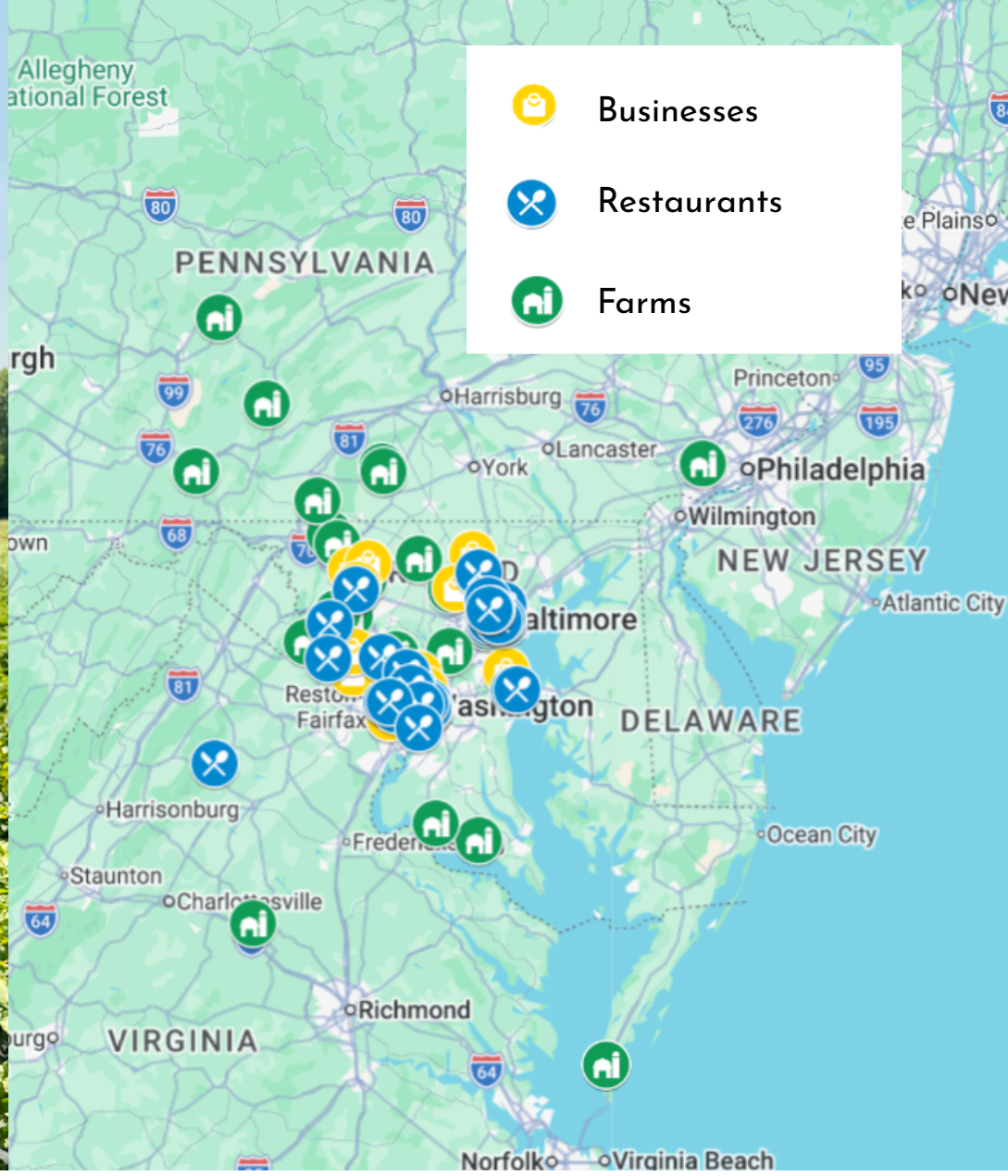
Seven Sisters

FOOD HUB

Building a stronger regional food system





CONNECTING LOCAL FARMS WITH THE RIGHT BUYERS

Based in Montgomery County, Seven Sisters Food Hub connects local farms with restaurants, schools, nonprofits, and institutions across Maryland and the Mid-Atlantic.

NEW BUYERS, FEWER LOGISTICS

We help farmers reach new buyers by connecting them with B2B accounts and handling aggregation, distribution, and customer service.

That means more time farming and less time managing logistics.

B2B SALES

MARKETING + AGGREGATION

DISTRIBUTION ACROSS THE REGION



FOR FARMERS







MORE THAN A DISTRIBUTOR

We work alongside our partner farms to help build a stronger, more connected regional food system.

- Sharing resources + knowledge
- Supporting food safety certifications
- Coordinating shared supply purchases
- Creating opportunities for farmers to connect with each other



FOR BUYERS

LOCAL SOURCING, MADE EASIER

Source farm products from farms across Maryland and the Mid-Atlantic through one regional food hub.

DIVERSE PRODUCTS

FOOD SAFETY CERTIFICATIONS + COMPLIANCE

REFRIGERATED + RELIABLE DELIVERY

DEDICATED ACCOUNT MANAGER

FARM FRESH FOOD, ALL YEAR LONG

Our network of 75+ partner farms provides a wide variety of fresh, high-quality products all year long.



Vegetables



Fruit



Eggs



Specialty Foods



Meat



Dairy



LET'S BUILD A STRONGER FOOD SYSTEM TOGETHER

FARMERS
Looking to reach more markets?

BUYERS
Looking to simplify sourcing local?

WE'D LOVE TO HEAR FROM YOU!

SEVENSISTERSFOODHUB.COM →