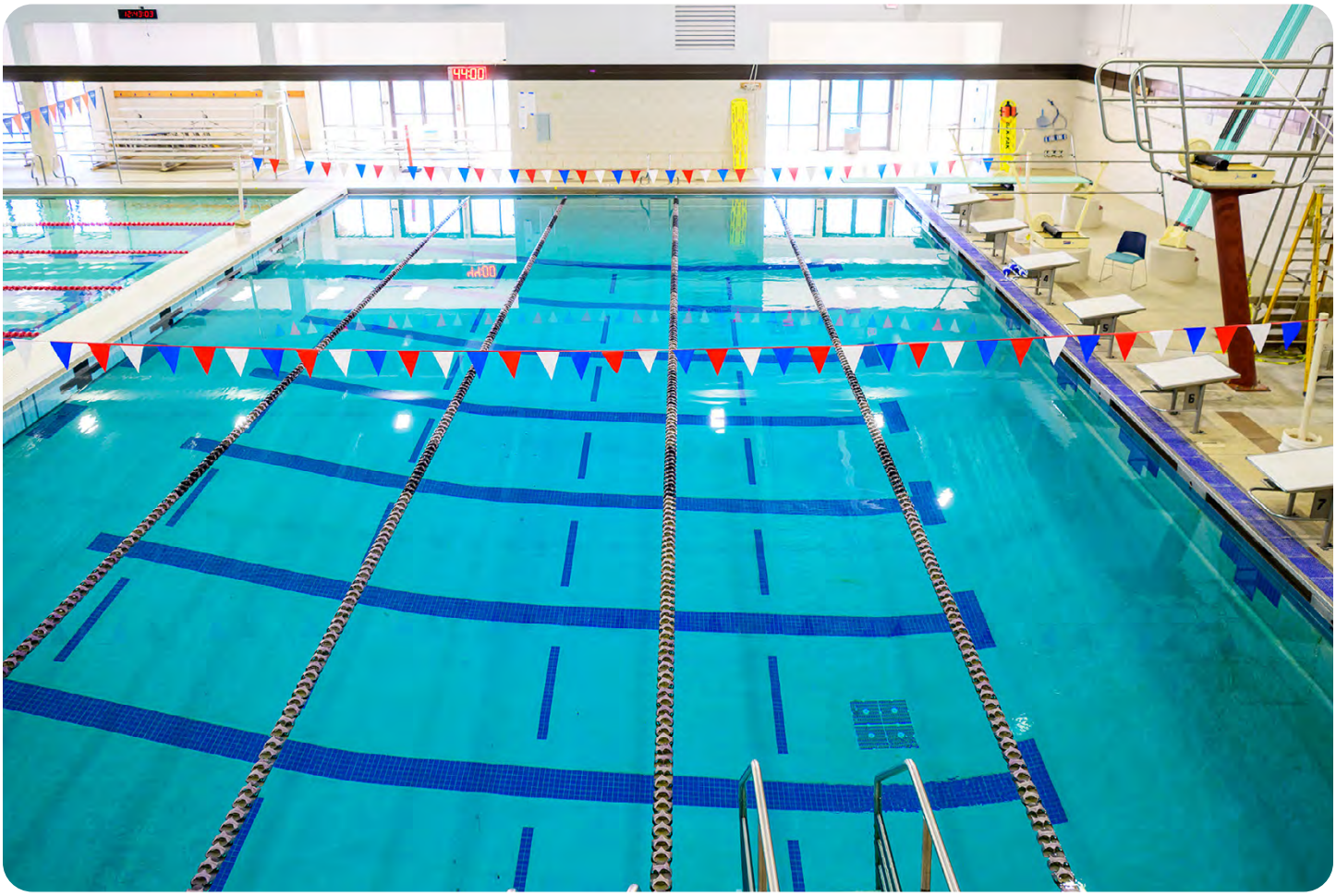
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BEGINNER SWIM LESSONS

LEVEL 3

AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01053-229	GISC	1/2	Sa	10:35-11:05 a.m.	$66
6 Sessions	R01053-226	GISC	1/3	Su	9:15-9:45 a.m.	$66
6 Sessions	R01053-227	GISC	1/26	Tu,Th	5:40-6:10 p.m.	$66
6 Sessions	R01053-201	KSAC	1/9	Sa	9-9:30 a.m.	$66
6 Sessions	R01053-280	MLKSC	1/5	Tu	6:50-7:20 p.m.	$66
6 Sessions	R01053-281	MLKSC	1/7	Th	7:30-8 p.m.	$66
5 Sessions	R01053-282	MLKSC	1/9	Sa	10:20-10:50 a.m.	$55
6 Sessions	R01053-279	MLKSC	1/10	Su	11:20-11:50 a.m.	$66
6 Sessions	R01053-254	OSC	1/5	Tu	6:40-7:10 p.m.	$66
6 Sessions	R01053-252	OSC	1/10	Su	9:50-10:20 a.m.	$66
6 Sessions	R01053-2500	SSRAC	1/5	Tu	7:10-7:40 p.m.	$66
6 Sessions	R01053-2502	SSRAC	1/9	Sa	10:50-11:20 a.m.	$66
6 Sessions	R01053-2503	SSRAC	1/10	Su	10:10-10:40 a.m.	$66



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BEGINNER SWIM LESSONS

LEVEL 4

AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01054-230	GISC	1/3	Su	10:35-11:05 a.m.	$66
6 Sessions	R01054-227	GISC	1/3	Su	11:15-11:45 a.m.	$66
6 Sessions	R01054-201	KSAC	1/9	Sa	1-1:30 p.m.	$66
6 Sessions	R01054-202	KSAC	1/10	Su	11-11:30 a.m.	$66
6 Sessions	R01054-279	MLKSC	1/5	Tu	7:30-8 p.m.	$66
6 Sessions	R01054-280	MLKSC	1/7	Th	7:30-8 p.m.	$66
6 Sessions	R01054-278	MLKSC	1/10	Su	11:20-11:50 a.m.	$66
6 Sessions	R01054-252	OSC	1/10	Su	9:10-9:40 a.m.	$66
6 Sessions	R01054-2501	SSRAC	1/5	Tu	4:30-5 p.m.	$66
6 Sessions	R01054-2500	SSRAC	1/7	Th	7:10-7:40 p.m.	$66
6 Sessions	R01054-2502	SSRAC	1/9	Sa	11:30 a.m.-Noon	$66
6 Sessions	R01054-2503	SSRAC	1/10	Su	10:50-11:20 a.m.	$66





VIEW
ADULT SWIM LESSONS

YOUTH SWIM LESSONS

LEVEL 1

AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01045-226	GISC	1/3	Su	9:55-10:25 a.m.	$66
6 Sessions	R01045-227	GISC	1/3	Su	11:15-11:45 a.m.	$66
6 Sessions	R01045-232	GISC	1/4	M	5:40-6:10 p.m.	$66
6 Sessions	R01045-228	GISC	1/5	Tu/Th	5:40-6:10 p.m.	$66
6 Sessions	R01045-229	GISC	1/26	Tu/Th	5-5:30 p.m.	$66
6 Sessions	R01045-230	GISC	1/26	Tu/Th	6:20-6:50 p.m.	$66
6 Sessions	R01045-204	KSAC	1/4	M	5:10-5:40 p.m.	$66
6 Sessions	R01045-201	KSAC	1/9	Sa	9:40-10:10 a.m.	$66
6 Sessions	R01045-202	KSAC	1/9	Sa	11:40 a.m.-12:10 p.m.	$66
6 Sessions	R01045-203	KSAC	1/10	Su	9:40-10:10 a.m.	$66
5 Sessions	R01045-281	MLKSC	1/4	M	6:10-6:40 p.m.	$55
6 Sessions	R01045-282	MLKSC	1/5	Tu	6:50-7:20 p.m.	$66
6 Sessions	R01045-283	MLKSC	1/7	Th	5:30-6 p.m.	$66
5 Sessions	R01045-279	MLKSC	1/9	Sa	10:20-10:50 a.m.	$55
5 Sessions	R01045-278	MLKSC	1/9	Sa	11:40 a.m.-12:10 p.m.	$55
6 Sessions	R01045-280	MLKSC	1/10	Su	10:40-11:10 a.m.	$66
6 Sessions	R01045-253	OSC	1/4	M	5:40-6:10 p.m.	$66
6 Sessions	R01045-255	OSC	1/5	Tu	6-6:30 p.m.	$66
6 Sessions	R01045-254	OSC	1/6	W	5:40-6:10 p.m.	$66
6 Sessions	R01045-252	OSC	1/6	W	7-7:30 p.m.	$66
6 Sessions	R01045-256	OSC	1/7	Th	5:20-5:50 p.m.	$66
6 Sessions	R01045-257	OSC	1/7	Th	6-6:30 p.m.	$66
6 Sessions	R01045-2508	SSRAC	1/5	Tu	5:50-6:20 p.m.	$66
6 Sessions	R01045-2501	SSRAC	1/7	Th	4:30-5 p.m.	$66
6 Sessions	R01045-2515	SSRAC	1/9	Sa	9:30-10 a.m.	$66
6 Sessions	R01045-2502	SSRAC	1/9	Sa	10:50-11:20 a.m.	$66
6 Sessions	R01045-2505	SSRAC	1/9	Sa	11:30 a.m.-Noon	$66
6 Sessions	R01045-2510	SSRAC	1/10	Su	10:50-11:20 a.m.	$66
6 Sessions	R01045-2503	SSRAC	1/10	Su	9:30-10 a.m.	$66

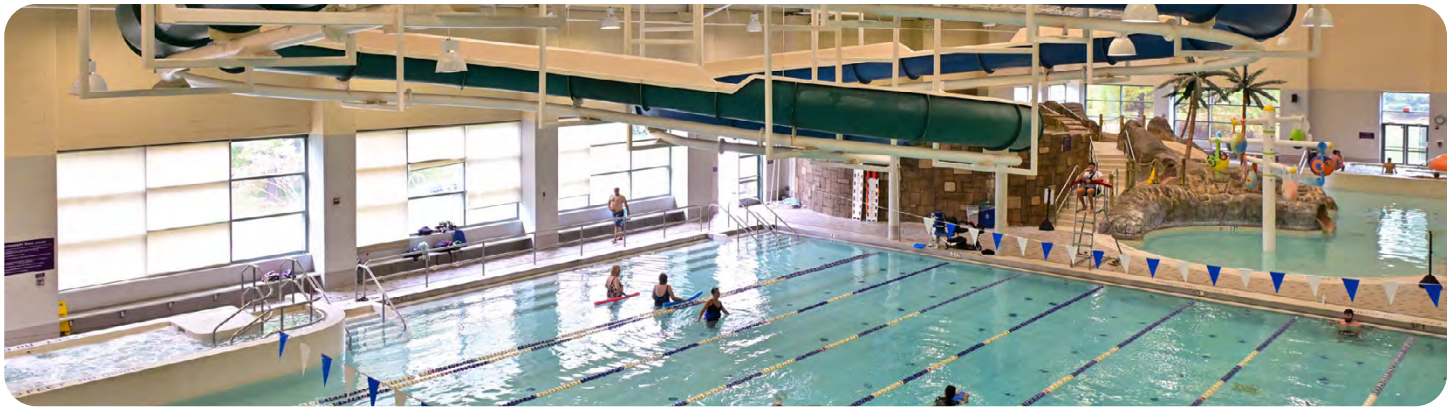


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YOUTH SWIM LESSONS

LEVEL 2 | AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01046-226	GISC	1/2	Sa	10:35-11:05 a.m.	$66
6 Sessions	R01046-227	GISC	1/3	Su	10:35-11:05 a.m.	$66
6 Sessions	R01046-228	GISC	1/4	M	6:20-6:50 p.m.	$66
6 Sessions	R01046-229	GISC	1/5	Tu/Th	5-5:30 p.m.	$66
6 Sessions	R01046-230	GISC	1/5	Tu/Th	6:20-6:50 p.m.	$66
6 Sessions	R01046-231	GISC	1/6	W	5:40-6:10 p.m.	$66
6 Sessions	R01046-281	MLKSC	1/5	Tu	7:30-8 p.m.	$66
6 Sessions	R01046-282	MLKSC	1/6	W	5:30-6 p.m.	$66
6 Sessions	R01046-283	MLKSC	1/7	Th	6:50-7:20 p.m.	$66
5 Sessions	R01046-278	MLKSC	1/9	Sa	11-11:30 a.m.	$55
6 Sessions	R01046-280	MLKSC	1/10	Su	11:20-11:50 a.m.	$66
6 Sessions	R01046-252	OSC	1/4	M	7-7:30 p.m.	$66
6 Sessions	R01046-253	OSC	1/5	Tu	5:20-5:50 p.m.	$66
6 Sessions	R01046-254	OSC	1/5	Tu	6-6:30 p.m.	$66
6 Sessions	R01046-256	OSC	1/5	Tu	6:40-7:10 p.m.	$66
6 Sessions	R01046-257	OSC	1/6	W	6:20-6:50 p.m.	$66
6 Sessions	R01046-255	OSC	1/7	Th	6-6:30 p.m.	$66
6 Sessions	R01046-2501	SSRAC	1/7	Th	5:10-5:40 p.m.	$66
6 Sessions	R01046-2510	SSRAC	1/9	Sa	10:10-10:40 a.m.	$66
6 Sessions	R01046-2505	SSRAC	1/9	Sa	10:50-11:20 a.m.	$66
6 Sessions	R01046-2502	SSRAC	1/9	Sa	11:30 a.m.-Noon	$66
6 Sessions	R01046-2503	SSRAC	1/10	Su	10:10-10:40 a.m.	$66
6 Sessions	R01046-2504	SSRAC	1/10	Su	10:50-11:20 a.m.	$66



YOUTH SWIM LESSONS

LEVEL 3 AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01047-229	GISC	1/2	Sa	9:15-9:45 a.m.	$66
6 Sessions	R01047-226	GISC	1/2	Sa	11:15-11:45 a.m.	$66
6 Sessions	R01047-228	GISC	1/3	Su	11:15-11:45 a.m.	$66
6 Sessions	R01047-201	KSAC	1/9	Sa	11-11:30 a.m.	$66
6 Sessions	R01047-202	KSAC	1/10	Su	9:40-10:10 a.m.	$66
5 Sessions	R01047-280	MLKSC	1/4	M	6:50-7:20 p.m.	$55
6 Sessions	R01047-281	MLKSC	1/5	Tu	8:50-9:20 p.m.	$66
6 Sessions	R01047-282	MLKSC	1/7	Th	8:10-8:40 p.m.	$66
5 Sessions	R01047-278	MLKSC	1/9	Sa	12:20-12:50 p.m.	$55
6 Sessions	R01047-279	MLKSC	1/10	Su	10:40-11:10 a.m.	$66
6 Sessions	R01047-254	OSC	1/7	Th	6:40-7:10 p.m.	$66
6 Sessions	R01047-252	OSC	1/10	Su	10:30-11 a.m.	$66
6 Sessions	R01047-2501	SSRAC	1/5	Tu	5:10-5:40 p.m.	$66
6 Sessions	R01047-2500	SSRAC	1/7	Th	5:50-6:20 p.m.	$66
6 Sessions	R01047-2502	SSRAC	1/9	Sa	10:10-10:40 a.m.	$66



LOCATION KEY TABLE OF CONTENTS REGISTER HERE

YOUTH SWIM LESSONS

LEVEL 4 | AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01048-228	GISC	1/2	Sa	9:55-10:25 a.m.	$66
6 Sessions	R01048-227	GISC	1/3	Su	10:35-11:05 a.m.	$66
6 Sessions	R01048-201	KSAC	1/9	Sa	9:40-10:10 a.m.	$66
6 Sessions	R01048-280	MLKSC	1/5	Tu	8:10-8:40 p.m.	$66
5 Sessions	R01048-278	MLKSC	1/9	Sa	11-11:30 a.m.	$55
6 Sessions	R01048-279	MLKSC	1/10	Su	10-10:30 a.m.	$66
6 Sessions	R01048-252	OSC	1/10	Su	11:10-11:40 a.m.	$66
6 Sessions	R01048-2502	SSRAC	1/5	Tu	7:10-7:40 p.m.	$66
6 Sessions	R01048-2501	SSRAC	1/6	W	4:30-5 p.m.	$66
6 Sessions	R01048-2500	SSRAC	1/10	Su	11:30 a.m.-Noon	$66

QUESTIONS?
CONTACT CUSTOMER SERVICE

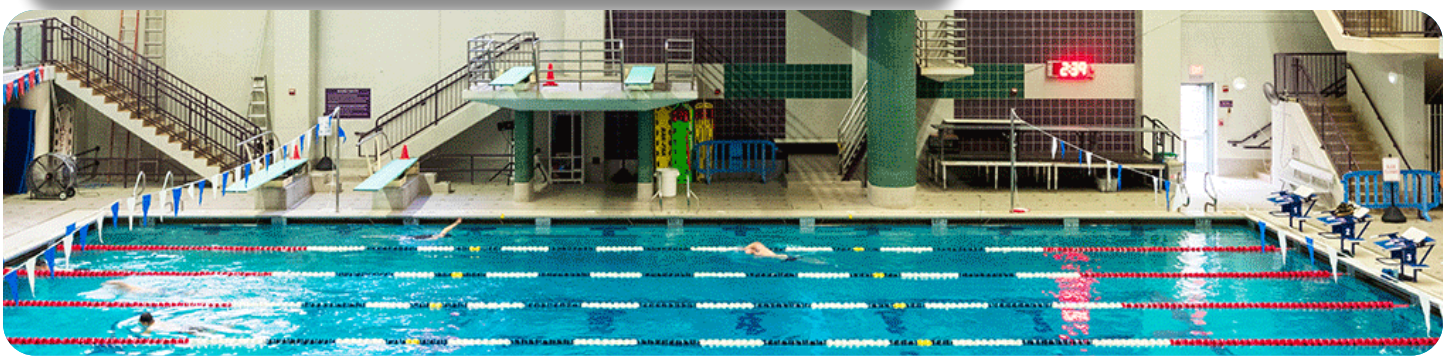
Call customer service
or send an email.

240-777-6840

RECREATION.CUSTOMERSERVICE
@MONTGOMERYCOUNTYMD.GOV







YOUTH SWIM LESSONS

ADVANCED

AGES 6-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01057-221	GISC	1/2	Sa	10:35-11:10 a.m.	$90
6 Sessions	R01057-219	GISC	1/2	Sa	9:15-9:50 a.m.	$90
6 Sessions	R01057-220	GISC	1/2	Sa	9:55-10:30 a.m.	$90
6 Sessions	R01057-216	KSAC	1/9	Sa	10:20-10:55 a.m.	$90
6 Sessions	R01057-217	KSAC	1/9	Sa	11-11:35 a.m.	$90
6 Sessions	R01057-218	KSAC	1/9	Sa	11:40 a.m.-12:15 p.m.	$90
6 Sessions	R01057-209	MLKSC	1/7	Th	7:20-7:55 p.m.	$90
6 Sessions	R01057-208	MLKSC	1/10	Su	11:20 a.m.-11:55 p.m.	$90
6 Sessions	R01057-201	OSC	1/5	Tu	7:20-7:55 p.m.	$90
6 Sessions	R01057-203	OSC	1/10	Su	10:40-11:15 a.m.	$90
6 Sessions	R01057-202	OSC	1/10	Su	11:20-11:55 a.m.	$90
6 Sessions	R01057-2502	SSRAC	1/10	Su	9:30-10:05 a.m.	$90
6 Sessions	R01057-2503	SSRAC	1/10	Su	10:10-10:45 a.m.	$90
6 Sessions	R01057-2501	SSRAC	1/11	M	5:15-5:50 p.m.	$90

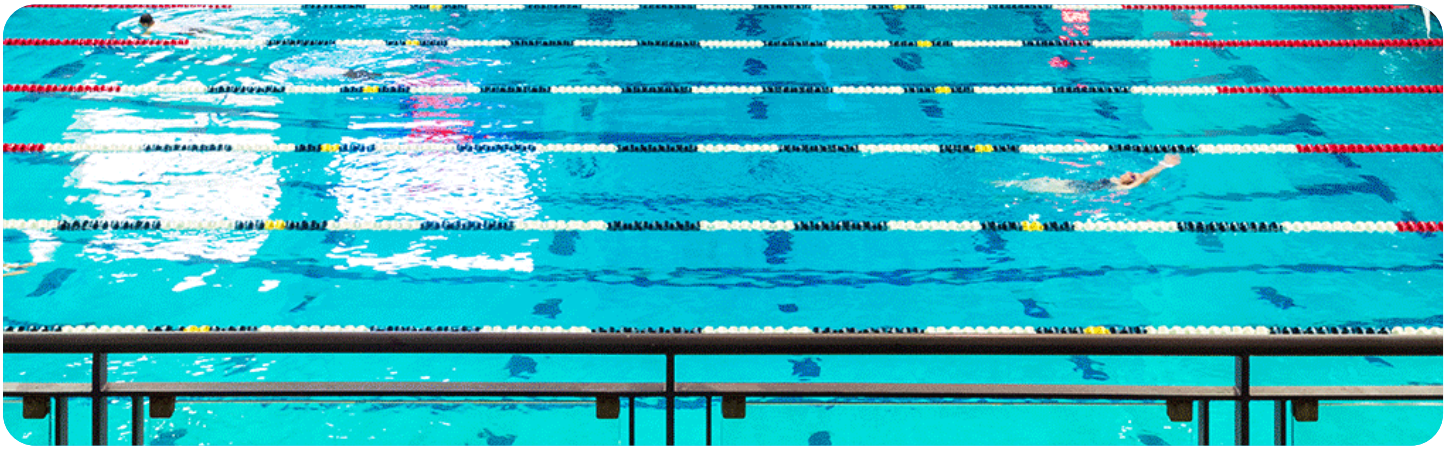
HOMESCHOOL

Homeschool Swim Lessons

Ages 4-14

Sessions	Grade (s)	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	Beginner	R01060-201	KSAC	1/6	W	10-10:30 a.m.	$48
6 Sessions	Intermediate	R01060-202	KSAC	1/6	W	10:30-11 a.m.	$48
6 Sessions	Advanced	R01060-203	KSAC	1/6	W	11-11:30 a.m.	$48
6 Sessions	Recreational Swim*	R01060-207	KSAC	1/6	W	10-11:30 a.m.	$54

*Families can participate in recreational swim if a family member is taking homeschool swim lessons. The $54 cost covers the entire family.



LOCATION KEY | TABLE OF CONTENTS | REGISTER HERE

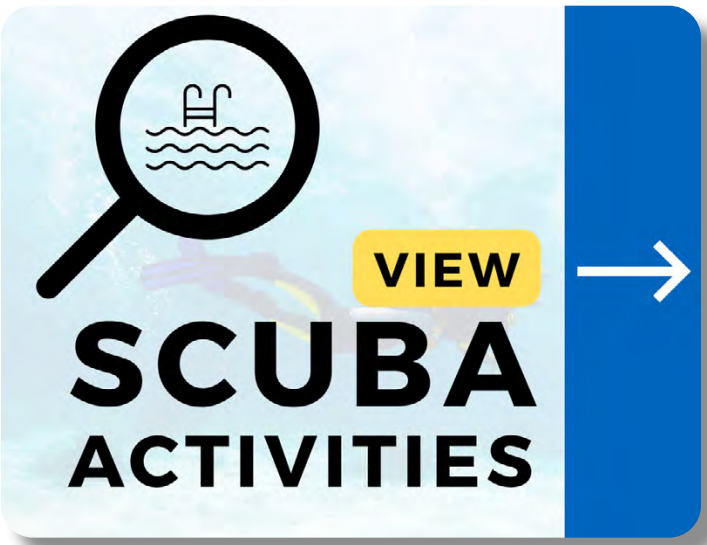
ADULT SWIM LESSONS

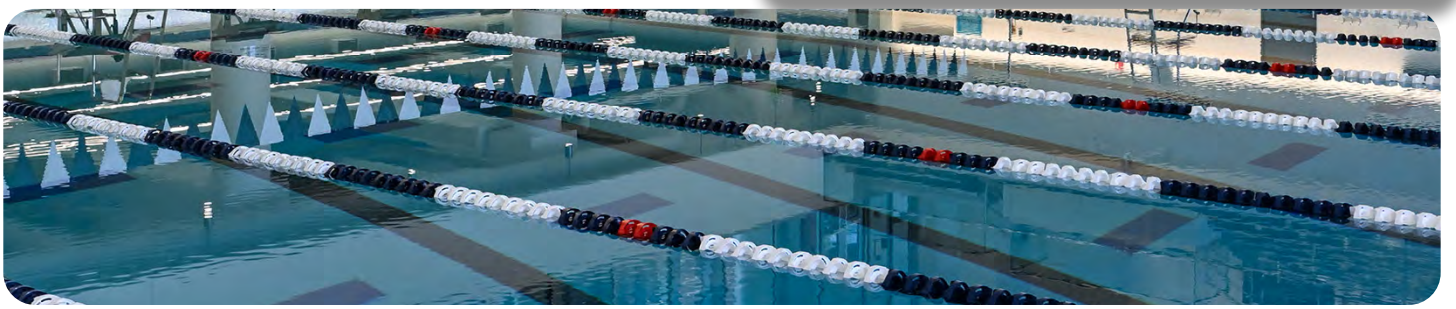
LEVEL 1

AGES 14 AND UP

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01039-226	GISC	1/2	Sa	9:15-9:45 a.m.	$66
6 Sessions	R01039-227	GISC	1/3	Su	9:15-9:45 a.m.	$66
6 Sessions	R01039-228	GISC	1/4	M	5:40-6:10 p.m.	$66
6 Sessions	R01039-229	GISC	1/6	W	5:40-6:10 p.m.	$66
6 Sessions	R01039-202	KSAC	1/4	M	5:50-6:20 p.m.	$66
6 Sessions	R01039-201	KSAC	1/9	Sa	9-9:30 a.m.	$66
6 Sessions	R01039-280	MLKSC	1/5	Tu	8:50-9:20 p.m.	$66
5 Sessions	R01039-278	MLKSC	1/9	Sa	11:40 a.m.-12:10 p.m.	$55
6 Sessions	R01039-279	MLKSC	1/10	Su	10-10:30 a.m.	$66
6 Sessions	R01039-252	OSC	1/10	Su	9:10-9:40 a.m.	$66
6 Sessions	R01039-2501	SSRAC	1/5	Tu	10:10-10:40 a.m.	$66
6 Sessions	R01039-2503	SSRAC	1/5	Tu	4:30-5 p.m.	$66
6 Sessions	R01039-2502	SSRAC	1/6	W	5:10-5:40 p.m.	$66
6 Sessions	R01039-2510	SSRAC	1/7	Th	10:10-10:40 a.m.	$66
6 Sessions	R01039-2504	SSRAC	1/7	Th	5:10-5:40 p.m.	$66







ADULT SWIM LESSONS

LEVEL 2

AGES 14 AND UP

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01040-226	GISC	1/2	Sa	9:55-10:25 a.m.	$66
6 Sessions	R01040-227	GISC	1/3	Su	9:55-10:25 a.m.	$66
6 Sessions	R01040-228	GISC	1/4	M	6:20-6:50 p.m.	$66
6 Sessions	R01040-229	GISC	1/6	W	6:20-6:50 p.m.	$66
6 Sessions	R01040-278	MLKSC	1/5	Tu	8:10-8:40 p.m.	$66
6 Sessions	R01040-280	MLKSC	1/7	Th	8:50-9:20 p.m.	$66
6 Sessions	R01040-252	OSC	1/10	Su	9:50-10:20 a.m.	$66
6 Sessions	R01040-2503	SSRAC	1/5	Tu	5:10-5:40 p.m.	$66
6 Sessions	R01040-2501	SSRAC	1/6	W	5:50-6:20 p.m.	$66
6 Sessions	R01040-2502	SSRAC	1/7	Th	10:10-10:40 a.m.	$66









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ADULT SWIM LESSONS

LEVEL 3

AGES 14 AND UP

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01041-226	GISC	1/2	Sa	10:35-11:05 a.m.	$66
6 Sessions	R01041-227	GISC	1/3	Su	10:35-11:05 a.m.	$66
6 Sessions	R01041-201	KSAC	1/9	Sa	9:40-10:10 a.m.	$66
6 Sessions	R01041-279	MLKSC	1/7	Th	8:10-8:50 p.m.	$66
5 Sessions	R01041-278	MLKSC	1/9	Sa	10:20-10:50 a.m.	$55
6 Sessions	R01041-252	OSC	1/10	Su	10:30-11 a.m.	$66
6 Sessions	R01041-2501	SSRAC	1/6	W	6:30-7 p.m.	$66
6 Sessions	R01041-2503	SSRAC	1/7	Th	7:10-7:40 p.m.	$66
6 Sessions	R01041-2502	SSRAC	1/8	Fri	9:15-9:45 a.m.	$66



ADULT SWIM LESSONS

LEVEL 4

AGES 14 AND UP

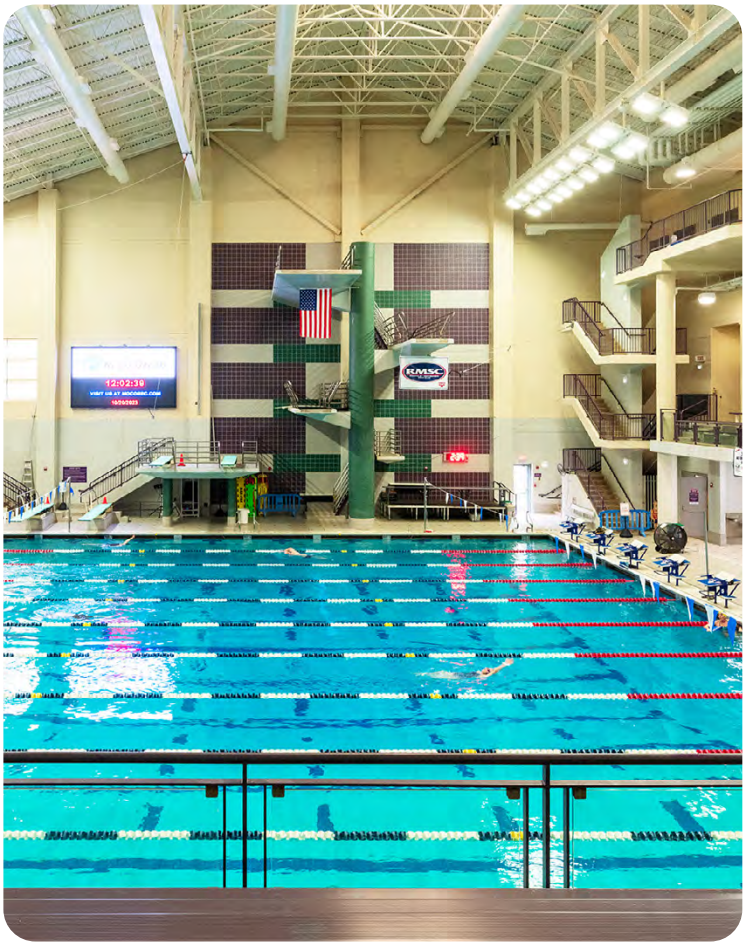
Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01042-226	GISC	1/2	Sa	11:15-11:45 a.m.	$66
6 Sessions	R01042-203	KSAC	1/4	M	6:30-7 p.m.	$66
6 Sessions	R01042-279	MLKSC	1/7	Th	8:50-9:20 p.m.	$66
6 Sessions	R01042-278	MLKSC	1/10	Su	Noon-12:30 p.m.	$66
6 Sessions	R01042-252	OSC	1/10	Su	11:10-11:40 a.m.	$66
6 Sessions	R01042-2501	SSRAC	1/6	W	7:10-7:40 p.m.	$66

REGISTRATION NOTICE

Registering In Person?

If registering in person, you can only register for up to two ActiveMONTGOMERY households at a time.

WWW.MOCOREC.COM





ADAPTED SWIM LESSONS

Swim Lessons for Individuals with Disabilities

This is a learn-to-swim program for children ages 4 to 17 who have disabilities.

Ages 4-17

Sessions	Type	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	Parent-Assisted	R01061-201	KSAC	1/9	Sa	10:20-10:50 a.m.	$66
6 Sessions	Parent-Assisted	R01061-202	KSAC	1/9	Sa	11-11:30 a.m.	$66
6 Sessions	Parent-Assisted	R01061-2504	SSRAC	1/9	Sa	10:30-11 a.m.	$66
6 Sessions	Parent-Assisted	R01061-2505	SSRAC	1/9	Sa	11:10-11:40 a.m.	$66

Adapted Aquatics Swim Clinic

Ages 14 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01061-203	KSAC	1/9	Sa	Noon-1 p.m.	$68



WE SUPPORT ACCESSIBILITY

Individuals with disabilities are encouraged to register for MCR programs. Early notification allows us time to put accommodations in place.

For more info, email:
rec.inclusion@montgomerycountymd.gov.



Looking for more THERAPEUTIC RECREATION activities?

VIEW TR ACTIVITIES

LOCATION KEY TABLE OF CONTENTS REGISTER HERE

DEVELOPMENTAL SWIM

Montgomery Stroke and Turn Clinic (MSTC)

Designed to improve the ability to swim the four competitive strokes and learn the correct starts and turn.

Ages 5-18

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
24 Sessions	R01033-6123	GISC	10/4	Su	5:05-5:55 p.m.	$575
24 Sessions	R01033-6124	GISC	10/4	Su	6-6:50 p.m.	$575
24 Sessions	R01033-6125	GISC	10/4	Su	6:55-7:45 p.m.	$575
19 Sessions	R01033-6132	KSAC	1/10	Su	5:05-5:55 p.m.	$380
19 Sessions	R01033-6133	KSAC	1/10	Su	6-6:50 p.m.	$380
19 Sessions	R01033-6134	KSAC	1/10	Su	6:55-7:45 p.m.	$380
24 Sessions	R01033-6129	MLKSC	10/11	Su	5:05-5:55 p.m.	$575
24 Sessions	R01033-6130	MLKSC	10/11	Su	6-6:50 p.m.	$575
24 Sessions	R01033-6131	MLKSC	10/11	Su	6:55-7:45 p.m.	$575
24 Sessions	R01033-6126	OSC	10/4	Su	5:05-5:55 p.m.	$575
24 Sessions	R01033-6127	OSC	10/4	Su	6-6:50 p.m.	$575
24 Sessions	R01033-6128	OSC	10/4	Su	6:55-7:45 p.m.	$575

SwiMontgomery

SwiMontgomery is a developmental program for kids 13 and under who have an interest in competitive swimming.

Ages 6-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
18 Sessions	R01032-201	KSAC	1/5	Tu,Th	7:30-8:15 p.m.	$375
18 Sessions	R01032-202	GISC	1/5	Tu,Th	7:45-8:30 p.m.	$375
18 Sessions	R01032-203	OSC	12/7	M,W	7:15-8 p.m.	$375
18 Sessions	R01032-204	MLKSC	12/7	M,W	7:30-8:15 p.m.	$375
18 Sessions	R01032-2500	SSRAC	12/7	M/W	6:15-7 p.m.	$375



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DIVING

Diving consists of a diver jumping from a springboard or platform and performing acrobatic maneuvers before plunging into water.

Level 1: Learn to Dive

Ages 5-10

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01012-201	GISC	1/4	M	4:15-5 p.m.	$96
6 Sessions	R01012-202	GISC	1/6	W	4:15-5 p.m.	$96
5 Sessions	R01012-210	KSAC	1/4	M	4:15-5 p.m.	$80
5 Sessions	R01012-211	KSAC	1/4	M	5-5:45 p.m.	$80
6 Sessions	R01012-212	KSAC	1/5	Tu	4:15-5 p.m.	$96
6 Sessions	R01012-213	KSAC	1/6	W	4:15-5 p.m.	$96
6 Sessions	R01012-216	KSAC	1/6	W	5-5:45 p.m.	$96
6 Sessions	R01012-214	KSAC	1/7	Th	4:15-5 p.m.	$96
6 Sessions	R01012-215	KSAC	1/8	F	4:15-5 p.m.	$96
6 Sessions	R01012-2500	SSRAC	1/5	Tu	4:15-5 p.m.	$96
6 Sessions	R01012-2501	SSRAC	1/5	Tu	5-5:45 p.m.	$96
6 Sessions	R01012-2502	SSRAC	1/7	Th	4:15-5 p.m.	$96
6 Sessions	R01012-2503	SSRAC	1/7	Th	5-5:45 p.m.	$96
6 Sessions	R01012-2504	SSRAC	1/8	F	4:30-5:15 p.m.	$96

Level 2: Intermediate Diving

Ages 7-18

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01013-201	KSAC	1/4	M	5:50-7:20 p.m.	$180
7 Sessions	R01013-202	KSAC	1/7	Th	5-6:30 p.m.	$210
8 Sessions	R01013-2500	SSRAC	1/5	Tu	5:45-7:15 p.m.	$240
7 Sessions	R01013-2501	SSRAC	1/7	Th	5:45-7:15 p.m.	$210

Level 3: Advanced Diving

Ages 7-18

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
8 Sessions	R01014-200	KSAC	1/5	Tu	5-6:30 p.m.	$264
7 Sessions	R01014-201	KSAC	1/6	W	5:50-7:20 p.m.	$231
8 Sessions	R01014-2501	SSRAC	1/5	Tu	5:45-7:15 p.m.	$264
7 Sessions	R01014-2502	SSRAC	1/7	Th	5:45-7:15 p.m.	$231

DIVING

High School Diving

Ages 13-18

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01076-202	GISC	1/4	M	6:30-8 p.m.	$198
7 Sessions	R01076-203	GISC	1/6	W	6:30-8 p.m.	$231
6 Sessions	R01076-200	KSAC	1/4	M	7:05-8:35 p.m.	$198
6 Sessions	R01076-201	KSAC	1/7	Th	6:45-8:15 p.m.	$198

Masters Diving

Ages 19 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01017-201	KSAC	1/4	M	7:05-8:35 p.m.	$198
6 Sessions	R01017-202	KSAC	1/7	Th	6:45-8:15 p.m.	$198

National Development Program - Competitive

Ages 6-18 • Invitational Only

Activity	Location	Start Date	Day(s)	Time
R01016-601	GISC/KSAC	9/9	M-Th	6-8 p.m.

AAU Competitive Group

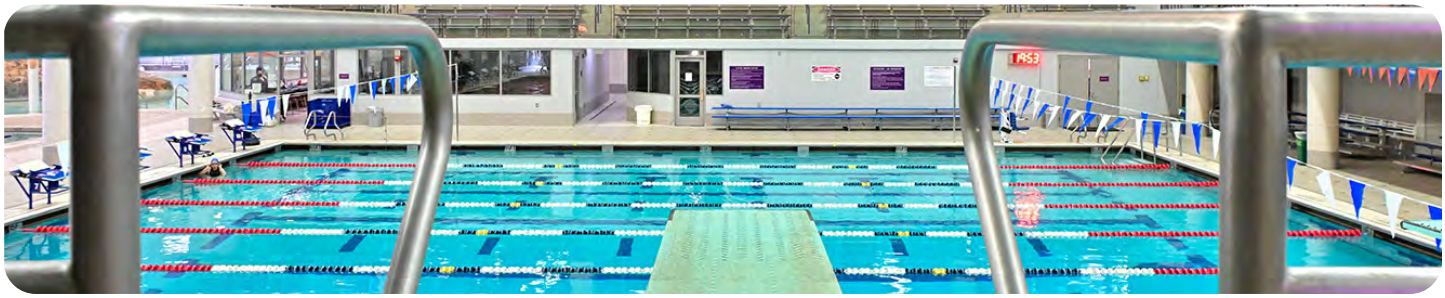
Ages 14-18 • Invitational Only

Activity	Location	Start Date	Day(s)	Time
R01088-226	GISC/SSRAC	1/4	M/W/F	5-6:30 p.m./5-6:30 p.m./5:15-6:45 p.m.

JO Diving Team

Ages 6-18 • Invitational Only

Team	Activity	Location	Start Date	End Date	Time
JO Silver • 3 days	R01015-601	KSAC	9/8	7/17	4:30-8:30 p.m.
JO Red • 4 days	R01015-602	KSAC	9/8	7/17	4:30-8:30 p.m.
JO Blue • 5 days	R01015-603	KSAC	9/8	7/17	4:30-8:30 p.m.



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MASTERS SWIMMING

ACTIVITY CODE: R01058

Montgomery Ancient Mariners

KSAC
Tu,Th: 8-9:30 p.m.
F: TBD
Su: 8-10 a.m.

MLK Swim Center
M, W: 8:30-10 p.m.

Olney Swim Center
Sa: 7:30-9 a.m.
Tu,Th: 8:30-10 p.m.

Silver Spring RAC
Tu,Th: 6:30-8 a.m.

Germantown Masters

GISC
M,W,F: 6:30-7:30 a.m.
Su: 10 a.m.-Noon

WINTER 2026-27 SCHEDULE Register on ActiveMONTGOMERY.org

SCUBA

Ages 14 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
8 Sessions	R01028-202	OSC	2/8	M	7-9:30 p.m.	$265
8 Sessions	R01028-201	MLKSC	2/10	W	7-9:30 p.m.	$265

WATER POLO

Splashball: Learn to Play (Middle School)

Ages 10-14

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
8 Sessions	R01079-2501	SSRAC	1/10	Su	3:45-5 p.m.	$160

Youth Water Polo Level II

Ages 10-18

Sessions	Grade Level	Activity	Location	Start Date	Day(s)	Time	Fee
8 Sessions	Middle School	R01079-2503	SSRAC	1/10	Su	5:15-7 p.m.	$160
8 Sessions	High School	R01079-2502	SSRAC	1/10	Su	5:15-7 p.m.	$160

Advanced Water Polo

Ages 18 and up

Activity	Location	Start Date	Day(s)	Time	Fee
R01079-6500	KSAC	10/7	W,Su	W: 7:55-9:30 p.m. Su: 10 a.m.-Noon	$450



POOL LOCATIONS



Germantown Indoor Swim Center
18000 Central Park Circle, Boyds
240-777-6830

Martin Luther King Jr. Swim Center
1201 Jackson Road, Silver Spring
240-777-8060

Olney Swim Center
16605 Georgia Avenue, Olney
240-777-4995

Silver Spring
Recreation and Aquatic Center
1319 Apple Ave., Silver Spring
240-777-6900

Reopens Nov. 23, 2026

Kennedy Shriver Aquatic Center
5900 Executive Boulevard, N. Bethesda
240-777-8070

MONTGOMERY COUNTY Recreation

LIFEGUARDING TRAINING

Montgomery County Recreation Aquatics offers American Red Cross courses for potential aquatic professionals. Participants must meet all prerequisites and attend and complete all sessions. Blended learning courses require completion of an online component and in-person sessions. This course will train you to be certified in American Red Cross Lifeguarding, First Aid and CPR/AED for Professional Rescuers. Certifications are valid for two years. Attendance is required at all sessions and the online component must be completed in order to be certified. Students must be 15 years old by the last day of the course. Proof of age is required at the first class. This course includes a pre-course check. The first date listed is the pre-course.
You must pass the pre-course to continue.

The pre-course consists of:

1. 150 meter swim (front crawl or breaststroke), tread water for two minutes using only legs, and swim 50 meters.
2. Swim 20 yards (free or breast), surface dive to 7-10 feet, retrieve a 10-pound object, return to the surface and swim 20 yards on your back to starting position, exit the water on your own in under 1 minute, 40 seconds.

Enrollment in this course does not guarantee certification. Students must pass written and physical exams.
Cost for the course is $195.

Lifeguarding: In-Person

Activity	Location	Start Date	Day(s)
R01034-6228	GISC	12/18/26	M,W-F
R01034-6231	GISC	3/14/27	Tu-Th,Su
R01034-503	KSAC	1/10/27	M,Su
R01034-505	KSAC	3/21/27	M-Th,Su
R01034-508	KSAC	6/6/27	M-W,Su
R01034-6555	SSRAC	12/20/26	M,Tu,Th,Sa,Su
R01034-6556	SSRAC	3/25/27	M,Tu,Th-Sa
R01034-6557	SSRAC	6/12/27	M,Tu,Th-Sa



Lifeguarding: Blended Learning

Activity	Location	Start Date	Day(s)
R01034-6229	GISC	12/20/26	W,Su
R01034-6230	GISC	2/12/27	W,F-Su
R01034-6232	GISC	3/26/27	W,F-Su
R01034-6233	GISC	4/16/27	W,F-Su
R01034-502	KSAC	12/20/26	M-W,Su
R01034-504	KSAC	2/28/27	W,Sa,Su
R01034-506	KSAC	4/11/27	W,Sa,Su
R01034-507	KSAC	4/19/27	M,W,Sa,Su
R01034-7302	MLKSC	12/18/26	F
R01034-7303	MLKSC	3/5/27	F-Su
R01034-7304	MLKSC	3/26/27	M-W, F
R01034-7305	MLKSC	4/16/27	F-Su
R01034-7306	MLKSC	5/7/27	F-Su
R01034-7307	MLKSC	6/2/27	W,Su
R01034-6552	SSRAC	1/22/27	Th-Su
R01034-6553	SSRAC	2/12/27	Th-Su
R01034-6554	SSRAC	4/23/27	Th-Su

The date listed is the pre-course swim session only.
Scan the QR code on previous page to see complete class information.

HOLIDAY CLOSURES

Recreation and Senior Centers will be closed:

Thanksgiving Day

Thursday
Nov. 26

Christmas Weekend

Friday - Sunday
Dec. 25 - 27

New Year's Day

Friday
Jan. 1, 2027

For aquatic center schedules, go to mocorec.com/pools



ARTS

CRAFTS, DRAWING AND PAINTING

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
6-12	8	Abrakadoodle Let's Get Wild	R05001-202	Wheaton	1/16	Sa	12:15-1 p.m.	$221
3-5	8	Abrakadoodle Little Fingers Big Ideas	R05001-201	Wheaton	1/16	Sa	11:15 a.m.-Noon	$221
18 and up	7	Acrylic Painting Techniques-Open Studio	R05002-201	Lawton	1/11	M	1-4 p.m.	$63
5-10	8	Adventures in Art	R05004-201	Bauer Drive	1/16	Sa	10:30-11:30 a.m.	$140
10-16	8	Art Studio	R05006-201	Bauer Drive	1/16	Sa	Noon-1 p.m.	$140
12-18	8	Art Studio II	R05006-202	Bauer Drive	1/16	Sa	1:30-2:30 p.m.	$140
4-9	8	Draw and Clay	R05037-201	Germantown	1/12	Tu	5:15-6:15 p.m.	$158
4-9	8	Draw and Clay	R05037-202	Bauer Drive	1/13	W	5:45-6:45 p.m.	$158
4-9	8	Draw and Clay	R05037-203	North Potomac	1/16	Sa	10:30-11:30 a.m.	$158
5-12	8	Drawing with Young Rembrandts	R05129-201	Germantown	1/13	W	6-7 p.m.	$191
5-12	7	Drawing with Young Rembrandts	R05129-202	North Potomac	1/11	M	6:30-7:30 p.m.	$169
6-12	8	Elementary Drawing with Young Rembrandts	R05129-203	Wheaton	1/12	Tu	6:30-7:30 p.m.	$162
6-12	8	Elementary Drawing with Young Rembrandts	R05129-204	Silver Spring	1/13	W	6:30-7:30 p.m.	$162
7-14	8	Learning Art from the Masters	R05087-201	Germantown	1/12	Tu	6:30-7:30 p.m.	$158
7-14	8	Learning Art from the Masters	R05087-202	North Potomac	1/16	Sa	11:45 a.m.-12:45 p.m.	$158
7-14	8	Learning Art from the Masters	R05087-203	Bauer Drive	1/13	W	7-8 p.m.	$158
16 and up	7	Right Brained Drawing All Levels	R05038-201	Potomac	1/11	M	5:45-7:15 p.m.	$158

REGISTRATION NOTICE

Registering In Person?

If registering in person, you can only register for up to two ActiveMONTGOMERY households at a time.

WWW.MOCOREC.COM









ARTS

POTTERY AND CERAMICS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	8	Handcrafted Pottery	R05093-210	Wheaton	1/16	Sa	9 a.m.-Noon	$315
18 and up	9	Handcrafted Pottery	R05093-211	Wheaton	1/14	Th	6-9 p.m.	$350
18 and up	7	Handcrafted Pottery Open Studio	R05093-204	White Oak	1/11	M	5:45-8:45 p.m.	$250
18 and up	6	Handcrafted Pottery Open Studio	R05093-207	North Potomac	1/25	M	6-8:45 p.m.	$210
18 and up	8	Handcrafted Pottery Open Studio	R05093-209	Wheaton	1/13	W	10 a.m.-1 p.m.	$315
18 and up	9	Handcrafted Pottery Open Studio/ Hand Built Pottery	R05093-201	Ross Boddy	1/13	W	10:30 a.m.-1:30 p.m.	$315
18 and up	9	Handcrafted Pottery Open Studio/ Hand Built Pottery	R05093-202	North Potomac	1/13	W	5:30-8:30 p.m.	$315
18 and up	9	Handcrafted Pottery Open Studio/ Hand Built Pottery	R05093-203	Ross Boddy	1/14	Th	5:30-8:30 p.m.	$315
18 and up	8	Introduction to Pottery	R05093-205	Ross Boddy	1/16	Sa	10:30 a.m.-1:30 p.m.	$318
18 and up	8	Introduction to Pottery	R05093-206	Ross Boddy	1/12	Tu	5:30-8:30 p.m.	$318
18 and up	6	Introduction to Pottery	R05093-208	North Potomac	1/21	Th	6-8:45 p.m.	$210
17 and up	9	Introduction to Pottery and Open Studio	R05093-212	North Potomac	1/12	Tu	10 a.m.-12:30 p.m.	$315
17 and up	9	Introduction to Pottery and Open Studio	R05093-213	North Potomac	1/12	Tu	5:30-8 p.m.	$315
17 and up	9	Introduction to Pottery and Open Studio	R05093-214	North Potomac	1/13	W	10 a.m.-12:30 p.m.	$315
17 and up	9	Introduction to Pottery and Open Studio	R05093-215	Ross Boddy	1/13	W	5:30-8 p.m.	$315



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CPR, AED AND FIRST AID

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
13 and up	1	CPR, AED and First Aid	R05032-201	Life Rescue Training	1/9	Sa	10 a.m.-2 p.m.	$89
13 and up	1	CPR, AED and First Aid	R05032-202	Wheaton	2/20	Sa	10 a.m.-2 p.m.	$89
13 and up	1	CPR, AED and First Aid	R05032-203	Life Rescue Training	3/13	Sa	10 a.m.-2 p.m.	$89
13 and up	1	CPR, AED and First Aid	R05032-205	Wheaton	3/27	Sa	10 a.m.-2 p.m.	$89





COMMUNITY PERKS AND PROGRAMS

These programs are offered as our gift to the community at no cost.

CLASSES

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
6-13	9	Vovinam Martial Arts For Kids	R05126-201	Long Branch	1/13	W	6-7 p.m.	FREE
13 and up	9	Vovinam Martial Arts For Adults	R05126-202	Long Branch	1/13	W	7-8:30 p.m.	FREE
6-13	8	Vovinam Martial Arts For Kids	R05126-203	Long Branch	1/16	Sa	10-11 a.m.	FREE
13 and up	8	Vovinam Martial Arts For Adults	R05126-204	Long Branch	1/16	Sa	11 a.m.-Noon	FREE
6-13	7	Vovinam Martial Arts For Kids	R05126-205	Plum Gar	1/11	M	6-7 p.m.	FREE
13 and up	7	Vovinam Martial Arts For Adults	R05126-206	Plum Gar	1/11	M	7-8:30 p.m.	FREE
18 and up	6	Let's HIIT	R03034-202	Coffield	1/5	Tu	6-7 p.m.	FREE
18 and up	6	Adult Watercolor Wonders	R03066-202	Damascus	1/9	Sa	12:15-2:15 p.m.	FREE
8-12	6	Children's Pastel Adventures	R03066-201	Damascus	1/9	Sa	10:30-11:30 a.m.	FREE



DANCE

BALLROOM

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	8	Ballroom I Couples	R05011-201	Wheaton	1/21	Th	7-7:55 p.m.	$88
18 and up	8	Ballroom I Couples	R05011-206	Lawton	1/25	M	7-7:55 p.m.	$88
18 and up	8	Ballroom II Couples	R05011-202	Wheaton	1/21	Th	8-8:55 p.m.	$88
18 and up	8	Ballroom II Couples	R05011-203	Lawton	1/25	M	8-8:55 p.m.	$88
18 and up	8	Ballroom III Couples	R05011-205	Coffield	1/19	Tu	7:30-8:30 p.m.	$88

LINE DANCE

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	8	Urban Line Dance	R05121-201	Good Hope	1/20	W	6-7 p.m.	$80

PLAYTIME AND MOVEMENT

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
3-5	8	Ballet Tap Jazz	R05338-201	North Potomac	1/16	Sa	10:30-11:15 a.m.	$220
3-5	8	Ballet Tap Jazz	R05338-204	White Oak	1/16	Sa	10:30-11:15 a.m.	$220
3-5	8	Ballet Tap Jazz	R05338-209	Wisconsin Place	1/16	Sa	10:30-11:15 a.m.	$220
3-5	8	Ballet Tap Jazz 2	R05338-210	North Potomac	1/16	Sa	12:30-1:15 p.m.	$220
3 - 4	9	Jazzmatazz Pre School Dance	R05010-206	Long Branch	1/16	Sa	10:15-11 a.m.	$135
5 - 8	9	Jazzmatazz Pre Ballet	R05010-205	Long Branch	1/16	Sa	11:15-12:15 p.m.	$135
5-9	8	Pop Stars	R05338-202	North Potomac	1/16	Sa	11:30 a.m.-12:15 p.m.	$220
5-9	8	Pop Stars	R05338-205	White Oak	1/16	Sa	11:30 a.m.-12:15 p.m.	$220
5-9	8	Pop Stars	R05338-208	Wisconsin Place	1/16	Sa	11:30 a.m.-12:15 p.m.	$220
1-3	8	Toddler and Me	R05338-203	North Potomac	1/16	Sa	9:30-10:15 a.m.	$220
1-3	8	Toddler and Me	R05338-206	White Oak	1/16	Sa	9:30-10:15 a.m.	$220
1-3	8	Toddler and Me	R05338-207	Wisconsin Place	1/16	Sa	9:30-10:15 a.m.	$220

TAP

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	6	Tap Dance I	R05336-201	Lawton	1/14	Th	4:50-5:50 p.m.	$66
18 and up	6	Tap Dance II	R05336-202	Lawton	1/14	Th	6-7 p.m.	$66



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FITNESS

AEROBIC DANCE

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
16 and up	9	Dance and Fitness	R05035-201	Wheaton	1/16	Sa	9:15-10:15 a.m.	$72
16 and up	17	Dance and Fitness	R05035-203	Rock View ES	1/12	Tu,Th	6:30-7:30 p.m.	$136
16 and up	18	Dance and Fitness	R05035-204	Veirs Mill LP	1/12	Tu,Th	9:30-10:30 a.m.	$144
16 and up	16	Dance and Fitness	R05035-206	Bauer Drive	1/11	M,W	5-6 p.m.	$128
16 and up	16	Dance and Fitness	R05035-208	Rock View ES	1/11	M,W	6:30-7:30 p.m.	$128
18 and up	9	Jacki Sorensen's Aerobic Dance	R05059-201	Potomac	1/12	Tu	9-10 a.m.	$99
18 and up	9	Jacki Sorensen's Aerobic Dance	R05059-202	Potomac	1/14	Th	9-10 a.m.	$99

BODY SCULPTING

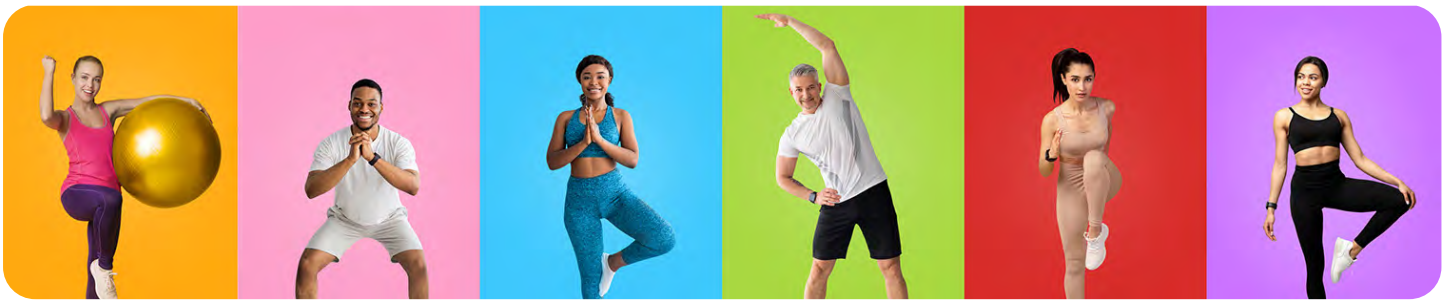
Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
30 and up	18	Definition Body Sculpting-Virtual and In Person	R05016-201	Clara Barton	1/12	Tu,Th	9:15-10 a.m.	$180
30 and up	9	Definition Body Sculpting-Virtual and In Person	R05016-202	Clara Barton	1/12	Tu	9:15-10 a.m.	$90
30 and up	9	Definition Body Sculpting-Virtual and In Person	R05016-203	Clara Barton	1/14	Th	9:15-10 a.m.	$90
18 and up	9	Jazzercise	R05016-204	Clara Barton	1/15	F	9:15-10:15 a.m.	$99

PHYSICAL EDUCATION

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
5-11	10	Homeschool Hustle	R05386-201	Good Hope	1/19	Tu	Noon-1 p.m.	$189
5-11	10	Homeschool Hustle	R05386-206	North Potomac	1/27	W	Noon-1 p.m.	$189
12-17	10	Homeschool Hustle	R05386-203	Good Hope	1/19	Tu	1:15-2:15 p.m.	$189
12-17	10	Homeschool Hustle	R05386-208	North Potomac	1/27	W	1:15-2:15 p.m.	$189

PILATES

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
16 and up	9	Pilates	R05091-201	Silver Spring	1/13	W	7-8 p.m.	$90
16 and up	9	Jazzmatazz w/ Pilates Mat	R05061-201	Wheaton	1/12	Tu	7:15-8:45 p.m.	$108
16 and up	9	Jazzmatazz w/ Pilates Mat	R05061-202	Wheaton	1/14	Th	7:15-8:45 p.m.	$108
16 and up	18	Jazzmatazz w/ Pilates Mat	R05061-203	Wheaton	1/12	Tu,Th	7:15-8:45 p.m.	$198





FITNESS

TOTAL BODY CONDITIONING

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
16 and up	9	Boxing	R05342-202	Silver Spring	1/12	Tu	5-6 p.m.	$90
7 and up	9	Family Boxing and Kickboxing	R05342-201	Bauer Drive	1/14	Th	7-8 p.m.	$90
16 and up	9	HIIT	R05018-209	Silver Spring	1/13	W	6:30-7:25 p.m.	$90
50 and up	7	Kelley's 50+ Complete Fitness Workout	R05072-203	Wheaton	1/11	M	9:15-10:30 a.m.	$70
50 and up	9	Kelley's 50+ Complete Fitness Workout	R05072-204	Wheaton	1/14	Th	9:15-10:30 a.m.	$90
18 and up	9	Kelley's Complete Fitness Workout	R05072-202	Bauer Drive	1/13	W	9:10-10:25 a.m.	$90
16 and up	6	SOL Fitness Boot Camp	R05018-221	Lawton	1/25	M	6-7 p.m.	$70
12-17	7	Youth Boxing for Fitness	R03036-201	Mid-County	1/28	Th	6:30-7:30 p.m.	$30

ZUMBA

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	7	Zumba Gold with Sharon	R05132-213	Lawton	1/11	M	11:15 a.m.-12:15 p.m.	$70
16 and up	9	Zumba with Andria	R05132-207	Germantown	1/14	Th	7-8 p.m.	$81
16 and up	9	Zumba with Ingrid	R05132-209	Good Hope	1/13	W	6:45-7:45 p.m.	$90
16 and up	8	Zumba with Ingrid	R05132-201	Wheaton	1/16	Sa	10:30-11:30 a.m.	$80
18 and up	9	Zumba with Michelle	R05132-203	Mid-County	1/13	W	6:15-7:15 p.m.	$90
18 and up	8	Zumba with Michelle	R05132-205	Bauer Drive	1/16	Sa	9:15-10:15 a.m.	$80





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HEALTH AND WELLNESS

YOGA

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	9	All Levels Yoga (Beginner/Continuing)	R05128-225	Potomac	1/14	Th	5-6 p.m.	$162
18 and up	7	Gentle Yin and Stretch Yoga	R05128-203	Bauer Drive	1/11	M	7-8 p.m.	$105
18 and up	8	Gentle Yoga	R05128-209	Mid-County	1/13	W	10:45 a.m.-Noon	$120
55 and up	9	Hatha Yoga and Stress Management	R05128-208	Lawton	1/15	F	9:45-11 a.m.	$126
18 and up	11	Level I/II Yoga	R05128-215	Wheaton	1/13	W	7:15-8:15 p.m.	$202
18 and up	9	Yoga for Vitality	R05128-212	North Potomac	1/12	Tu	9:30-10:30 a.m.	$117
18 and up	9	Yoga for Vitality	R05128-224	North Potomac	1/14	Th	9:30-10:30 a.m.	$117
18 and up	9	Yoga I: Restore + Recharge	R05128-201	Wheaton	1/11	M	7-8 p.m.	$165
18 and up	9	Yogalates (Yoga and Pilates)	R05128-213	Wheaton	1/12	Tu	6-7 p.m.	$99



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FITNESS ROOMS

OPEN GYM (DROP-IN) ACTIVITIES

GAME ROOMS

MONTGOMERY COUNTY Recreation



MARTIAL ARTS

AIKIDO

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
14 and up	7	Aikido	R05005-201	Ross Boddy	1/11	M	7-8:30 p.m.	$63
14 and up	9	Hokkon-ho Budo - Karate and Aikido	R05005-202	Lawton	1/13	W	6-8 p.m.	$100

KARATE-JUJITSU

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	16	Okinawan Karate	R05357-201	Silver Spring	1/11	M,Th	7-8:30 p.m.	$150
13 and up	8	TKA Adult Karate	R05070-201	Upper County	1/11	M	8-9:30 p.m.	$112
13 and up	8	TKA Adult Karate	R05070-202	Wheaton	1/11	M	7:30-9 p.m.	$112
13 and up	10	TKA Adult Karate	R05070-203	Germantown	1/12	Tu	8-9:30 p.m.	$140
13 and up	10	TKA Adult Karate	R05070-204	Mid-County	1/12	Tu	7:30-9 p.m.	$140
13 and up	10	TKA Adult Karate	R05070-205	Damascus	1/13	W	8-9:30 p.m.	$140
13 and up	10	TKA Adult Karate	R05070-206	Bauer Drive	1/13	W	8-9:30 p.m.	$140
13 and up	10	TKA Adult Karate	R05070-207	Bethesda ES	1/14	Th	8-9:30 p.m.	$140
13 and up	10	TKA Adult Karate	R05070-208	Praisner	1/14	Th	7:30-9 p.m.	$140
13 and up	10	TKA Adult Karate	R05070-210	Potomac	1/13	W	7:30-9 p.m.	$140
13 and up	10	TKA Karate Jujitsu Club	R05070-209	White Oak	1/15	Fri	7:30-9:30 p.m.	$50
6-12	10	TKA Youth Karate All Levels	R05066-209	Clara Barton	1/13	W	6:30-7:30 p.m.	$115
6-12	10	TKA Youth Karate All Levels	R05066-213	Praisner	1/14	Th	6:30-7:30 p.m.	$115
6-12	10	TKA Youth Karate All Levels	R05066-214	Bethesda ES	1/14	Th	7-8 p.m.	$115
6-12	10	TKA Youth Karate Beginner and White Belts	R05066-212	Potomac	1/13	W	5:45-6:30 p.m.	$115
6-12	8	TKA Youth Karate Beginner through Orange Belts	R05066-201	Upper County	1/11	M	6-7 p.m.	$92
6-12	8	TKA Youth Karate Beginner through Orange Belts	R05066-203	Wheaton	1/11	M	5:45-6:30 p.m.	$92
6-12	10	TKA Youth Karate Beginner through Orange Belts	R05066-204	Germantown	1/12	Tu	6-7 p.m.	$115
6-12	10	TKA Youth Karate Beginner through Orange Belts	R05066-206	Mid-County	1/12	Tu	6:30-7:30 p.m.	$115
6-12	10	TKA Youth Karate Beginner through Orange Belts	R05066-207	Damascus	1/13	W	6-7 p.m.	$115
6-12	10	TKA Youth Karate Beginner through White Belts	R05066-210	Bauer Drive	1/13	W	6-7 p.m.	$115
6-12	10	TKA Youth Karate Orange Belt and Higher	R05066-217	Potomac	1/13	W	6:30-7:30 p.m.	$115
6-12	10	TKA Youth Karate Orange Belt and Higher	R05066-211	Bauer Drive	1/13	W	7-8 p.m.	$115
6-12	8	TKA Youth Karate Yellow Belt and Higher	R05066-215	Wheaton	1/11	M	6:30-7:30 p.m.	$92
6-12	8	TKA Youth Karate Yellow Belt and Higher	R05066-202	Upper County	1/11	M	7-8 p.m.	$92
6-12	10	TKA Youth Karate Yellow Belt and Higher	R05066-205	Germantown	1/12	Tu	7-8 p.m.	$115
6-12	10	TKA Youth Karate Yellow Belt and Higher	R05066-216	Mid-County	1/12	Tu	6:30-7:30 p.m.	$115
6-12	10	TKA Youth Karate Yellow Belt and Higher	R05066-208	Damascus	1/13	W	7-8 p.m.	$115
6-12	10	Zen Budo Youth Karate	R05360-201	Silver Spring	1/14	Th	6:30-7:30 p.m.	$140



MARTIAL ARTS

SELF-DEFENSE

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
14 and up	16	Practical Self Defense	R05095-201	Wisconsin Place	1/11	M,Th	7-8 p.m.	$80

TAEKWONDO

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
2	8	Taekwondo Wee Dragons	R05360-210	Damascus	1/12	Tu	10-10:30 a.m.	$120
3-5	8	Taekwondo Tiny Dragons	R05360-211	Damascus	1/12	Tu	10:45-11:15 a.m.	$120
2	6	Taekwondo Wee Dragons	R05360-214	East County	1/11	M	10-10:30 a.m.	$90
3-5	6	Taekwondo Tiny Dragons	R05360-215	East County	1/11	M	10:45-11:15 a.m.	$90
2	8	Taekwondo Wee Dragons	R05360-212	Lawton	1/14	Th	10:45-11:15 a.m.	$120
3-5	8	Taekwondo Tiny Dragons	R05360-213	Lawton	1/14	Th	11:30 a.m.-Noon	$120

TAI CHI

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
16 and up	6	Tai Chi	R05112-201	Bauer Drive	1/25	M	7-8 p.m.	$60
16 and up	8	Tai Chi	R05112-203	Silver Spring	1/17	Su	Noon-1 p.m.	$80



MUSIC

GUITAR

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
5-12	8	Beginner Guitar	R05053-201	Mid-County	1/21	Th	7-8 p.m.	$226
8-12	8	Beginner Guitar	R05053-202	School of Music	1/22	F	5:30-6:20 p.m.	$120
16 and up	8	Beginner Guitar	R05053-203	School of Music	1/22	F	8-8:50 p.m.	$120
16 and up	8	Beginner Guitar	R05053-208	School of Music	1/25	M	8-8:50 p.m.	$120
16 and up	8	Intermediate Guitar	R05053-204	School of Music	1/21	Th	8-8:50 p.m.	$120

PIANO

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
5-12	7	Beginner Piano	R05089-204	Damascus	1/11	M	6-7 p.m.	$200
5-12	8	Beginner Piano	R05089-201	Bauer Drive	1/13	W	7-8 p.m.	$226
5-12	8	Beginner Piano	R05089-203	Silver Spring	1/15	F	6-7 p.m.	$226

PLAYTIME AND MUSIC

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
3 mos.-5	8	Instrument Explorers	R05379-204	Silver Spring	1/11	M	10-10:50 a.m.	$225
3 mos.-5	8	Instrument Explorers	R05379-205	Silver Spring	1/11	M	11-11:50 a.m.	$225
3 mos.-5	8	Instrument Explorers	R05379-202	Silver Spring	1/16	Sa	10-10:50 a.m.	$225
3 mos.-5	8	Instrument Explorers	R05379-203	Silver Spring	1/16	Sa	11-11:50 a.m.	$225
3 mos.-4	10	Music Together	R05085-202	Wheaton	1/7	Th	11:30 a.m.-12:15 p.m.	$310
3 mos.-4	10	Music Together	R05085-203	Wheaton	1/7	Th	10:30-11:15 a.m.	$310
3 mos.-4	10	Music Together	R05085-201	Silver Spring	1/9	Sa	10:15-11 a.m.	$310
3 mos.-4	10	Music Together	R05085-204	Silver Spring	1/9	Sa	9:15-10 a.m.	$310
3 mos.-4	10	Music Together	R05085-205	Silver Spring	1/9	Sa	11:15 a.m.-Noon	$310
3 mos.-4	10	Music Together	R05085-206	Mid-County	1/9	Sa	10-10:45 a.m.	$310
3 mos.-4	10	Music Together	R05085-207	Mid-County	1/9	Sa	11-11:45 a.m.	$310





S.T.E.A.M.

CODING, ENGINEERING AND MORE

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
9-14	10	Drone Programming with Python	R05308-202	Longwood	1/11	M,Th	6-7 p.m.	$230
18 and up	8	Gemology Advanced	R05049-201	Potomac	1/13	W	10 a.m.-12:15 p.m.	$100
6-11	10	Minecraft Programming with MakeCode	R05308-201	Plum Gar	1/11	M,Th	6:30-7:30 p.m.	$230
6-11	10	Minecraft Programming with MakeCode	R05308-203	North Potomac	1/11	M,Th	5-6 p.m.	$230
5-10	7	Snapology Amusement Park Engineering	R05039-202	Wheaton	1/11	M	6:30-7:30 p.m.	$154
8-12	8	Snapology Creature Creator Robotics	R05039-201	Germantown	1/16	Sa	9-10:30 a.m.	$275
5-10	9	Snapology Cubelets Robotics	R05039-203	Wheaton	1/13	W	6:30-7:30 p.m.	$216
5-10	9	Snapology Cubelets Robotics	R05039-204	Potomac	1/14	Th	6:30-7:30 p.m.	$216









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Bauer Holiday Craft Show 2026
Sat. Dec. 5
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Clara Barton Holiday Craft Show 2026
Sun. Dec. 6
COMING SOON

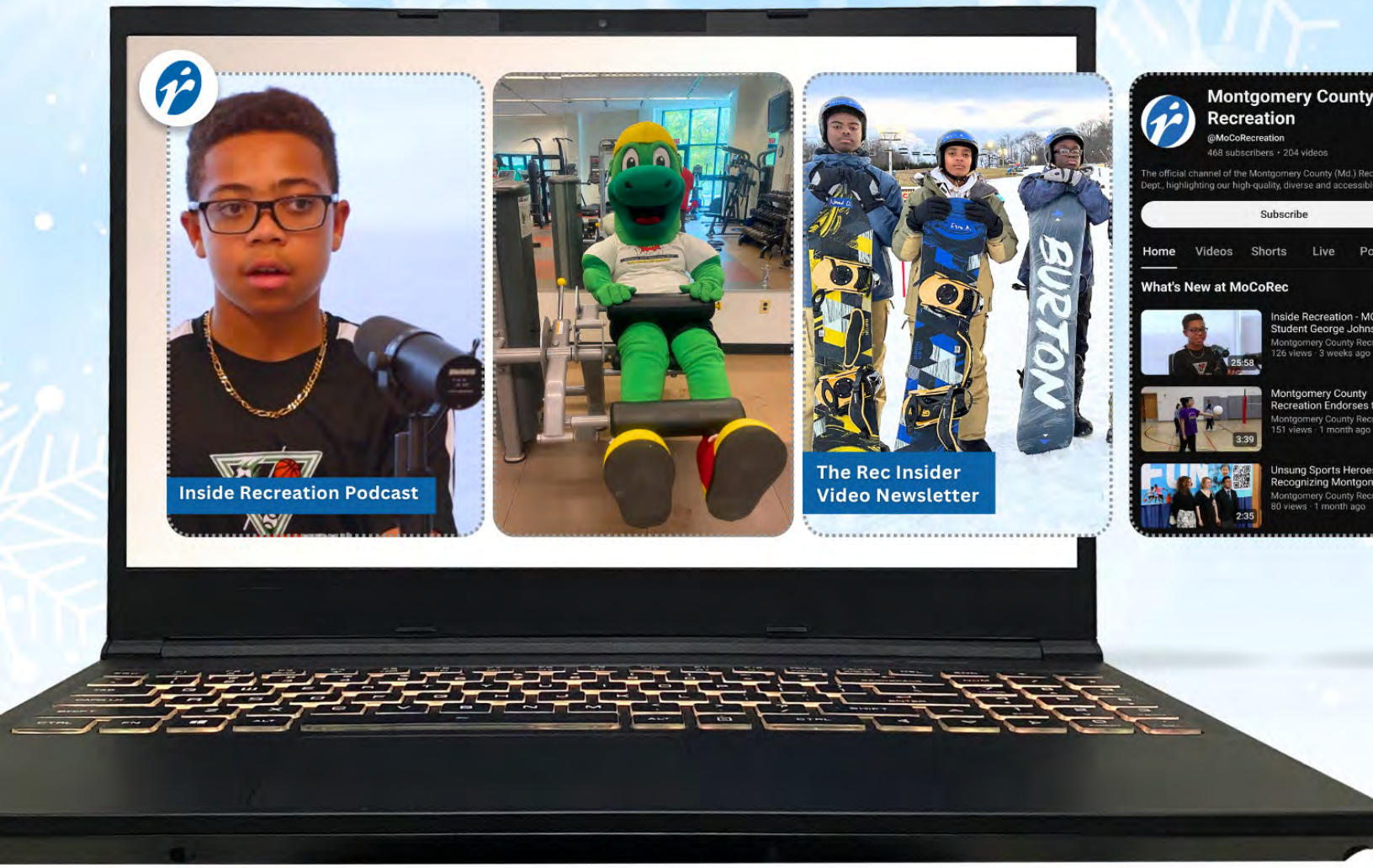
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SPORTS



BASKETBALL

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
4-5	6	Early Basketball Foundations	R05012-231	Silver Spring	1/16	Sa	Noon-12:55 p.m.	$135
6-8	6	Basketball Foundations	R05012-232	Silver Spring	1/16	Sa	1-2 p.m.	$135
18 and up	10	Adult Women's Drop In	R05013-201	Bauer Drive	1/10	Su	10 a.m.-Noon	$110
18 and up	5	Adult Women's Drop In	R05013-202	Bauer Drive	1/10	Su	10 a.m.-Noon	$55
18 and up	5	Adult Women's Drop In	R05013-203	Bauer Drive	2/14	Su	10 a.m.-Noon	$55

CHEER AND POMS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
5-10	8	Elementary PomPons	R05021-201	Potomac	1/11	M	5:45-6:45 p.m.	$160





SPORTS

MULTI-SPORTS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 mos.-3	6	Parent and Child Multi-Sport	R05103-213	Lawton	1/16	Sa	10-10:40 a.m.	$115
4-8	9	Coach Doug Seasonal Sports	R05025-203	Oakland Terrace ES	1/16	Sa	11-11:45 a.m.	$132
4-8	9	Coach Doug Seasonal Sports	R05025-207	Germantown	1/19	Tu	4:15-5 p.m.	$132
3-6	9	Coach Doug Wee Wanna Be	R05025-210	Bauer Drive	1/13	W	10:15-11 a.m.	$132
3-6	9	Coach Doug Wee Wanna Be	R05025-201	Oakland Terrace ES	1/16	Sa	9:30-10:15 a.m.	$132
3-6	9	Coach Doug Wee Wanna Be	R05025-202	Oakland Terrace ES	1/16	Sa	10:15-11 a.m.	$132
3-6	9	Coach Doug Wee Wanna Be	R05025-216	Potomac	1/17	Su	10:15-11 a.m.	$132
3-6	9	Coach Doug Wee Wanna Be	R05025-108	Potomac	10/1	Th	10:15-11 a.m.	$132









SPORTS

PICKLEBALL CLASSES AND CLINICS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	2	Beginner	R05261-212	North Potomac	1/25	M	1-3 p.m.	$80
18 and up	2	Beginner	R05261-213	North Potomac	3/29	M	1-3 p.m.	$80
18 and up	3	Beginners	R05261-236	Lawton	1/6	W	11 a.m.-12:30 p.m.	$90
18 and up	1	Beginners	R05261-267	Silver Spring	1/11	M	6-8 p.m.	$40
18 and up	2	Beginners	R05261-231	Coffield	1/13	W	6:30-8:30 p.m.	$80
18 and up	2	Beginners	R05261-206	Potomac	2/2	Tu	Noon-2 p.m.	$80
18 and up	1	Beginners	R05261-209	Lawton	2/24	W	11 a.m.-1 p.m.	$80
18 and up	2	Beginners	R05261-232	Coffield	3/3	W	6:30-8:30 p.m.	$80
18 and up	3	Adv. Beg./Interm. 2.5-3.0	R05262-203	Lawton	1/6	W	12:30-2 p.m.	$90
18 and up	3	Adv. Beg./Interm. 2.5-3.0	R05262-219	North Potomac	2/22	M	Noon-1:30 p.m.	$90
18 and up	3	Adv. Beg./Low Interm.	R05262-237	Silver Spring	2/1	M	6-7:15 p.m.	$75
18 and up	3	Adv. Beg./Low Interm. 2.5-3.0	R05262-204	Lawton	3/17	W	11 a.m.-12:30 p.m.	$90
18 and up	3	Adv Beg/Interm. Drill Session	R05262-239	Silver Spring	3/1	M	6-7 p.m.	$60
18 and up	3	Adv Beg/Interm. Drill Session	R05262-240	Silver Spring	3/22	M	6-7 p.m.	$60
16 and up	3	Adv Beg/Low Interm. Drills 2.5-3.0	R05262-207	Coffield	2/3	W	6-7:15 p.m.	$75
18 and up	2	Adv. Beg./Interm. Drills 2.5-3.0	R05262-222	Potomac	2/23	Tu	Noon-2 p.m.	$80
16 and up	3	Adv Beg/Low Interm. Drills 2.5-3.0	R05262-209	Coffield	3/24	W	6-7:15 p.m.	$75
16 and up	3	Adv Beg/Low Interim. Drills 3.0	R05262-201	Coffield	2/3	W	7:15-8:30 p.m.	$75

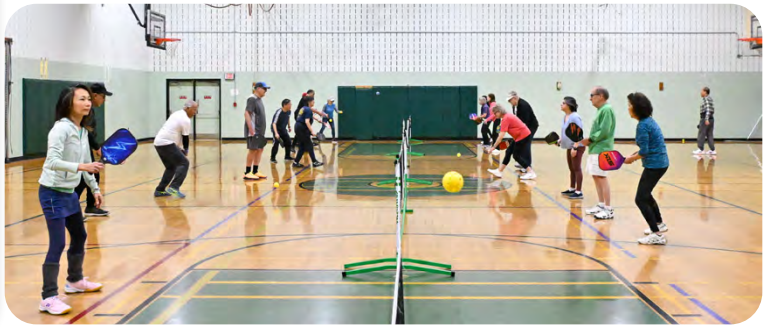
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SPORTS

PICKLEBALL CLINICS, DRILLS AND MORE

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	1	Backhand Work	R05263-209	Lawton	2/10	W	11 a.m.-12:30 p.m.	$30
18 and up	1	Backhand Work On It	R05263-205	North Potomac	1/11	M	Noon-1:30 p.m.	$30
18 and up	1	Backhand Work On It	R05263-202	Potomac	1/19	Tu	Noon-2 p.m.	$40
18 and up	1	Better Volley	R05263-212	North Potomac	3/22	M	1:30-3 p.m.	$30
18 and up	1	Better Volley	R05263-203	Potomac	1/12	Tu	Noon-2 p.m.	$40
18 and up	1	Better Volley	R05263-204	Potomac	3/23	Tu	Noon-2 p.m.	$40
18 and up	1	Better Volleys	R05263-206	Lawton	2/3	W	12:30-2 p.m.	$30
18 and up	1	Dinking with Better Footwork	R05263-210	Lawton	2/10	W	12:30-2 p.m.	$30
18 and up	1	Forehand Better Drive	R05263-208	North Potomac	1/11	M	1:30-3 p.m.	$30
18 and up	3	Intermediate 3.0-3.5+	R05262-238	Silver Spring	2/1	M	7:15-8:30 p.m.	$75
18 and up	3	Intermediate 3.5+ Drills	R05262-221	North Potomac	2/22	M	1:30-3 p.m.	$90
18 and up	3	Intermediate Drills (3.0-3.5)	R05262-210	Coffield	3/24	W	7:15-8:30 p.m.	$75
18 and up	3	Intermediate Drills 3.0+	R05262-227	Lawton	3/17	W	12:30-2 p.m.	$90
18 and up	1	Neutralizing Bangers	R05263-207	Lawton	2/3	W	11 a.m.-12:30 p.m.	$30
18 and up	1	Neutralizing Bangers	R05263-211	North Potomac	3/22	M	Noon-1:30 p.m.	$30
18 and up	1	Neutralizing Bangers	R05263-201	Potomac	3/16	Tu	Noon-2 p.m.	$40
7-10	5	Pickleball Palooza	R05261-223	Bauer Drive	1/31	Su	1-1:45 p.m.	$92
3-6	5	Pickleball Paradise	R05261-222	Bauer Drive	1/31	Su	12:15-1 p.m.	$92
18 and up	3	Power Hour - All Level Drills	R05261-224	Longwood	1/9	Sa	10-11 a.m.	$45
18 and up	2	Power Hour - All Level Drills	R05261-228	Longwood	1/30	Sa	10-11 a.m.	$30
18 and up	3	Power Hour - All Level Drills	R05261-229	Longwood	2/13	Sa	10-11 a.m.	$45
18 and up	2	Power Hour - All Level Drills	R05261-230	Longwood	3/6	Sa	10-11 a.m.	$30
18 and up	1	Round Robin Social Play (2.5+)	R05384-201	Silver Spring	1/25	M	6-8 p.m.	$35



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SPORTS



SOCCER

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
3-7	9	Coach Doug Soccer	R05025-214	Potomac	1/14	Th	5-5:45 p.m.	$132
3-7	9	Coach Doug Soccer	R05025-204	Oakland Terrace ES	1/16	Sa	11:45 a.m.-12:30 p.m.	$132
3-7	9	Coach Doug Soccer	R05025-217	Potomac	1/17	Su	9:30-10:15 a.m.	$132
3-7	9	Coach Doug Soccer	R05025-208	Germantown	1/19	Tu	5-5:45 p.m.	$132
7-9	5	CORE Elite Indoor Soccer Clinic	R05103-203	Ross Boddy	1/14	Th	6:30-7:20 p.m.	$170
7-9	5	CORE Elite Indoor Soccer Clinic	R05103-201	Mid-County	1/15	F	4:15-5:05 p.m.	$170
7-9	5	CORE Elite Indoor Soccer Clinic	R05103-205	Good Hope	1/16	Sa	4:10-5 p.m.	$170
10-15	5	CORE Elite Indoor Soccer Clinic	R05103-204	Ross Boddy	1/14	Th	7:30-8:20 p.m.	$190
10-15	5	CORE Elite Indoor Soccer Clinic	R05103-202	Mid-County	1/15	F	5:10-6 p.m.	$190
10-15	5	CORE Elite Indoor Soccer Clinic	R05103-206	Good Hope	1/16	Sa	5:10-6 p.m.	$190
3-4	6	Indoor Soccer Foundations	R05103-211	Silver Spring	1/16	Sa	9:30-10:25 a.m.	$135
5-6	6	Indoor Soccer Foundations	R05103-212	Silver Spring	1/16	Sa	10:30-11:30 a.m.	$135

ULTIMATE FRISBEE

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
13-18	5	Youth Ultimate Frisbee Skills: Developmental	R05118-201	Silver Spring	1/7	Th	5:45-6:45 p.m.	$25
13-18	5	Youth Ultimate Frisbee Skills: Advanced	R05118-202	Silver Spring	1/7	Th	7-8:30 p.m.	$25











SPORTS

VOLLEYBALL

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	6	Adult Volleyball Clinic	R05124-245	Mid-County	1/11	M	6:30-8:30 p.m.	$198
18 and up	6	Adult Volleyball Clinic	R05124-252	Mid-County	4/5	M	6:30-8:30 p.m.	$198
8-11	6	Skills Development Clinic	R05124-207	Mid-County	1/11	M	6:30-7:30 p.m.	$119
8-11	6	Skills Development Clinic	R05124-237	Potomac	1/12	Tu	6:30-7:30 p.m.	$119
8-11	6	Skills Development Clinic	R05124-222	Germantown	1/13	W	5:45-6:45 p.m.	$119
8-11	6	Skills Development Clinic	R05124-201	Wheaton	1/14	Th	5:45-6:45 p.m.	$119
8-11	6	Skills Development Clinic	R05124-204	Bauer Drive	1/15	F	5:45-6:45 p.m.	$119
8-11	6	Skills Development Clinic	R05124-241	Potomac	3/16	Tu	6:30-7:30 p.m.	$119
8-11	6	Skills Development Clinic	R05124-226	Germantown	3/17	W	5:45-6:45 p.m.	$119
8-11	6	Skills Development Clinic	R05124-214	Wheaton	3/18	Th	5:45-6:45 p.m.	$119
8-11	6	Skills Development Clinic	R05124-210	Mid-County	4/5	M	6:30-7:30 p.m.	$119
8-11	6	Skills Development Clinic	R05124-218	Bauer Drive	4/9	F	5:45-6:45 p.m.	$119
12-13	6	Skills Development Clinic	R05124-208	Mid-County	1/11	M	7:30-8:30 p.m.	$119
12-13	6	Skills Development Clinic	R05124-238	Potomac	1/12	Tu	6:30-7:30 p.m.	$119
12-13	6	Skills Development Clinic	R05124-223	Germantown	1/13	W	6:45-7:45 p.m.	$119
12-13	6	Skills Development Clinic	R05124-202	Wheaton	1/14	Th	6:45-7:45 p.m.	$119
12-13	6	Skills Development Clinic	R05124-205	Bauer Drive	1/15	F	6:45-7:45 p.m.	$119
12-13	6	Skills Development Clinic	R05124-242	Potomac	3/16	Tu	6:30-7:30 p.m.	$119
12-13	6	Skills Development Clinic	R05124-227	Germantown	3/17	W	6:45-7:45 p.m.	$119
12-13	6	Skills Development Clinic	R05124-215	Wheaton	3/18	Th	6:45-7:45 p.m.	$119
12-13	6	Skills Development Clinic	R05124-211	Mid-County	4/5	M	7:30-8:30 p.m.	$119
12-13	6	Skills Development Clinic	R05124-219	Bauer Drive	4/9	F	6:45-7:45 p.m.	$119
14-17	6	Skills Development Clinic	R05124-224	Germantown	1/13	W	7:45-8:45 p.m.	$119
14-17	6	Skills Development Clinic	R05124-206	Bauer Drive	1/15	F	7:45-8:45 p.m.	$119
14-17	6	Skills Development Clinic	R05124-228	Germantown	3/17	W	7:45-8:45 p.m.	$119
14-17	6	Skills Development Clinic	R05124-220	Bauer Drive	4/9	F	7:45-8:45 p.m.	$119
14-17	6	Skills Development Clinic Level 1	R05124-239	Potomac	1/12	Tu	7:30-8:30 p.m.	$119
14-17	6	Skills Development Clinic Level 1	R05124-203	Wheaton	1/14	Th	7:45-8:45 p.m.	$119
14-17	6	Skills Development Clinic Level 1	R05124-243	Potomac	3/16	Tu	7:30-8:30 p.m.	$119
14-17	6	Skills Development Clinic Level 1	R05124-216	Wheaton	3/18	Th	7:45-8:45 p.m.	$119
14-17	6	Skills Development Clinic Level 2	R05124-240	Potomac	1/12	Tu	7:30-8:30 p.m.	$139
14-17	6	Skills Development Clinic Level 2	R05124-213	Wheaton	1/14	Th	7:45-8:45 p.m.	$139
14-17	6	Skills Development Clinic Level 2	R05124-244	Potomac	3/16	Tu	7:30-8:30 p.m.	$139
14-17	6	Skills Development Clinic Level 2	R05124-217	Wheaton	3/18	Th	7:45-8:45 p.m.	$139

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SPORTS LEAGUES



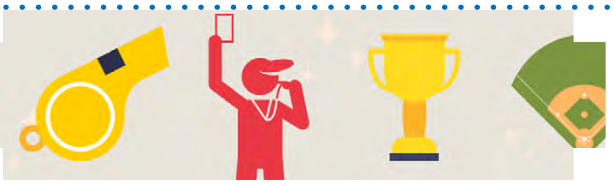
BASKETBALL

Registration for the winter basketball program is underway.

Youth Instructional - Grades K-2

Activity	# of Weeks	League Division	Location	Grade Level	Start Date	Day(s)	Time	Fee
R05140-201	8	Coed Mid/East (Free Agent)	Mid/East County	K	1/9	Sa	9 a.m.-6 p.m.	$40
R05149-201	8	Coed North (Free Agent)	North County	K	1/9	Sa	9 a.m.-6 p.m.	$40
R05152-201	8	Boys West (Free Agent)	West County	K	1/9	Sa	9 a.m.-6 p.m.	$40
R05155-201	8	Girls West (Free Agent)	West County	K	1/9	Sa	9 a.m.-6 p.m.	$40
R05141-201	8	Coed Mid/East (Free Agent)	Mid/East County	1	1/9	Sa	9 a.m.-6 p.m.	$40
R05150-201	8	Coed North (Free Agent)	North County	1	1/9	Sa	9 a.m.-6 p.m.	$40
R05153-201	8	Boys West (Free Agent)	West County	1	1/9	Sa	9 a.m.-6 p.m.	$40
R05156-201	8	Girls West (Free Agent)	West County	1	1/9	Sa	9 a.m.-6 p.m.	$40
R05136-201	8	Boys Mid/East (Free Agent)	Mid/East County	2	1/9	Sa	9 a.m.-6 p.m.	$40
R05139-201	8	Girls Mid/East (Free Agent)	Mid/East County	2	1/9	Sa	9 a.m.-6 p.m.	$40
R05145-201	8	Boys North (Free Agent)	North County	2	1/9	Sa	9 a.m.-6 p.m.	$40
R05148-201	8	Girls North (Free Agent)	North County	2	1/9	Sa	9 a.m.-6 p.m.	$40
R05154-201	8	Boys West (Free Agent)	West County	2	1/9	Sa	9 a.m.-6 p.m.	$40
R05157-201	8	Girls West (Free Agent)	West County	2	1/9	Sa	9 a.m.-6 p.m.	$40





SPORTS LEAGUES

BASKETBALL

Registration for the winter basketball program is underway.

High School - Grades 9-12

Activity	# of Games	League Division	Location	Grade Level	Start Date	Day(s)	Time	Fee
R05208-201	8	Boys Advanced (Free Agent)	Multiple	9	1/9	Sa	9 a.m.-6 p.m.	$85
R05209-201	8	Boys Intermediate (Free Agent)	Multiple	9	1/9	Sa	9 a.m.-6 p.m.	$85
R05216-201	8	Girls Advanced (Free Agent)	Multiple	9	1/9	Sa	9 a.m.-6 p.m.	$85
R05217-201	8	Girls Intermediate (Free Agent)	Multiple	9	1/9	Sa	9 a.m.-6 p.m.	$85
R05210-201	8	Boys Advanced (Free Agent)	Multiple	10	1/9	Sa	9 a.m.-6 p.m.	$85
R05211-201	8	Boys Intermediate (Free Agent)	Multiple	10	1/9	Sa	Noon-6 p.m.	$85
R05218-201	8	Girls Advanced (Free Agent)	Multiple	10	1/9	Sa	9 a.m.-6 p.m.	$85
R05219-201	8	Girls Intermediate (Free Agent)	Multiple	10	1/9	Sa	Noon-6 p.m.	$85
R05212-201	8	Boys Advanced (Free Agent)	Multiple	11	1/10	Su	9 a.m.-6 p.m.	$85
R05213-201	8	Boys Intermediate (Free Agent)	Multiple	11	1/10	Su	9 a.m.-6 p.m.	$85
R05220-201	8	Girls Advanced (Free Agent)	Multiple	11	1/10	Su	9 a.m.-6 p.m.	$85
R05221-201	8	Girls Intermediate (Free Agent)	Multiple	11	1/10	Su	9 a.m.-6 p.m.	$85
R05214-201	8	Boys Advanced (Free Agent)	Multiple	12	1/10	Su	9 a.m.-6 p.m.	$85
R05215-201	8	Boys Intermediate (Free Agent)	Multiple	12	1/10	Su	Noon-6 p.m.	$85
R05222-201	8	Girls Advanced (Free Agent)	Multiple	12	1/10	Su	9 a.m.-6 p.m.	$85
R05223-201	8	Girls Intermediate (Free Agent)	Multiple	12	1/10	Su	Noon-6 p.m.	$85

Adult - Ages 18 and up

Activity	# of Games	League Division	Location	Start Date	Day(s)	Time	Fee
R05013-201	10	Women's Drop In Basketball	Bauer Drive	1/10	Su	10 a.m.-Noon	$725
R05013-202	5	Women's Drop In Basketball	Wood MS	1/10	Su	10 a.m.-Noon	$135
R05013-203	5	Women's Drop In Basketball	Bauer Drive	2/14	Su	10 a.m.-Noon	$110
R05232-201	6 & 1 playoff	Men's Basketball League	Bauer Drive	1/17	Su	2-9:30 p.m.	$55





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SPORTS LEAGUES

NFL FLAG FOOTBALL LEAGUE

Registration for flag football begins Feb. 2027.

Youth - Ages 6-14

Activity	# of Games	League Division	Location	Ages	Start Date	Day(s)	Time	Fee
R05287-101	6	8U (Free Agent)	Kennedy HS	6-8	4/11	Su	8 a.m.-5 p.m.	$60
R05287-102	6	10U (Free Agent)	Kennedy HS	9-10	4/11	Su	8 a.m.-5 p.m.	$60
R05287-103	6	12U (Free Agent)	Wheaton HS	11-12	4/11	Su	8 a.m.-5 p.m.	$60
R05287-104	6	Boys 14U (Free Agent)	Wheaton HS	13-14	4/11	Su	8 a.m.-5 p.m.	$60
R05287-105	6	Girls 14U (Free Agent)	Wheaton HS	12-14	4/11	Su	8 a.m.-5 p.m.	$60
R05287-106	6	8U (Free Agent)	Damascus	6-8	4/11	Su	8 a.m.-5 p.m.	$60
R05287-107	6	11U (Free Agent)	Damascus	9-11	4/11	Su	8 a.m.-5 p.m.	$60
R05287-108	6	14U (Free Agent)	Damascus	12-14	4/11	Su	8 a.m.-5 p.m.	$60

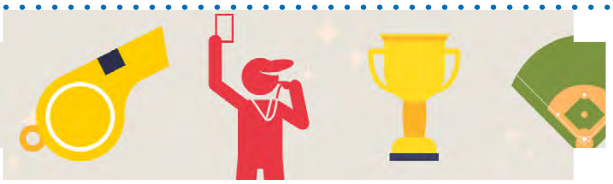
PICKLEBALL

Adult - Ages 18 and up

Activity	# of Games	League Division	Location	Start Date	Day(s)	Time	Fee
R05310-201	6	Ladder League 2.0-2.5	Bauer Drive	1/11	M	6-9:30 p.m.	$65
R05310-202	6	Ladder League 2.0-2.5	Bauer Drive	3/8	M	6-9:30 p.m.	$65
R05311-201	6	Ladder League 2.5-3.0	Bauer Drive	1/11	M	6-9:30 p.m.	$65
R05311-202	6	Ladder League 2.5-3.0	Bauer Drive	3/8	M	6-9:30 p.m.	$65
R05312-201	6	Ladder League 3.0-3.5	Bauer Drive	1/11	M	6-9:30 p.m.	$65
R05312-202	6	Ladder League 3.0-3.5	Bauer Drive	3/8	M	6-9:30 p.m.	$65
R05314-201	6	Ladder League 2.0-2.5	Longwood	1/14	Th	6-9:30 p.m.	$65
R05314-202	6	Ladder League 2.0-2.5	Longwood	3/4	Th	6-9:30 p.m.	$65
R05315-201	6	Ladder League 2.5-3.0	Longwood	1/14	Th	6-9:30 p.m.	$65
R05315-202	6	Ladder League 2.5-3.0	Longwood	3/4	Th	6-9:30 p.m.	$65
R05316-201	6	Ladder League 3.0-3.5	Longwood	1/14	Th	6-9:30 p.m.	$65
R05316-202	6	Ladder League 3.0-3.5	Longwood	3/4	Th	6-9:30 p.m.	$65







SPORTS LEAGUES

ULTIMATE FRISBEE

Adult - Ages 18 and up

Activity	# of Games	League Division	Location	Start Date	Day(s)	Time	Fee
R05119-204	9	Indoor (Women's Registration)	Wisconsin Place	1/4	M	6:30-9:30 p.m.	$65
R05119-205	9	Indoor (Men's Registration)	Wisconsin Place	1/4	M	6:30-9:30 p.m.	$65

VOLLEYBALL

Youth - Ages 10-17

Activity	# of Games	League Division	Location	Ages	Start Date	Day(s)	Time	Fee
R05319-201	5 + playoff	HERtime2shine Co-Rec	Silver Spring	10-11	1/10	Su	9 a.m. -1 p.m.	$80
R05319-206	5 + playoff	HERtime2shine Co-Rec	Silver Spring	12-13	1/10	Su	1-5 p.m.	$80
R05319-207	5 + playoff	HERtime2shine Co-Rec	East County	12-13	1/9	Sa	12:30-4:30 p.m.	$80
R05319-203	5 + playoff	HERtime2shine Co-Rec	Mid-County	14-17	1/10	Su	2:30-8:30 p.m.	$80
R05319-205	4 + playoff	HERtime2shine Girls	Churchill HS	14-17	1/9	Sa	5:30-10:30 p.m.	$80









KIDS DAY OUT

Kids Day Out is a structured, supervised out-of-school time program with typical staff supervision. Participants enjoy a full day of enrichment activities, sports, games, crafts, and team-building experiences in a fun, active, and welcoming environment.

Winter 2026-27 ..... Ages 6-12

Dates

Jan. 25,
March 9, April 12

Locations

Bauer Drive-TR
Youth and Teens with disabilities
Ages 6-12 and 13-21

Clara Barton
Coffield
Damascus
East County
Long Branch
Mid-County
N. Potomac
Plum Gar
Potomac
Praisner
Silver Spring
Upper County
White Oak

Register Today

Activity
R03045

Search this code on ActiveMONTGOMERY.org

Don't forget to bring lunch.

2027

SPRING BREAK CAMPS

MARCH 29-APRIL 2



GENERAL • SPORTS
THERAPEUTIC RECREATION

Spring Break starts here!
Register for cooking, general, sports and therapeutic recreation camps here!

Visit ActiveMontgomery.org

Spring Break Camps

Scan to register:

To register, visit ActiveMONTGOMERY.org
240-777-6840 • Hablamos Español • www.mocorec.com

MONTGOMERY COUNTY Recreation

THERAPEUTIC RECREATION

Programs for Individuals with Disabilities

ARTS AND COOKING

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
8-13	6	Carnival Club	R06009-203	Bauer Drive	1/30	Sa	1-1:50 p.m.	$30
10-14	8	Connect Club	R06009-204	Longwood	1/16	Sa	11:30 a.m.-12:30 p.m.	$40
18 and up	6	Create with Clay	R06009-212	Ross Boddy	1/25	M	1-2 p.m.	$30
18 and up	6	Evening Paint	R06009-214	Germantown	2/1	M	7:15-8 p.m.	$30
6-12	6	Evening Paint	R06009-213	Germantown	2/1	M	6-6:45 p.m.	$30
8-13	6	Frosting Factory	R06007-205	Bauer Drive	1/30	Sa	2-2:50 p.m.	$30
6-12	6	Paint and Punch	R06009-206	Germantown	1/31	Su	1-1:45 p.m.	$30

GAMES AND STEM

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	3	Bingo Blitz	R06052-208	Longwood	1/6	Tu	1-2:30 p.m.	$10
18 and up	8	Board Games	R06052-202	White Oak	1/11	M	10 a.m.-Noon	$10
6-12	6	Brain Games	R06020-209	Germantown	1/31	Su	2:30-3 p.m.	$15







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THERAPEUTIC RECREATION

Programs for Individuals with Disabilities

DANCE, FITNESS AND WELLNESS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
16-21	8	Co-Ed Dance/Poms	R06038-201	Potomac	1/11	M	7-7:45 p.m.	$40
6-12	6	Dance Creation	R06009-208	Germantown	1/31	Su	2-2:30 p.m.	$15
18 and up	8	Balance Boom	R06056-201	White Oak	1/13	W	12:30-1:15 p.m.	$35
21 and up	11	Moving with Mike: Seated Exercise	R06027-200	Virtual Class	1/10	Su	1-2 p.m.	$45
6-12	7	Sensory Friendly Martial Arts	R06047-201	Bauer Drive	1/11	M	6-6:50 p.m.	$35
18 and up	8	Virtual Stretch 'n Tone	R06015-201	Virtual Class	1/14	Th	7-7:50 p.m.	FREE
6-12	6	Yoga and Stretch	R06024-203	Wheaton	1/31	Su	10:30-11:15 a.m.	$30
13-17	6	Yoga and Stretch	R06024-204	Wheaton	1/31	Su	11:30 a.m.-12:15 p.m.	$30
18 and up	8	ZamDance	R06030-201	Bauer Drive	1/12	Tu	5-5:50 p.m.	$40
18 and up	8	ZamDance	R06030-203	North Potomac	1/14	Th	5:30-6:20 p.m.	$40
13-17	8	ZamDance	R06030-202	North Potomac	1/14	Th	4:30-5:20 p.m.	$40
18 and up	8	Zumba	R06025-203	Germantown	1/12	Tu	7-7:50 p.m.	$40
18 and up	7	Zumba Dance Party	R06025-201	White Oak	1/11	M	1-1:45 p.m.	$35



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THERAPEUTIC RECREATION

Programs for Individuals with Disabilities

MUSIC AND PERFORMANCE

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
8-13	6	Sensory Beat Bash! Group Drumming	R06036-201	Plum Gar	1/21	Th	7-7:50 p.m.	$35
6-13	8	Sing and Swim	R06040-204	Silver Spring	1/16	Sa	Noon-2 p.m.	$40

SPORTS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
6-12	1	Indoor Rock Climbing	R06043-201	North Potomac	1/13	W	6-6:50 p.m.	$10
13-17	1	Indoor Rock Climbing	R06043-202	North Potomac	1/13	W	7-7:50 p.m.	$10
6-12	1	Indoor Rock Climbing	R06043-203	White Oak	2/10	W	6-6:50 p.m.	$10
13-17	1	Indoor Rock Climbing	R06043-204	White Oak	2/10	W	7-7:50 p.m.	$10
6-12	1	Indoor Rock Climbing	R06043-205	North Potomac	3/10	W	6-6:50 p.m.	$10
13-17	1	Indoor Rock Climbing	R06043-206	North Potomac	3/10	W	7-7:50 p.m.	$10
6-12	6	Volleyball Skills Development	R06033-202	Good Hope	1/25	M	5:45-6:30 p.m.	$30
13-17	6	Volleyball Skills Development	R06033-203	Good Hope	1/25	M	6:45-7:30 p.m.	$30
18 and up	8	Adult Basketball	R06012-201	Mid-County	1/17	Su	12:30-2 p.m.	$50
12-17	8	Pickleball	R06042-201	Bauer Drive	1/24	Su	1-1:45 p.m.	$40
18 and up	8	Pickleball	R06042-202	Bauer Drive	1/24	Su	1:45-2:30 p.m.	$40
6-14	9	Seasonal Sports Skills	R06019-201	Oakland Terrace ES	1/16	Sa	12:30-1:15 p.m.	$45
15 and up	9	Seasonal Sports Skills	R06019-202	Potomac	1/17	Su	11-11:45 a.m.	$45
18 and up	8	Social Swim	R06002-202	OSC	1/15	F	7:30-8:30 p.m.	$40







THERAPEUTIC RECREATION

SPECIAL EVENTS

Join us this winter for various special events designed for individuals with disabilities.

Adults

Ages	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	Be Good to Your Heart	R06006-202	Wheaton	2/13	Sa	1-3:30 p.m.	$10
18 and up	BIG Game Night	R06004-201	Bauer Drive	1/8	F	6:30-8:30 p.m.	$10
18 and up	BIG Game Night	R06004-202	Bauer Drive	2/5	F	6:30-8:30 p.m.	$10
18 and up	BIG Game Night	R06004-203	Bauer Drive	3/5	F	6:30-8:30 p.m.	$10
18 and up	Football Dance	R06051-202	Upper County	2/12	F	1-2:30 p.m.	$5
18 and up	Health, Safety and Wellness Series-Home Safety	R06055-202	Bauer Drive	2/11	Th	10:30 a.m.-Noon	$5
18 and up	Health, Safety and Wellness Series- Community Safety	R06055-203	Bauer Drive	3/18	Th	10:30 a.m.-Noon	$5
18 and up	Pajama Party Dance	R06014-202	Potomac	2/27	Sa	6-9 p.m.	$10
18 and up	Pie Day Celebration	R06006-203	Bauer Drive	3/14	Su	3-5:30 p.m.	$10
18 and up	Snowfest Dance	R06051-201	Upper County	1/15	F	1-2:30 p.m.	$5
18 and up	St. Patrick's Dance	R06051-203	Upper County	3/12	F	1-2:30 p.m.	$5
18 and up	Winter Wonderland Dance	R06014-201	Upper County	1/30	Sa	6-9 p.m.	$10

Family

Ages	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
2 and up	Sunday Funday Family Swim	R06010-101	MLKSC	11/22	Su	1-3 p.m.	$5
5-12	Letters to Santa	R03003-1130	Germantown	12/5	Sa	1-2 p.m.	FREE
2-17	Santa's Workshop	R06029-101	Wheaton	12/12	Sa	1-3 p.m.	$10
2-17	Santa's North Pole Express	R06031-102	White Oak	12/19	Sa	1-3 p.m.	FREE
6-14	Butterfly Books Family Event	R06008-202	Wheaton	2/13	Sa	1-3 p.m.	FREE
6-17	Parents Night Off: Drop and Go	R06046-200	Silver Spring	1/29	F	6-8:30 p.m.	$10
6-17	Parents Night Off: Drop and Go	R06046-201	Bauer Drive	3/12	F	6-8:30 p.m.	$10









55+ PROGRAMS

All 55+ programs are free unless noted otherwise.

ARTS AND CRAFTS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
3	Card Making	R07095-227	Schweinhaut	12/12	Sa	11:30 a.m.-2:30 p.m.
24	Ceramic	R07098-204	Schweinhaut	12/1	Tu,Th	9:30 a.m.-1 p.m.
8	Ceramics (painting)*	R07098-203	Silver Spring	12/2	W	Noon-3:30 p.m.
1	Ceramics-Introduction*	R07098-205	North Potomac	12/1	Tu	10-11:30 a.m.
1	Ceramics-Introduction*	R07098-207	North Potomac	12/15	Tu	10-11:30 a.m.
2	Craft and Paint	R07095-232	North Potomac	12/23	W,F	12:30-2 p.m.
6	Craft Hour	R07095-206	Long Branch	12/11	F	12:45-1:45 p.m.
14	Drawing Club	R07321-201	Damascus	12/2	W	2-3:30 p.m.
12	Fun with Art	R07052-204	Schweinhaut	12/2	W	10 a.m.-Noon
11	Intro to Drawing	R07095-202	Wheaton	12/3	Th	11 a.m.-Noon
11	Jewelry Club	R07117-201	Wheaton	12/3	Th	1-2:30 p.m.
13	Mosaic Mural Making Collaboration*	R07095-277	Damascus	12/1	Tu	9:30 a.m.-Noon
6	Origami	R07096-203	Schweinhaut	12/8	Tu	10 a.m.-Noon
11	Painting with Acrylics	R07095-203	Wheaton	12/4	F	11 a.m.-Noon
6	Paper Crafting Club	R07322-201	Damascus	1/6	W	10 a.m.-Noon
5	Watercolor Basics*	R07095-263	Damascus	1/7	Th	10 a.m.-12:30 p.m.
6	Watercolor Painting	R07052-205	Long Branch	12/1	Tu	12:45-1:45 p.m.
8	Watercolor Painting*	R07095-228	Silver Spring	12/7	M	12-2 p.m.
7	Watercolor Painting Practice (Non-Instructional)	R07052-206	Long Branch	12/8	Tu	10-11 a.m.
1	Watercolor Workshop: Holiday Cards*	R07095-265	Damascus	12/3	Th	10 a.m.-Noon

KNIT, CROCHET AND MORE

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Beginning Knitting	R07003-207	Long Branch	12/2	W	1-2 p.m.
11	Knit and Crochet Group	R07003-208	North Potomac	12/4	F	1-3 p.m.
13	Knit and Crochet Group	R07003-201	North Potomac	12/1	Tu	1-3 p.m.
10	Needlecraft, Crochet, and Sewing Club	R07053-203	Silver Spring	12/11	F	2-4 p.m.
13	Needlecraft Club	R07053-220	Damascus	12/3	Th	10:30 a.m.-12:30 p.m.
23	Needles and Yarn	R07003-203	Wheaton	12/1	M,Tu	1-3 p.m.
12	Quilting Club	R07316-215	Damascus	12/7	M	10 a.m.-Noon
12	Sewing Level 2*	R07095-234	Silver Spring	12/1	Tu	10 a.m.-Noon
12	Stitchers Corner	R07003-205	Schweinhaut	12/2	W	1-3 p.m.

*This activity has a fee.





ARTS

PERFORMANCE ARTS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Reader's Theater	R07056-204	Damascus	12/7	M	2-3 p.m.
6	Seasoned Players	R07056-203	Schweinhaut	12/2	W	1:30-3:30 p.m.

COOKING

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
4	Cooking: Soups and Stews	R07048-201	Silver Spring	12/1	Tu	12:30-2:30 p.m.
4	Cooking: Salads and Cold Food	R07048-202	Silver Spring	1/5	Tu	12:30-2:30 p.m.









HOLIDAY CLOSURES

Recreation and Senior Centers will be closed:

Thanksgiving Day

Thursday
Nov. 26

Christmas Weekend

Friday - Sunday
Dec. 25 - 27

New Year's Day

Friday
Jan. 1, 2027

For aquatic center schedules, go to mocorec.com/pools

Senior Center Locations

Several Locations for Adults 55 and up

Damascus Senior Center will reopen on Nov. 14.

Damascus Senior Center
9701 Main Street Damascus • 240-777-6930

Holiday Park Senior Center
Holiday Park Senior Center is open during renovations.
3950 Ferrara Drive, Silver Spring • 240-777-4999

Long Branch Senior Center
8700 Piney Branch Road, Silver Spring • 240-777-6975

Margaret Schweinhaut Senior Center
1000 Forest Glen Road, Silver Spring • 240-777-8085

North Potomac Senior Center
13850 Travilah Road, Rockville • 240-773-4805

Silver Spring Senior Center
1319 Apple Ave., Silver Spring • 240-777-6900

White Oak Senior Center
1700 April Lane, Silver Spring • 240-777-6944

Wheaton Senior Center
11701 Georgia Ave., Wheaton • 240-773-4830







Visit mocorec.com/seniors for more information

DANCE



Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Ballet	R07012-201	Wheaton	12/2	W	2:15-3:15 p.m.
13	Ballet	R07012-202	Wheaton	12/1	Tu	1:30-2:30 p.m.
12	Ballet-Beginner	R07012-227	Silver Spring	12/2	W	10-11 a.m.
12	Ballroom Dance	R07050-206	Schweinhaut	12/2	W	Noon-1:30 p.m.
13	Ballroom Dance	R07057-202	North Potomac	12/2	W	1-3 p.m.
13	Cardio Dance Fitness	R07012-239	Wheaton	12/2	W	9:05-9:50 a.m.
13	Chinese Dance and Fitness	R07012-206	Wheaton	12/2	W	9-10:45 a.m.
10	Chinese Folk Dance	R07012-205	Wheaton	12/7	M	1-2 p.m.
13	Chinese Folk Dance	R07009-200	White Oak	12/1	Tu	10:30 a.m.-Noon
12	Chinese Folk Dance	R07009-201	North Potomac	12/2	W	1-2 p.m.
8	Chinese Folk Dance	R07009-212	Long Branch	12/7	M	10:30-11:30 a.m.
5	Chinese Line Dance	R07009-213	Long Branch	1/4	M	9:30-10:30 a.m.
5	Chinese Line Dance	R07009-214	Long Branch	1/4	M	10:30-11:30 a.m.
8	Dance for Fun and Fitness	R07012-241	Silver Spring	12/3	Th	2-3 p.m.
7	Dance Hour	R07013-201	Long Branch	12/8	Tu	12:45-1:45 p.m.
13	Dance for Posture and Elegance (Mandarin)	R07009-204	North Potomac	12/3	Th	1-3 p.m.
13	Dance Social	R07129-211	Damascus	12/4	F	1-2:30 p.m.
9	Dance with Me!	R07011-208	Wheaton	12/7	M	9:05-9:55 a.m.
11	Happy Dance Club	R07011-202	Wheaton	12/3	Th	1-2 p.m.
11	International Folk Dance	R07009-202	North Potomac	12/4	F	12:15-1:15 p.m.
8	Jazz Dance	R07012-242	Silver Spring	12/11	F	2-3 p.m.
8	Jazzmatazz Dance and Fit	R07039-207	Long Branch	1/7	Th	2-3 p.m.
12	Line Dance	R03048-201	Potomac	12/1	Tu	10:15-11:15 a.m.
10	Line Dance	R03048-202	Potomac	12/4	F	10:15-11:15 a.m.
12	Line Dance	R03048-204	Potomac	12/3	Th	10:30-11:30 a.m.
12	Line Dance	R07011-207	Schweinhaut	12/5	Sa	10:30 a.m.-Noon
4	Line Dance-Beginner	R07011-209	Long Branch	12/2	W	11 a.m.-Noon







DANCE

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Martial Arts Health Dance and Fan	R03052-203	Potomac	11/30	M	10:30-11:30 a.m.
12	Martial Arts Health Dance and Fan	R03052-204	Potomac	12/5	Sa	2-4 p.m.
8	Martial Arts Health Dance and Fan	R07010-202	North Potomac	1/9	Sa	9:30-11 a.m.
13	Modern Line Dance	R07013-225	White Oak	12/4	F	10:30-11:30 a.m.
12	Sacred Circle Dance	R07012-203	Wheaton	12/2	W	3:05-4:35 p.m.
8	Salsa	R03052-200	Mid-County	1/5	Tu	10:30-11:30 a.m.
4	Salsa Fit	R07060-203	White Oak	1/15	F	11 a.m.-Noon
11	Seated Dance	R07006-201	Long Branch	12/8	Tu	9:15-10 a.m.
13	Soul Line Dance Class	R07005-210	White Oak	12/3	Th	10:15-11:45 a.m.
3	Soul Line Dance Party	R07005-226	White Oak	12/4	F	6-9 p.m.
13	Stretch and Dance Exercise	R07041-206	North Potomac	12/2	W	9:30-10:15 a.m.
11	Stretch and Dance Exercise	R07041-207	North Potomac	12/4	F	9:30-10:15 a.m.
10	Stretch and Dance Exercise	R07041-205	North Potomac	12/7	M	9:30-10:15 a.m.
12	Superpower Dance Circle	R07012-243	Schweinhaut	12/2	W	9-10 a.m.
13	Superpower Dance Circle	R07012-217	Wheaton	12/2	W	11-11:45 a.m.
13	Superpower Dance Circle	R07012-266	White Oak	12/3	Th	12:45-1:45 p.m.
9	Superpower Dance Circle	R07012-226	Silver Spring	12/5	Sa	11 a.m.-Noon
9	Superpower Dance Circle	R07012-211	Long Branch	12/8	Tu	10-11 a.m.
6	Superpower Dance Circle	R03052-201	Mid-County	1/4	Mon	1-2 p.m.
12	Tap Dance*	R07007-222	Damascus	12/7	M	Noon-1:30 p.m.
10	Yuan Chi Dance	R07012-240	Wheaton	12/7	M	2:30-4 p.m.

*This activity has a fee.





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EDUCATIONAL

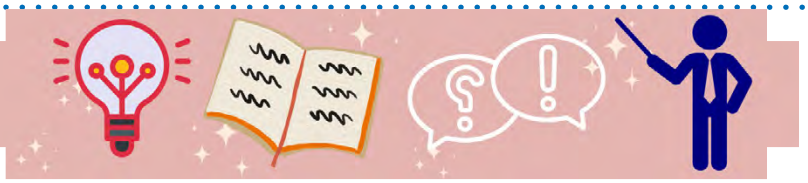
DISCUSSIONS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
3	Book Discussion	R07065-202	Long Branch	12/15	Tu	11 a.m.-Noon
3	Book Discussion	R07065-203	Virtual Class	12/8	Tu	1-2:30 p.m.
11	Brewing Healthy Relationships	R07111-202	Schweinhaut	12/4	F	10:30 a.m.-Noon
3	Chat with Senior Center Director	R07314-203	Long Branch	12/1	Tu	12:45-1:45 p.m.
3	Chat with Senior Center Director	R07314-202	North Potomac	12/2	W	10:30-11:30 a.m.
3	Chat with Senior Center Director	R07314-201	Wheaton	12/29	Tu	10-11 a.m.
3	Coffee and Conversation with Staff	R07092-206	Schweinhaut	12/17	Th	9:30-10:15 a.m.
60	Coffee Social	R07092-202	Long Branch	12/1	M-F	9-10:30 a.m.
64	Coffee Social	R07092-218	Damascus	12/1	M-F	9-11 a.m.
13	Coping with Change	R07076-208	Damascus	12/3	Th	11 a.m.-Noon
11	Coping with Change	R07076-205	North Potomac	12/4	F	10-11 a.m.
13	Current Events Discussion	R07063-203	North Potomac	12/3	Th	10-11:30 a.m.
1	Essential Oils for the Emotions	R07028-206	Schweinhaut	1/12	Tu	10:30-11:30 a.m.
4	The Power of Plants: Exploring Essential Oils for Well-Being	R07028-208	Long Branch	1/6	W	10:45-11:45 a.m.
3	Fire, Safety and Prevention Discussions	R07105-211	Long Branch	12/1	Tu	10-11 a.m.
10	Jai Ho Discussion and Social Group	R07312-204	North Potomac	12/7	M	11:30 a.m.-1 p.m.
8	Lecture Series - Money Matters	R07105-207	North Potomac	1/4	M,W	2:30-3:30 p.m.
6	Lecture Series - Technology Topics	R07105-210	North Potomac	12/2	M,W	2:30-3:30 p.m.
2	Lunch and Learn	R07028-207	Long Branch	2/10	W	12:45-1:30 p.m.
13	Morning Chat and Chew	R07063-200	White Oak	12/2	W	9:30-10:30 a.m.
24	Nutrition 101	R07024-204	Schweinhaut	12/1	Tu,Th	1:30-2:30 p.m.
12	Senior Circle	R07076-200	White Oak	12/7	M	10:30-11:30 a.m.
10	Senior Coffee House	R03058-203	Lawton	1/7	Thu	9 a.m.-12:30 p.m.
13	Spiritual Support	R07111-200	White Oak	12/1	Tu	10 a.m.-Noon
1	Technology Workshop	R07105-212	Long Branch	12/14	M	11 a.m.-Noon
10	Technology	R03060-2020	Plum Gar	1/12	Tu	Noon-2 p.m.
12	The Monday Mind	R07318-201	Damascus	12/7	M	1-2 p.m.
13	The Tuesday Talk	R07319-202	Damascus	12/1	Tu	1-2 p.m.
11	Vietnamese Discussion Group	R07111-203	Long Branch	12/4	F	10 a.m.-Noon
8	Wellness Matters	R07028-213	Silver Spring	12/1	Tu	9-10:30 a.m.
13	Women's Discussion Group	R07028-235	White Oak	12/3	Th	10:30 a.m.-Noon









EDUCATIONAL

LANGUAGE

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
3	American Sign Language-Intermediate	R07021-206	Long Branch	12/9	W	1:30-2:30 p.m.
6	English-Beginner	R07118-207	Long Branch	1/4	M	10:30-11:30 a.m.
20	English Conversation	R07021-204	Schweinhaut	12/3	M,Th	1-2:30 p.m.
10	French Conversation and Culture	R07019-203	North Potomac	12/7	M	12:15-1:15 p.m.
12	Italian-Beginner	R07021-203	Schweinhaut	12/2	W	1-2 p.m.
12	Italian-Intermediate	R07021-205	Schweinhaut	12/2	W	2-3 p.m.
10	Japanese-Intermediate	R07021-201	North Potomac	12/8	Tu	10:30-11:30 a.m.
8	Korean-Beginner	R07015-210	White Oak	1/6	W	10-11 a.m.
8	Spanish-Beginners	R07118-208	Long Branch	1/8	F	1-2 p.m.
12	Spanish Class Level I	R07015-205	Schweinhaut	12/3	Th	9:30-10:30 a.m.
12	Spanish Class Level II	R07015-206	Schweinhaut	12/2	W	10:30-11:30 a.m.
9	Spanish Class Level III	R07015-207	Schweinhaut	12/7	M	11 a.m.-Noon
12	Spanish Class Level IV	R07015-208	Schweinhaut	12/3	Th	10:30-11:30 a.m.
11	Spanish-Conversational	R07118-201	Wheaton	12/4	F	10-11 a.m.

WRITING

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
8	Creative Writing	R07058-266	White Oak	1/4	M	1:30-3 p.m.
13	Writer's Workshop-Telling Stories Your Way	R07058-207	Long Branch	12/3	Th	10:30-11:30 a.m.
8	Memoir Writing	R07058-206	Silver Spring	12/3	Th	1-2:30 p.m.
13	Memoir Writing - Beginners	R07058-201	Wheaton	12/2	W	10-11:30 a.m.
6	Writers Group	R07058-205	Virtual Class	12/1	Tu	10 a.m.-Noon

REGISTRATION NOTICE

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FITNESS

LOW IMPACT

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Balance and Cardio Exercise	R07060-234	Schweinhaut	12/1	Tu	12:30-1:30 p.m.
12	Balance and Mobility	R07039-205	Silver Spring	12/1	Tu	3-4 p.m.
10	Balance Boom	R07039-218	Silver Spring	11/30	M	10-11 a.m.
8	Balance Boom	R07060-200	White Oak	1/6	W	11 a.m.-Noon
13	Cardio Fit	R07012-238	North Potomac	12/2	W	9:15-10:15 a.m.
13	Chairobics	R07066-213	Damascus	12/1	Tu	10-10:45 a.m.
13	Chairobics	R07066-214	Damascus	12/2	W	10-10:45 a.m.
13	Chairobics	R07066-215	Damascus	12/3	Th	10-10:45 a.m.
13	Chairobics	R07066-216	Damascus	12/4	F	10-10:45 a.m.
8	Gentle Spin A	R07039-200	White Oak	1/4	M	10-11 a.m.
8	Gentle Spin B	R07039-201	White Oak	1/4	M	11:15 a.m.-12:15 p.m.
12	Low Impact Exercise	R03053-203	Potomac	12/2	W	10:30-11:30 a.m.
12	Low Impact Exercise	R03053-211	Clara Barton	12/7	M	11 a.m.-Noon
3	Low Impact Exercise	R07060-205	Schweinhaut	12/11	F	9:30-10:30 a.m.
26	Low Impact Exercise Video	R07060-215	White Oak	12/3	Th,F	10:30 a.m.-Noon
8	Mindful Movement and Fitness	R07039-202	Silver Spring	12/2	W	10-11 a.m.
9	Moving with Mike: Seated Exercise*	R06027-200	Virtual Class	1/10	Su	1-2 p.m.
8	Muscle Up!	R07039-217	Silver Spring	12/6	Su	1-2 p.m.
4	Seated Meditation and Gentle Stretch	R07077-202	Long Branch	2/3	W	10:15-11:15 a.m.
13	Seated Stretch Exercise	R07041-211	North Potomac	12/2	W	10:30-11 a.m.
13	Seated Stretch Exercise	R07041-210	North Potomac	12/4	F	10:30-11 a.m.
10	Seated Stretch Exercise	R07041-209	North Potomac	12/7	M	10:30-11 a.m.
11	Sit and Be Fit	R03053-207	East County	12/1	Tu	11 a.m.-Noon
10	Sit and Be Fit	R07039-220	Silver Spring	12/11	F	1-2 p.m.
8	Strength and Mobility	R03053-216	Ross Boddy	12/8	Tu	10:30-11:30 a.m.
10	Stretch and Mobility	R03053-212	East County	12/4	F	11 a.m.-Noon
9	Stretch and Mobility	R03053-206	Lawton	1/6	W	12:30-1:30 pm

*This activity has a fee.











FITNESS

STRENGTH TRAINING

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Fit Boot Camp	R07039-222	Damascus	12/2	W	2:45-3:45 p.m.
9	Fitness Boot Camp	R07039-216	Silver Spring	12/5	Sa	9:30-10:30 a.m.
8	Fitness Boot Camp	R07039-208	Long Branch	12/11	F	2:15-3:15 p.m.
1	Fitness Room Orientation	R07060-207	Long Branch	12/11	F	11 a.m.-Noon
1	Fitness Room Orientation	R07060-251	Damascus	12/14	M	11 a.m.-Noon
6	Fitness Room Orientation	R07060-275	White Oak	12/15	Tu	2-3 p.m.
1	Fitness Room Orientation	R07060-252	Damascus	1/11	M	11 a.m.-Noon
1	Fitness Room Orientation	R07060-208	Long Branch	1/15	F	11 a.m.-Noon
1	Fitness Room Orientation	R07060-253	Damascus	2/8	M	11 a.m.-Noon
1	Fitness Room Orientation	R07060-209	Long Branch	2/12	F	11 a.m.-Noon
13	Full Body Workout	R07041-201	Wheaton	12/1	Tu	9:05-9:55 a.m.
3	Kickboxing	R07060-204	Schweinhaut	12/18	F	9:30-10:30 a.m.
12	Strength Resistance Bands	R07060-292	Damascus	12/1	M	11-11:45 a.m.
8	Total Body Workout	R07060-266	White Oak	1/4	M	9-10 a.m.

WALKING

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Indoor/Outdoor Walking Club	R07035-225	White Oak	12/2	W	2-2:30 p.m.
13	Trail Walking Club	R07035-222	Damascus	12/2	W	9:15-10:15 a.m.
13	Walking Club	R07035-221	Damascus	12/1	Tu	9:15-9:45 a.m.
13	Wheaton Walks	R07035-202	Wheaton	12/2	W	9:30-11 a.m.



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FITNESS

ZUMBA

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Zumba	R07070-201	Wheaton	12/1	Tu	11-11:50 a.m.
13	Zumba	R07070-224	Damascus SC	12/1	Tu	11 a.m.-Noon
11	Zumba	R07070-202	Wheaton	12/3	Th	11-11:50 a.m.
10	Zumba	R07070-222	Silver Spring	12/3	Th	6:30-7:30 p.m.
11	Zumba	R07070-209	Wheaton	12/4	F	9:45-10:45 a.m.
10	Zumba	R07070-205	North Potomac	12/7	M	9:15-10:15 a.m.
12	Zumba	R03050-205	Clara Barton	12/9	W	3-4 p.m.
26	Zumba Gold	R07070-210	White Oak	12/1	Tu,Th	9-10 a.m.
10	Zumba Gold	R03050-208	Bauer Drive	12/3	Th	10:30-11:30 a.m.
13	Zumba Gold	R07070-228	Damascus	12/3	Th	5-6 p.m.
11	Zumba Gold	R07071-206	Schweinhaut	12/7	M	9:30-10:30 a.m.
10	Zumba Gold	R07070-208	Wheaton	12/7	M	1:30-2:30 p.m.
10	Zumba Gold	R07071-205	Long Branch	12/8	Tu	2-3 p.m.
10	Zumba Gold	R07071-202	Silver Spring	12/11	F	10-11 a.m.
8	Zumba Gold	R03050-200	Mid-County	1/7	Th	11:15 a.m.-12:15 p.m.
13	Zumba Video	R07070-206	North Potomac	12/1	Tu	9:15-10 a.m.
13	Zumba Video	R07070-207	North Potomac	12/3	Th	9:30-10:15 a.m.







GAMES

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	American Mah Jongg	R03054-201	Potomac	11/29	Su	Noon-2 p.m.
23	American Mah Jongg	R07047-201	Wheaton	12/2	M,W	1-4 p.m.
13	American Mah Jongg	R07047-212	North Potomac	12/3	Th	1-4 p.m.
13	American Mah Jongg	R07047-200	White Oak	12/4	F	12:30-3:30 p.m.
10	American Mah Jongg	R07047-210	North Potomac	12/7	M	10 a.m.-Noon
13	American Mah Jongg Club	R07047-262	Damascus	12/1	Tu	11:30 a.m.-3 p.m.
10	American Mah Jongg Club	R03054-205	Lawton	1/7	Th	1-3:30 p.m.
3	American Mah Jongg Lessons-Beginners	R07047-203	North Potomac	1/8	F	10 a.m.-Noon
13	Bid Whist	R07112-210	White Oak	12/3	Th	Noon-4 p.m.
25	Bingo	R07085-212	Schweinhaut	12/3	M,Th	10:30-11:30 a.m.
10	Bingo	R07085-213	Silver Spring	12/3	Th	12:30-1:30 p.m.
3	Bingo	R07085-202	Long Branch	12/9	W	12:45-1:45 p.m.
13	Bingo Blast	R07085-207	White Oak	12/1	Tu	12:45-1:45 p.m.
13	Bingo: Participant's Choice	R07085-200	White Oak	12/2	W	12:45-1:45 p.m.
10	Board Games	R07112-206	Silver Spring	11/30	M	1-3 p.m.
56	Board Games	R07112-201	Schweinhaut	12/1	M-F	12:30-3:30 p.m.
10	Brain Games	R07090-203	Silver Spring	11/30	M	9:30-10:30 a.m.
12	Brain Games	R07090-202	White Oak	12/7	M	10-11 a.m.
13	Canasta Club	R07112-213	Damascus	12/3	Th	12:30-3:30 p.m.
9	Chess Club	R07110-204	Schweinhaut	12/7	M	10:30 a.m.-1 p.m.
13	Chinese Mahjong	R07047-206	Wheaton	12/2	W	1-3 p.m.
8	Chinese Mahjong	R07047-205	Long Branch	12/7	M	9:30 a.m.-Noon
10	Game Hour	R07112-207	Long Branch	12/7	M	12:45-1:45 p.m.
11	Juegos Mentalies	R07112-208	Long Branch	12/4	F	11 a.m.-Noon
13	Pinochle Card Game	R07099-205	Schweinhaut	12/2	W	1-4 p.m.
10	Play for Fun	R07117-204	Wheaton	12/7	M	11 a.m.-Noon
11	Rummikub	R07086-204	Silver Spring	12/3	Th	9:30-11:30 a.m.
13	Rummikub	R07086-200	White Oak	12/4	F	9:30-11 a.m.
10	Rummikub	R07086-208	North Potomac	12/7	M	1:15-3:15 p.m.
13	Rummikub Club	R07086-212	Long Branch	12/1	Tu	11 a.m.-Noon
64	Rummikub Club	R07086-252	Damascus	12/1	M-F	9 a.m.-Noon
13	Rummikub Club	R07086-210	Wheaton	12/2	W	1-2 p.m.
12	Social Bridge	R07074-200	White Oak	12/7	M	1-3:30 p.m.
8	Social Club	R03056-201	Mid-County	1/7	Th	12:15-1 p.m.
60	Table Games and Creative Coloring	R07112-209	Long Branch	12/1	M-F	9-10:30 a.m.
13	The Friday Faceoff	R07320-205	Damascus	12/4	F	1-2 p.m.

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HEALTH AND WELLNESS

HEALTH SCREENINGS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
11	Blood Pressure Screening	R07108-204	Schweinhaut	12/4	F	1-2 p.m.
4	Blood Pressure Screening	R07108-210	Long Branch	2/3	W	9:30-11:30 a.m.
1	Vaccine Clinic	R07108-201	Schweinhaut	12/3	Th	10 a.m.-1 p.m.

MEDITATION

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
10	Healthy Body, Peaceful Mind	R07077-203	North Potomac	12/7	M	2-3:30 p.m.

YOGA

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
10	Chair Yoga	R07029-213	Silver Spring	11/30	M	3-4 p.m.
12	Chair Yoga	R07029-225	Damascus	12/7	M	10-10:45 a.m.
12	Chair Yoga	R07032-200	White Oak	12/7	M	12:45-1:45 p.m.
13	Chair Yoga	R07032-204	Wheaton	12/1	Tu	3-4 p.m.
9	Chair Yoga	R07032-215	Long Branch	12/10	Th	9:05-10 a.m.
9	Hatha Yoga and Stress Management*	R05128-208	Lawton	1/15	F	9:45-11 a.m.
12	Yin Yoga	R07032-211	Schweinhaut	12/5	Sa	9:15-10:15 a.m.
13	Yoga	R07029-210	White Oak	12/4	F	9-10 a.m.
13	Yoga	R07029-216	Damascus	12/2	W	11 a.m.-Noon
13	Yoga	R07029-218	Damascus	12/4	F	11 a.m.-Noon
9	Yoga	R07032-201	Wheaton	12/7	M	10-11 a.m.
10	Yoga	R07032-216	Long Branch	12/7	M	1-2 p.m.
12	Yoga	R03049-208	Potomac	12/1	Tu	Noon-1 p.m.
12	Yoga	R03049-211	Clara Barton	12/10	Th	12:30-1:30 p.m.
6	Yoga	R03049-200	Mid-County	1/4	M	10-11 a.m.
6	Yoga	R03049-209	Lawton	1/5	Tu	11 a.m.-Noon
6	Yoga	R03049-210	Lawton	1/7	Th	10:30-11:30 a.m.
10	Yoga - Slow Flow	R07029-211	North Potomac	12/3	Th	2-3 p.m.
13	Yogalates	R07032-203	Wheaton	12/2	W	10-10:50 a.m.
13	Yogalates	R07032-212	Silver Spring	12/1	Tu	6:30-7:30 p.m.
9	Yogalates	R07032-217	Long Branch	12/11	F	1-2 p.m.

*This activity has a fee.





MARTIAL ARTS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
11	Qigong	R07059-201	Wheaton	12/4	F	1-2 p.m.
12	Qigong	R07059-204	Schweinhaut	12/5	Sa	Noon-1 p.m.
5	Qigong	R03047-200	Mid-County	1/12	Tu	10-11 a.m.
8	Qigong Flow-Beginner	R07059-203	North Potomac	12/3	Th	9:30-10:15 a.m.
26	Tai Chi	R07025-211	White Oak	12/1	Tu,Th	2-3 p.m.
13	Tai Chi	R07025-230	Damascus	12/1	Tu	12:15-1 p.m.
38	Tai Chi	R07025-210	White Oak	12/2	M,W,F	9-10 a.m.
13	Tai Chi	R07025-223	Wheaton	12/2	W	1-2 p.m.
11	Tai Chi	R07025-220	Wheaton	12/4	F	10:45-11:45 a.m.
12	Tai Chi	R03046-204	Clara Barton	12/7	M	9:30-10:30 a.m.
10	Tai Chi	R07025-208	Long Branch	12/9	W	2-3 p.m.
5	Tai Chi	R07025-216	Long Branch	1/4	M	10-11 a.m.
16	Tai Chi	R03046-200	Potomac	1/5	Tu,Th	10:30-11:45 a.m.
13	Tai Chi-Beginner	R07025-217	North Potomac	12/1	Tu	9:30-11 a.m.
12	Tai Chi-Beginner	R07025-221	Silver Spring	12/2	W	12:30-1:30 p.m.
12	Tai Chi Chuan	R07025-207	Schweinhaut	12/1	Tu	2-3 p.m.
13	Tai Chi-Integral	R07025-233	White Oak	12/4	F	1-2 p.m.
11	Tai Chi-Intermediate	R07025-218	Silver Spring	12/4	F	9-10 a.m.







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BONEBUILDERS

Winter 2026-27

NOV. 30-FEB. 28

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CLASSES ARE DESIGNED TO INCREASE BONE DENSITY.

LEARN MORE

Activity	Location	Date	Day(s)	Time
R03010-202	Bauer Drive 1	11/30	M,W	11:30 a.m.-12:30 p.m.
R03010-203	Bauer Drive 2	12/1	Tu,Th	1:30-2:30 p.m.
R03010-204	Clara Barton	11/30	M,W	1:30-2:30 p.m.
R03010-205	Coffield 1	12/1	Tu,Th	9:15-10:15 a.m.
R03010-224	Coffield 2	11/30	M,W	9:15-10:15 a.m.
R03010-222	Damascus SC	12/1	Tu,Th	2:30-3:30 p.m.
R03010-206	Germantown	11/30	M,Th	1-2 p.m.
R03010-225	Germantown 2	11/30	M,Th	2:15-3:15 p.m.
R03010-207	Lawton	12/1	Tu,Th	9:30-10:30 a.m.
R03010-223	Long Branch	11/30	M,W	9:45-10:45 a.m.
R03010-208	Longwood 1	11/30	M,W	11:15 a.m.-12:15 p.m.
R03010-209	Longwood 2	11/30	M,W	2-3 p.m.
R03010-210	Mid-County	12/1	Tu,Th	1-2 p.m.
R03010-211	North Potomac 1	11/30	M,W	10:45-11:45 a.m.
R03010-212	North Potomac 2	11/30	Tu,Th	10:40-11:40 a.m.
R03010-213	North Potomac 3	11/30	Tu,Th	11:50 a.m.-12:50 p.m.
R03010 229	Plum Gar	11/30	Tu,Th	10:30-11:30 a.m.
R03010-214	Potomac 1	11/30	M,W	9-10 a.m.
R03010-217	Potomac 2	11/30	M,W	Noon-1 p.m.
R03010-215	Praisner 1	11/30	M,W	11 a.m.-Noon
R03010-227	Praisner 2	11/30	M,W	1-2 p.m.
R03010-228	Ross Boddy	12/8	Tu,Th	Noon-1 p.m.
R03010-219	Schweinhaut	12/1	Tu,Th	10:30-11:30 a.m.
R03010-221	Silver Spring	12/1	Tu,Th	10-11 a.m.
R03010-226	Silver Spring 2	11/30	M,W	1-2 p.m.
R03010-216	Wheaton 1	12/1	Tu,Th	9:15-10:15 a.m.
R03010-220	Wheaton 2	11/30	M,W	11 a.m.-Noon
R03010-218	Wisconsin Place	12/1	Tu,Th	1-2 p.m.



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Fitness and Wellness

Sports and Games

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MONTGOMERY COUNTY Recreation
WWW.MOCOREC.COM



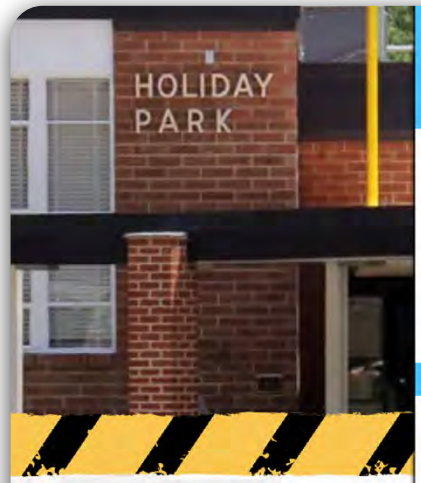
SENIOR CONGREGATE MEALS

Montgomery County offers a hot meal at lunchtime at 10 senior program locations around the County. This program is offered in partnership with the Department of Health and Human Services, Aging and Disability Services.
Check with the center nearest you for more information.

<<<CLICK HERE TO LEARN MORE >>>

MUSIC

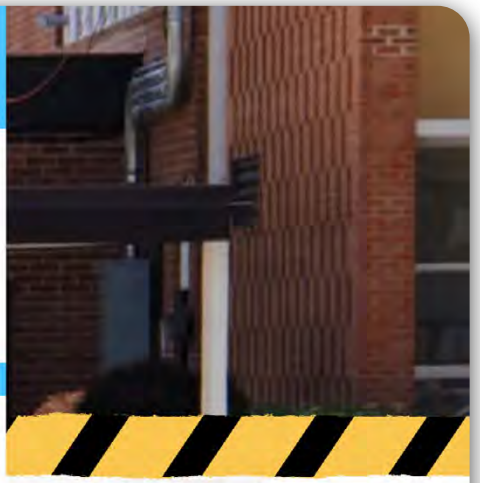
Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Angklung Music Lessons	R07109-202	Schweinhaut	12/5	Sa	Noon-2 p.m.
8	Chinese Karaoke	R07080-210	Long Branch	12/7	M	11-11:45 a.m.
13	Karaoke	R07080-211	Long Branch	12/3	Th	12:45-1:45 p.m.
3	Song Circle	R07080-208	Schweinhaut	12/11	F	1:30-3:30 p.m.
11	Let's Practice Ukulele! Club	R07115-202	Wheaton	12/3	Th	1-2 p.m.
8	Piano	R07115-205	Silver Spring	12/1	Tu	1:30-2:30 p.m.



IMPORTANT

HOLIDAY PARK SENIOR CENTER

WE'RE OPEN DURING CONSTRUCTION



Holiday Park Senior Center has begun construction on windows and exterior doors throughout the center. We are currently in Phase 3 of the project, which has an impact on programs.

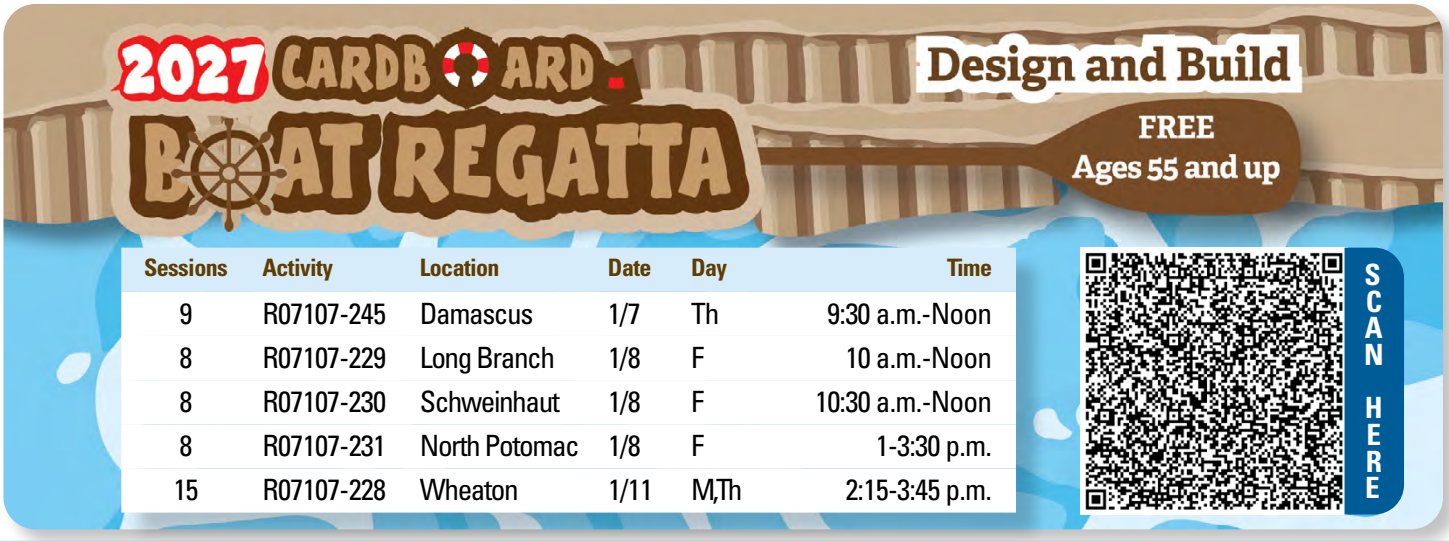
During Phase 3, the center will remain open. Classes will continue with limited offerings. To learn more about what programs are being offered, call the center at 240-777-4999. If you need additional support, please visit the nearest senior centers, Wheaton CRC and Margaret Schweinhaut SC.

LOCATION KEY TABLE OF CONTENTS REGISTER HERE



SPECIAL EVENTS

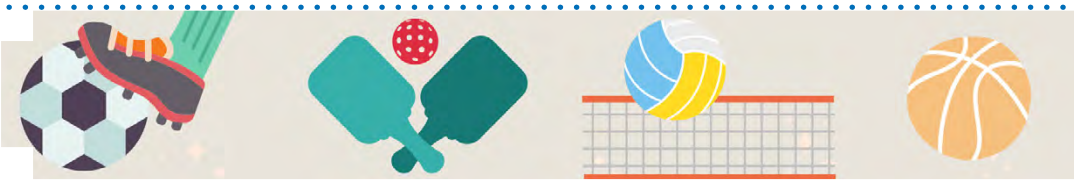
Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
1	Black History Month Festivity	R07089-202	Long Branch	2/23	Tu	10:30 a.m.-Noon
1	Black History Month Illustration and Drawing Workshop	R07107-222	North Potomac	2/8	M	10 a.m.-Noon
1	Candles and Wreaths Event	R07094-201	Wheaton	12/16	W	10:30 a.m.-12:30 p.m.
1	Chinese New Year Celebration	R07089-203	Long Branch	2/8	M	10 a.m.-Noon
1	Cocoa and Crafts	R07107-257	Silver Spring	12/5	Sa	2-4 p.m.
1	Cookies and Carols	R07107-299	Damascus	12/17	Th	12:15-2 p.m.
1	Down County Fitness Fun Day	R07107-267	White Oak	2/22	M	9:30-11:30 a.m.
11	Friday Afternoon Cinema	R07088-203	Schweinhaut	12/4	F	12:30-2 p.m.
1	Hanukkah - A Festival of Lights	R07107-221	North Potomac	12/8	Tu	12:30-1:30 p.m.
1	Health and Safety Fair	R03063-200	Mid-County	1/13	W	10 a.m.-2 p.m.
1	Healthy Holiday Recipes	R07107-240	North Potomac	12/9	W	10-11 a.m.
1	Holiday Ballroom Dance Showcase	R07107-203	North Potomac	12/4	F	2-5 p.m.
2	Holiday Craft and Chat	R07095-218	North Potomac	12/9	W	2-3:30 pm
1	Holiday Sing and Swing	R07107-250	Schweinhaut	12/18	F	10-11:30 a.m.
1	Jigsaw Puzzle Competition	R07107-206	North Potomac	1/21	Th	12:30-4:30 p.m.
1	Jingle and Mingle Holiday Party	R07107-260	North Potomac	12/16	W	2-4 p.m.
1	Lunar New Year Celebration	R07107-211	North Potomac	2/16	Tu	2-4 p.m.
1	Mahjong Mardi Gras	R07107-224	North Potomac	2/9	Tu	12:30-3 p.m.
12	New Movie Monday	R07088-200	White Oak	12/7	M	12:45-2:45 p.m.
13	The Thursday Thrill	R07089-214	Damascus	12/3	Th	1-2 p.m.
13	The Wednesday Watch and Wow	R07106-213	Damascus	12/2	W	1-2 p.m.
1	Valentine Karaoke	R07107-220	North Potomac	2/12	F	1-2 p.m.
1	Valentine's Day Party	R07107-258	Silver Spring	2/11	Th	2-4 p.m.
1	Winter Celebration	R07089-201	Wheaton	12/18	F	11:45 a.m.-1 p.m.
1	Winter Wonderland Social	R07107-261	Silver Spring	12/4	F	11 a.m.-1 p.m.



Sessions	Activity	Location	Date	Day	Time
9	R07107-245	Damascus	1/7	Th	9:30 a.m.-Noon
8	R07107-229	Long Branch	1/8	F	10 a.m.-Noon
8	R07107-230	Schweinhaut	1/8	F	10:30 a.m.-Noon
8	R07107-231	North Potomac	1/8	F	1-3:30 p.m.
15	R07107-228	Wheaton	1/11	M,Th	2:15-3:45 p.m.

LOCATION KEY TABLE OF CONTENTS REGISTER HERE

SPORTS



Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Billiard Lessons for Ladies	R07103-205	Schweinhaut	12/1	Tu	10-11 a.m.
12	Billiard Lessons for Ladies	R07103-206	Schweinhaut	12/1	Tu	11 a.m.-Noon
23	Cornhole	R07320-201	Schweinhaut	12/2	W,Th	1-3 p.m.
9	Indoor Shuffleboard	R07121-203	Schweinhaut	12/7	M	12:30-1:30 p.m.
1	Intro to Floor Curling	R07107-268	White Oak	1/25	M	10-11:30 a.m.
10	Beginner Pickleball Class	R03065-202	East County	11/30	Mon	12:30-2:30 p.m.
10	Intermediate Pickleball Class	R03065-203	East County	12/2	Wed	12:30-2:30 p.m.
12	Pickleball Newbies and Beginners	R07091-201	Schweinhaut	12/3	Th	1-2 p.m.
12	Pickleball Advanced Beginners	R07091-202	Schweinhaut	12/3	Th	2-3 p.m.
12	Pickleball Intermediate	R07091-203	Schweinhaut	12/3	Th	3-4 p.m.
13	Pickleball Open Gym	R07091-205	White Oak	12/3	Th	9 a.m.-2 p.m.
12	Table Tennis	R07097-203	Schweinhaut	12/1	Tu	10:30 a.m.-Noon
24	Table Tennis	R07097-204	Schweinhaut	12/2	W,Th	1-3 p.m.
12	Senior Volleyball	R07039-225	White Oak	12/7	M	9 a.m.-2 p.m.
4	Sport Games	R07117-206	Long Branch	12/4	F	12:45-1:45 p.m.















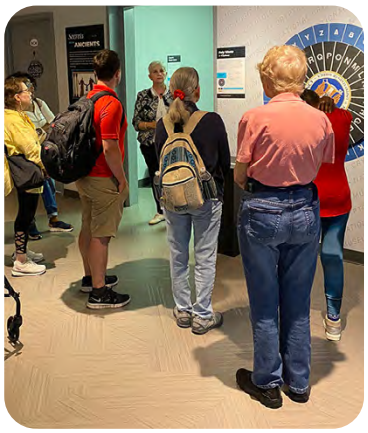


MINI TRIPS

Trip	Activity	Location	Start Date	Day(s)	Time
Dutch Market	R07101-280	Long Branch	1/8	F	9:30 a.m.-Noon
Arundel Mills Mall	R07101-281	Long Branch	12/10	Th	9:30 a.m.-Noon
Delaplaine Arts Center	R07101-295	Damascus	1/15	F	9:15 a.m.-Noon
Dollar Store	R07101-282	Long Branch	1/13	W	9:30 a.m.-Noon
Down County Fitness Fun Day	R07101-283	Long Branch	2/22	M	9:30 a.m.-Noon
Dutch Market	R07101-203	Damascus	12/18	F	9:30-11:30 a.m.
Dutch Market	R07101-205	Damascus	1/22	F	9:30-11:30 a.m.
Dutch Market	R07101-219	Damascus	2/26	F	9:30-11:30 a.m.
Festival of Lights - Mormon Visitor Center	R07101-240	North Potomac	12/10	Th	5-8:30 p.m.
Holiday Sing and Swing	R07101-201	Silver Spring	12/18	F	9:30 a.m.-Noon
Holiday Sing and Swing	R07101-266	White Oak	12/18	F	9:30 a.m.-Noon
Holiday Sing and Swing	R07101-286	Long Branch	12/18	F	9:30 a.m.-Noon
India Bazaar	R07101-243	Damascus	12/9	W	9:30-11:30 a.m.
India Bazaar	R07101-244	Damascus	1/13	W	9:30-11:30 a.m.
India Bazaar	R07101-247	Damascus	2/24	W	9:30-11:30 a.m.
Laurel Dutch Country Market	R07101-251	Schweinhaut	2/26	F	9:30 a.m.-Noon
Milestone Shopping Center	R07101-223	Damascus	12/21	M	9:30-11:30 a.m.
Milestone Shopping Center	R07101-227	Damascus	1/19	Tu	9:30-11:30 a.m.
Milestone Shopping Center	R07101-229	Damascus	2/16	Tu	9:30-11:30 a.m.
Montgomery Mall Shopping and Lunch	R07101-220	Schweinhaut	12/11	F	9:30 a.m.-2 p.m.
Mt. Airy Walmart	R07101-230	Damascus	12/14	M	9:30-11:30 a.m.
Mt. Airy Walmart	R07101-232	Damascus	1/11	M	9:30-11:30 a.m.
Mt. Airy Walmart	R07101-234	Damascus	2/8	M	9:30-11:30 a.m.
Robinson Nature Center and Planetarium Show	R07101-298	Damascus	2/12	F	9:15 a.m.-Noon
Thrift Store	R07101-284	Long Branch	2/11	Th	9:30 a.m.-Noon
Tysons Corner Mall	R07101-211	Wheaton	12/15	Tu	9:30 a.m.-1 p.m.
Unique Thrift Store	R07101-245	Wheaton	12/17	Th	9:30-11:30 a.m.
Winter Lights at Seneca Creek Park	R07101-214	North Potomac	12/21	M	5:15-7:30 p.m.









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MONTGOMERY COUNTY RECREATION

SPRING TRIPS AND TOURS ARE JUST AROUND THE CORNER!

MONTGOMERY COUNTY RECREATION

SOAR

SENIOR OUTDOOR ADVENTURES IN RECREATION



Explore… dream… discover! SOAR day trips are designed for active adults 55 and older. Travel by motor coach departing from and returning to Olney Manor Recreational Park, 16605 Georgia Ave., Olney, MD.



A SPRING SNEAK PEEK

Cherry Blossom Cruise and Lunch, Washington, D.C. • Walking Tour of Historic St. Mary's City, MD • Tour the National Arboretum, Washington, D.C. • Law Enforcement Museum, Washington, D.C. • Blue Angels Air Show Cruise, Annapolis, MD • The National Museum of the United States Army, Fort Belvoir, VA



MAKE EVERY DAY UNFORGETTABLE!

Day Trippers offers intergenerational trips to a variety of destinations. A day trip program is planned with your interests in mind.

Join us for exciting trips and leave the driving to us! Children under 18 must be accompanied by an adult. Trips depart from and return to Olney Manor Recreational Park, 16605 Georgia Ave., Olney, MD.

DAY TRIPPERS INTERGENERATIONAL



A SPRING SNEAK PEEK

Weinberg Center – Centennial Event – Neil Berg's 100 years of the Weinberg Center Music, Frederick, MD • Arts in the Park, Byrd Park, Richmond, VA • Mother's Day Event at the Carroll County Farmers Market,Westminster, MD • The Kitchen Shoppe, Carlisle, PA • First Sunday Arts Festival, Annapolis, MD • Frederick Festival of the Arts, Carroll Creek Park, MD

DAMASCUS LIBRARY AND SENIOR CENTER

RIBBON CUTTING AND REOPENING CEREMONY



SATURDAY, NOV. 14 • 10 A.M.

9701 MAIN STREET, DAMASCUS

No senior center programming held at Damascus CRC Nov. 1-13.





MC PL

Montgomery County DEPARTMENT OF GENERAL SERVICES
DGS
Delivering Great Service!

MONTGOMERY COUNTY
Recreation

PAYMENT AND REFUND INFORMATION

WAYS TO REGISTER

ONLINE
Credit Card payment only. Register 24 hours a day, seven days a week for all activities at www.ActiveMONTGOMERY.org.

BY MAIL
Check or money order payment only.
Fill out and sign the registration form and mail it to:
ActiveMONTGOMERY
2425 Reedie Drive
10th Floor
Wheaton, MD 20902

DROP-OFF
Customers may drop off their registration form and payment at:
Montgomery County Recreation
Administrative Office
2425 Reedie Drive
10th Floor
Wheaton, MD 20902
Monday - Friday
9 a.m. - 3:30 p.m.

PAYMENT INFORMATION

- Full payment must be made at time of registration.
- Do not submit registrations and/or payments to Recreation instructors.
- For Montgomery County Recreation activities, non-county residents must pay an additional $15 per activity per participant.

CHECKS and MONEY ORDERS

- Make checks and money orders payable to ActiveMONTGOMERY.
- Checks and money orders must include name, address, and telephone number.
- If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee. Payment by check constitutes authorization of these transactions. You may revoke your authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due.
- Please allow two weeks to receive a refund by check.

CREDIT CARDS

- Visa, MasterCard, American Express and Discover are accepted.
- Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.
- Montgomery County Recreation reserves the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charge incurred due to unsubstantiated credit card disputes, or any outstanding debt.

WITHDRAWALS AND REFUNDS

Service Type	Withdrawal Time Frame	Withdrawal Reason & Method	Refund Amount
Camps, Classes, Leagues, and Trips & Tours	At least **14 (fourteen) calendar** days before start date	Any reason, ONLINE, EMAIL or IN PERSON	**Full refund**
	Less than **14 (fourteen) calendar** days before start date	Any reason, ONLINE, EMAIL or IN PERSON	**Refund less 50% of the total fee**
	On activity start date or later; After league schedule is posted	N/A	**No refund will be issued**
Rentals	At least **30 (thirty) calendar** days before start date	Any reason, ONLINE, EMAIL or IN PERSON	**Full refund**
	Less than 30 (thirty) calendar days before start date	Any reason, ONLINE, EMAIL or IN PERSON	**Refund less 50% of the total fee**
	On rental date	N/A	**No refund will be issued**

For classes/sessions/games missed by participant	**No refund will be issued**	**For more information visit www.mocorec.com**
When make up sessions are offered		
Memberships		

Withdrawal Methods:
Online: at www.ActiveMONTGOMERY.org
Email: Rec.FinanceOffice@MontgomeryCountyMD.gov
In Person with signature:
Recreation Administrative Office
2425 Reedie Drive
10th Floor
Wheaton, MD 20902

Refund Methods:
Refunds will be issued in the same form as payment rendered, except cash. Credit card payments are returned to the original credit card used for payment. Credit card refunds that cannot be returned to the original credit card used for payment will be returned by check. All other forms of payment are returned by check.

Questions:
Call 240-777-6806 (8:30 a.m.-4:30 p.m.)
Email: Rec.FinanceOffice@MontgomeryCountyMD.gov

CONTACT CUSTOMER SERVICE

Customer Service Available
8:30 a.m.-4:30 p.m.
Phone: 240-777-6840
Email: recreation.customerservice@montgomerycountymd.gov

2425 Reedie Drive, 10th Floor, Wheaton, MD 20902

MONTGOMERY COUNTY Recreation

Facility Addresses

Registration begins Nov. 17 for winter programs.

55+ Looking for Senior Centers?
Click here to view senior center locations.

Looking for pool locations?
Click here to view aquatic facilities.

Recreation and senior centers will be closed on Nov. 26, Dec. 25-27, and Jan. 1, 2027

ELEMENTARY SCHOOLS

Bethesda ES..... 7600 Arlington Road, Bethesda 20814
Rock View ES.....3901 Denfeld Ave., Kensington, 20895
Oakland Terrace ES..... 2720 Plyers Mill Road, Wheaton 20902

MIDDLE SCHOOLS

Earle B. Wood MS.....14615 Bauer Drive, Rockville, 20853

HIGH SCHOOLS

Kennedy HS..... 1901 Randolph Road, Wheaton 20902
Wheaton HS..... 12401 Dalewood Drive, Silver Spring, 20906
Churchill HS..... 11300 Gainsborough Rd, Potomac, 20854

PARKS

Veirs Mill LP.....4425 Garrett Park Road, Silver Spring, 20906

OTHER FACILITIES

Life Rescue Training.....12105 Nebel St., Rockville, 20852
School of Music.....1331 Rockville Pike, Ste. Q, Rockville, 20852

Happy Holidays

RECREATION FACILITIES

Recreation Administrative Office.....2425 Reedie Drive, 10th Floor, Wheaton, 20902
Bauer Drive CRC.....14625 Bauer Drive, Rockville, 20853
Clara Barton NRC.....7425 MacArthur Blvd., Cabin John, 20818
Damascus CRC..... 25520 Oak Drive, Damascus, 20872
East County CRC.....3310 Gateshead Manor Way, Silver Spring, 20904
Germantown CRC.....18905 Kingsview Drive, Germantown, 20874
Good Hope NRC.....14715 Good Hope Road, Silver Spring, 20905
Gwendolyn E. Coffield CRC.....2450 Lyttonsville Road, Silver Spring, 20910
Lawton CRC.....4301 Willow Lane, Chevy Chase, 20815
Long Branch CRC .....8700 Piney Branch Road, Silver Spring, 20901
Longwood CRC..... 19300 Georgia Ave., Brookeville, 20833
Marilyn J. Praisner CRC.....14906 Old Columbia Pike, Burtonsville, 20866
Mid-County CRC.....2004 Queensguard Road, Silver Spring, 20906
Nancy H. Dacek North Potomac CRC.....13850 Travilah Road, Rockville, 20850
Plum Gar CRC.....19561 Scenery Drive, Germantown, 20874
Potomac CRC.....11315 Falls Road, Potomac, 20854
Ross Boddy NRC.....18529 Brooke Road, Sandy Spring, 20860
Scotland NRC.....7000 Scotland Drive, Potomac, 20854
Silver Spring RAC.....1319 Apple Ave., Silver Spring, 20910
Upper County CRC.....8201 Emory Grove Road, Gaithersburg, 20877
Wheaton CRC.....11701 Georgia Ave., Wheaton, 20902
White Oak CRC.....1700 April Lane, Silver Spring, 20904
Wisconsin Place CRC.....5311 Friendship Blvd., Chevy Chase, 20815

Abbreviation Key

Outdoor Pools
BOP - Bethesda Outdoor Pool
GOP - Germantown Outdoor Pool
LBOP - Long Branch Outdoor Pool
MLKOP - Martin Luther King Jr. Outdoor Pool
UCOP - Upper County Outdoor Pool
WCOP - Sarah E. Auer Western County Outdoor Pool
WGOP - Sergeant Hector I. Ayala Wheaton/Glenmont Outdoor Pool

Indoor Pools
GISC - Germantown Indoor Swim Center
MLKSC - Martin Luther King Jr. Swim Center
OSC - Olney Swim Center
SSRAC - Silver Spring Recreation and Aquatic Center

Parks
LP - Local Park
RP - Regional Park/ Recreational Park

Centers
CRC - Community Recreation Center
SC - Senior Center
RAC - Recreation and Aquatic Center

Schools
ES - Elementary School
MS - Middle School
HS - High School



MONTGOMERY COUNTY RECREATION

WHERE THE FUN BEGINS

WINTER 2026-27

Registration begins
Tuesday, Nov. 17

Have questions?

The customer service and outreach teams are here to help!

HOURS OF OPERATION

Monday - Friday
8:30 a.m.-4:30 p.m.

CALL US

Customer Service Available
8:30 a.m.-4:30 p.m.
240-777-6840

VISIT US

8:30 a.m.-4:30 p.m.
Administrative Office
2425 Reedie Drive
10th Floor
Wheaton, MD 20902
See Map

Public Outreach Team



Customer Service Team







www.mocorec.com
240-777-6840
recreation.customerservice@montgomerycountymd.gov

MONTGOMERY COUNTY Recreation