

MONTGOMERY COUNTY GUIDE

CLASSES. PROGRAMS. ACTIVITIES. EVENTS.



SUMMER 2026



MONTGOMERY COUNTY
Recreation

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The information in this GUIDE is current as of May 1, 2026. Changes to programs may occur.

SUMMER 2026

Explore hundreds of activities and events to help you be healthier and happier!

NOTICE FOR INDIVIDUALS WITH DISABILITIES

Individuals with disabilities are encouraged to register for programs. Early notification allows us to put accommodations in place. For more information, email: rec.inclusion@montgomerycountymd.gov





Summer 2026 registration begins

Tuesday, May 12 6:30 a.m.

Registration opens for most summer programs and activities.

9 a.m.

Registration opens for senior programs.

Abbreviation Key

Outdoor Pools

- BOP - Bethesda Outdoor Pool
- GOP - Germantown Outdoor Pool
- LBOP - Long Branch Outdoor Pool
- MLKOP - Martin Luther King Jr. Outdoor Pool
- UCOP - Upper County Outdoor Pool
- WCOP - Sarah E. Auer Western County Outdoor Pool
- WGOP - Sergeant Hector I. Ayala Wheaton/Glenmont Outdoor Pool

Indoor Pools

- GISC - Germantown Indoor Swim Center
- MLKSC - Martin Luther King Jr. Swim Center
- OSC - Olney Swim Center
- SSRAC - Silver Spring Recreation and Aquatic Center

Parks

- LP - Local Park
- RP - Regional Park/Recreational Park

Centers

- CRC - Community Recreation Center
- SC - Senior Center
- RAC - Recreation and Aquatic Center

Schools

- ES - Elementary School
- MS - Middle School
- HS - High School

Jump to ActiveMONTGOMERY to register for activities.

REGISTER HERE

Use the clickable link located on the bottom of the pages.

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Facility Addresses 87

Customer Service Information Back Cover



Rec Assist

Financial Assistance Program



Montgomery County Recreation offers financial assistance to those who qualify. **Apply now!**

For more information, visit WWW.MOCOREC.COM
240-777-6840 • Hablamos Español



MONTGOMERY COUNTY
Recreation

MONTGOMERY COUNTY RECREATION



SUMMER CAMPS

Sign Up Now!

Visit mocrecrec.com/camps for more information.

📍 2425 Reedie Drive, 10th Floor, Wheaton • 240-777-6840
Hablamos Español • WWW.MOCOREC.COM



MONTGOMERY COUNTY
Recreation



MONTGOMERY COUNTY
Recreation

IS HIRING

FULL TIME, PART-TIME AND
SEASONAL POSITIONS
AVAILABLE!

From working in our after-school
programs, to lifeguarding at our
pools, there are a variety of
opportunities available.

CHECK OUT
THE FULL LIST
OF OPEN
POSITIONS
ONLINE

WHERE THE
FUN
BEGINS



[MOCOREC.COM/APPLY](https://mocrecrec.com/apply)

SUMMER OUTDOOR POOLS

2026 SCHEDULE

PRE-SEASON



23
May



WEEKENDS
ONLY


Sa - Su
Noon - 6 P.M.

**3 HR
HOLIDAY
SESSION**
May 25
11 A.M. - 2 P.M.
& 3 - 6 P.M.

↓
19
June

SUMMER SEASON



20
June



**3 HR
HOLIDAY
SESSION**
July 3 - July 4
11 A.M. - 2 P.M.
& 3 - 6 P.M.

.....
**ALL POOLS
CLOSE**
at 6:30 p.m.
on July 25 for
all-staff training.

↓
14
Aug.


M-F
1 - 8 P.M.

Bethesda OP
Early Bird Lap Swim
8:30 - 10:30 a.m.

Upper County OP
CLOSED
FRIDAYS




Sa - Su
Noon - 8 P.M.

POST-SEASON



15
Aug.



**ALL POOLS
CLOSED**
Aug. 24 - Aug. 28
& Aug. 31 - Sept. 4

.....
**3 HR
HOLIDAY
SESSION**
Sept. 7
11 A.M. - 2 P.M.
& 3 - 6 P.M.

↓
7
Sept.


M-F
1 - 7 P.M.

Upper County OP
CLOSED
FRIDAYS



Last day will be
Aug. 16


Sa - Su
Noon - 6 P.M.



MONTGOMERY COUNTY
Recreation



For more
information:
240-777-6860



[mcorec.com/
outdoorpools](http://mcorec.com/outdoorpools)





AQUATICS

INDOOR POOLS

Indoor pools closed May 25, June 19, July 4 and Sept. 5-7

Eunice Kennedy Shriver & Sargent Shriver Aquatic Center (KSAC)
240-777-8070
5900 Executive Boulevard,
N. Bethesda
Closed for renovations

Germantown Indoor Swim Center (GISC)
240-777-6830
18000 Central Park Circle,
Boyd's
Closed Aug. 19-Sept. 7

Martin Luther King, Jr. Swim Center (MLK)
240-777-8060
1201 Jackson Road,
Silver Spring
Closed Aug. 1-16

Olney Indoor Swim Center (OSC)
240-777-4995
16605 Georgia Avenue,
Olney
Closed Aug. 15-30

Silver Spring Recreation and Aquatic Center (SSRAC)
240-777-6900
1319 Apple Avenue,
Silver Spring
Closed Aug. 29-Sept. 13

OUTDOOR POOLS

Bethesda Outdoor Pool (BOP)
301-652-1598
6300 Hillandale Road
Bethesda

Long Branch Outdoor Pool (LBOP)
240-777-6859
8700 Piney Branch Road
Silver Spring

Upper County Outdoor Pool (UCOP)
301-840-2446
8211 Emory Grove Road
Gaithersburg

Sgt. Hector I. Ayala Wheaton/ Glenmont Outdoor Pool (WGOP)
301-929-5460
12621 Dalewood Drive
Wheaton

Germantown Outdoor Pool (GOP)
240-777-8067
18905 Kingsview Road
Germantown

Martin Luther King, Jr. Outdoor Pool (MLKOP)
240-777-8066
1201 Jackson Road
Silver Spring, MD 20904

Sarah E. Auer Western County Outdoor Pool (WCOP)
301-349-2217
20151 Fisher Avenue
Poolesville

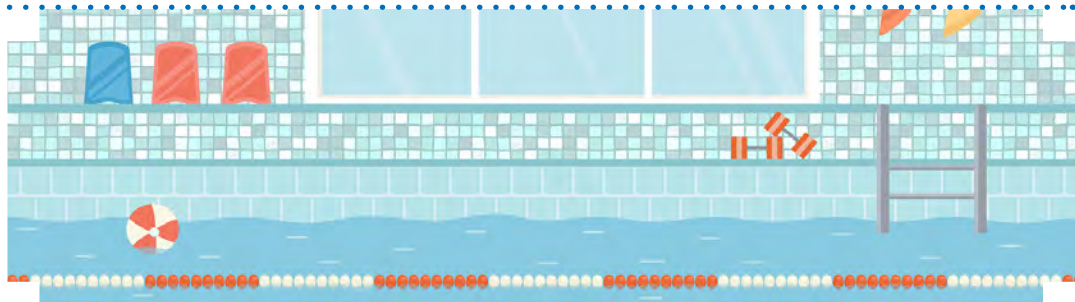
KENNEDY SHRIVER AQUATIC CENTER (KSAC)
CLOSED FOR RENOVATIONS.
[LEARN MORE](#)

CLOSURE NOTICE
INDOOR POOLS
Montgomery County Recreation indoor pools will be closed on the following dates:

May 25
June 19
July 4
Sept. 5-7



WATER FITNESS



Abs & Glutes & More

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01001-505	MLKOP	6/29	M	10:10-11 a.m.	\$56
7 Sessions	R01001-506	MLKOP	7/1	W	10:10-11 a.m.	\$56
9 Sessions	R01001-5500	SSRAC	6/25	Th	11-11:50 a.m.	\$72

Against the Current

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01002-510	MLKOP	6/27	Sa	10-10:50 a.m.	\$77
7 Sessions	R01002-501	MLKOP	6/28	Su	10-10:50 a.m.	\$77
7 Sessions	R01002-502	MLKOP	6/29	M	9-9:50 a.m.	\$77
7 Sessions	R01002-503	MLKOP	6/29	M	8:10-9 p.m.	\$77
7 Sessions	R01002-504	MLKOP	6/30	Tu	9-9:50 a.m.	\$77
7 Sessions	R01002-505	MLKOP	6/30	Tu	8:10-9 p.m.	\$77
7 Sessions	R01002-506	MLKOP	7/1	W	9-9:50 a.m.	\$77
7 Sessions	R01002-507	MLKOP	7/1	W	8:10-9 p.m.	\$77
7 Sessions	R01002-508	MLKOP	7/2	Th	9-9:50 a.m.	\$77
7 Sessions	R01002-509	MLKOP	7/2	Th	8:10-9 p.m.	\$77

Aqua Cardio Challenge

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
5	R01004-503	MLK	6/24	W	7-7:50 p.m.	\$40
7	R01004-504	MLKOP	7/3	F	9-9:50 a.m.	\$56

Aqua Cardio Dance

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01003-502	MLKOP	7/2	Th	10-10:50 a.m.	\$56
7 Sessions	R01003-503	OSC	6/21	Su	9:05-9:55 a.m.	\$56
7 Sessions	R01003-504	OSC	6/25	Th	7:20-8:10 p.m.	\$56
9 Sessions	R01003-5501	SSRAC	6/24	W	10-10:50 a.m.	\$72

Aqua Fit

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
8 Sessions	R01085-578	MLKOP	6/23	Tu	10-10:50 a.m.	\$64
9 Sessions	R01085-5502	SSRAC	6/22	M	1-1:50 p.m.	\$72
9 Sessions	R01085-5500	SSRAC	6/23	Tu	6-6:50 p.m.	\$72
9 Sessions	R01085-5503	SSRAC	6/24	W	1-1:50 p.m.	\$72
9 Sessions	R01085-5501	SSRAC	6/26	F	11-11:50 a.m.	\$72

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WATER FITNESS

Aqua Lite

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01005-503	OSC	6/22	M	10-10:50 a.m.	\$56
7 Sessions	R01005-504	OSC	6/24	W	10-10:50 a.m.	\$56
7 Sessions	R01005-505	OSC	6/26	F	10-10:50 a.m.	\$56
9 Sessions	R01005-5501	SSRAC	6/22	M	11-11:50 a.m.	\$72
9 Sessions	R01005-5500	SSRAC	6/24	W	11-11:50 a.m.	\$72

Aqua Spin

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
8 Sessions	R01006-517	GISC	6/23	Tu	8-8:50 a.m.	\$88
8 Sessions	R01006-518	GISC	6/25	Th	8-8:50 a.m.	\$88
5 Sessions	R01006-508	MLK	6/22	M	7-7:50 p.m.	\$55
5 Sessions	R01006-509	MLK	6/23	Tu	7:30-8:20 a.m.	\$55
5 Sessions	R01006-510	MLK	6/23	Tu	11:10 a.m.-Noon	\$55
5 Sessions	R01006-511	MLK	6/24	W	9-9:50 a.m.	\$55
5 Sessions	R01006-512	MLK	6/25	Th	11:10 a.m.-Noon	\$55
5 Sessions	R01006-513	MLK	6/25	Th	7-7:50 p.m.	\$55
5 Sessions	R01006-514	MLK	6/26	F	7:30-8:20 a.m.	\$55
5 Sessions	R01006-515	MLK	6/26	F	7-7:50 p.m.	\$55
4 Sessions	R01006-516	MLK	6/27	Sa	8-8:50 a.m.	\$55
9 Sessions	R01006-5500	SSRAC	6/22	M	7:30-8:20 p.m.	\$99
9 Sessions	R01006-5501	SSRAC	6/23	Tu	12:30-1:20 p.m.	\$99
9 Sessions	R01006-5502	SSRAC	6/24	W	7:30-8:20 p.m.	\$99
9 Sessions	R01006-5503	SSRAC	6/25	Th	9-9:50 a.m.	\$99
9 Sessions	R01006-5504	SSRAC	6/25	Th	12:30-1:20 p.m.	\$99
9 Sessions	R01006-5505	SSRAC	6/26	F	12:30-1:20 p.m.	\$99
7 Sessions	R01006-5506	SSRAC	6/27	Sa	9:20-10:10 a.m.	\$77

Aqua Yo-Lates

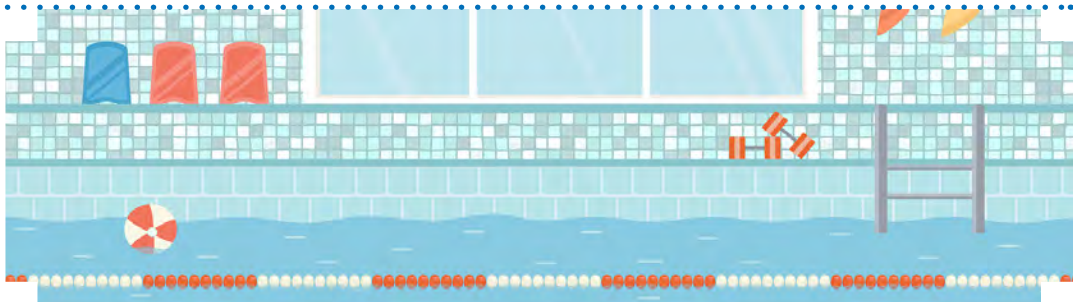
Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01007-501	MLKOP	7/3	F	10-10:50 a.m.	\$56
9 Sessions	R01007-5500	SSRAC	6/23	Tu	11-11:50 a.m.	\$72


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WATER FITNESS



Deep Water Running

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01008-534	BOP	6/28	Su	8-8:50 a.m.	\$56
7 Sessions	R01008-532	BOP	6/29	M	8-8:50 p.m.	\$56
7 Sessions	R01008-533	BOP	7/1	W	8-8:50 p.m.	\$56
8 Sessions	R01008-506	GISC	6/22	M	10-10:50 a.m.	\$64
8 Sessions	R01008-507	GISC	6/22	M	7:10-8 p.m.	\$64
8 Sessions	R01008-508	GISC	6/23	Tu	10-10:50 a.m.	\$64
8 Sessions	R01008-509	GISC	6/24	W	10:30-11:20 a.m.	\$64
8 Sessions	R01008-510	GISC	6/25	Th	10-10:50 a.m.	\$64
6 Sessions	R01008-511	GISC	6/27	Sa	10-10:50 a.m.	\$48
5 Sessions	R01008-518	MLK	6/20	F	11:10 a.m.-Noon	\$50
5 Sessions	R01008-512	MLK	6/22	M	12-12:50 p.m.	\$40
5 Sessions	R01008-513	MLK	6/23	Tu	9-9:50 a.m.	\$40
5 Sessions	R01008-514	MLK	6/23	Tu	7-7:50 p.m.	\$40
5 Sessions	R01008-515	MLK	6/24	W	12-12:50 p.m.	\$40
5 Sessions	R01008-516	MLK	6/25	Th	7:30-8:20 a.m.	\$40
4 Sessions	R01008-519	MLK	6/27	Sa	9-9:50 a.m.	\$40
7 Sessions	R01008-520	OSC	6/22	M	11-11:50 a.m.	\$56
7 Sessions	R01008-521	OSC	6/22	M	7:20-8:10 p.m.	\$56
7 Sessions	R01008-522	OSC	6/23	Tu	8:30-9:20 a.m.	\$56
7 Sessions	R01008-523	OSC	6/23	Tu	10:30-11:20 a.m.	\$56
7 Sessions	R01008-524	OSC	6/24	W	6:30-7:20 a.m.	\$56
7 Sessions	R01008-525	OSC	6/24	W	7:20-8:10 p.m.	\$56
7 Sessions	R01008-526	OSC	6/25	Th	9-9:50 a.m.	\$56
7 Sessions	R01008-527	OSC	6/25	Th	11-11:50 a.m.	\$56
7 Sessions	R01008-529	OSC	6/26	F	6:30-7:20 a.m.	\$56
7 Sessions	R01008-535	OSC	6/26	F	6:20-7:10 p.m.	\$56
5 Sessions	R01008-531	OSC	6/27	Sa	9:05-9:55 a.m.	\$40


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WATER FITNESS

Deep Water Running

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
9 Sessions	R01008-5506	SSRAC	6/21	Su	11:10 a.m.-Noon	\$72
9 Sessions	R01008-5508	SSRAC	6/22	M	10:25-11:15 a.m.	\$72
9 Sessions	R01008-5500	SSRAC	6/23	Tu	7:05-7:55 p.m.	\$72
9 Sessions	R01008-5501	SSRAC	6/23	Tu	10-10:50 a.m.	\$72
9 Sessions	R01008-5503	SSRAC	6/25	Th	10-10:50 a.m.	\$72
9 Sessions	R01008-5502	SSRAC	6/25	Th	7:05-7:55 p.m.	\$72
9 Sessions	R01008-5504	SSRAC	6/26	F	9-9:50 a.m.	\$72
7 Sessions	R01008-5505	SSRAC	6/27	Sa	10:10-11 a.m.	\$56
7 Sessions	R01008-5397	WGOP	6/30	Tu	10:20-11:10 a.m.	\$56
7 Sessions	R01008-5398	WGOP	7/2	Th	10:20-11:10 a.m.	\$56

Hi/Lo Cardio Fusion

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
9 Sessions	R01009-5500	SSRAC	6/26	F	10-10:50 a.m.	\$72

Water Aerobics

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
7 Sessions	R01010-501	BOP	6/30	Tu	11:30 a.m.-12:20 p.m.	\$56
7 Sessions	R01010-502	BOP	7/2	Th	11:30 a.m.-12:20 p.m.	\$56
8 Sessions	R01010-508	GISC	6/24	W	9:30-10:20 a.m.	\$64
8 Sessions	R01010-503	GISC	6/25	Th	7:10-8 p.m.	\$64
7 Sessions	R01010-504	OSC	6/23	Tu	9:30-10:20 a.m.	\$56
7 Sessions	R01010-505	OSC	6/23	Tu	7:20-8:10 p.m.	\$56
7 Sessions	R01010-506	OSC	6/25	Th	10-10:50 a.m.	\$56

Water Exercise

Ages 12 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
5 Sessions	R01011-504	MLK	6/22	M	9-9:50 a.m.	\$40
7 Sessions	R01011-508	OSC	6/26	F	9-9:50 a.m.	\$56
9 Sessions	R01011-5502	SSRAC	6/23	Tu	9-9:50 a.m.	\$72
9 Sessions	R01011-5501	SSRAC	6/25	Th	6-6:50 p.m.	\$72


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INFORMATION ABOUT SWIM LESSONS



Registration will begin May 12 at 6:30 a.m. for County residents.

Please note the following:

Parents: In order to assist us in offering a quality program for your child, you may not remain at the class unless it is stated in the description. Experience has shown that children are easily distracted.

Observation is allowed from designated areas only. At some facilities, clear observation may not be possible. Observation is not possible at the Martin Luther King Jr. Indoor Swim Center and Silver Spring Recreation and Aquatic Center indoor pools.

Class fee covers lessons only. Participants may enter the locker rooms 10 minutes before the start of class.

Lesson questions should be directed to the facility where you wish to enroll. For a detailed list of skills taught in each class, inquire at the pool where you will be taking lessons.

Courses generally meet for six 30-minute sessions.

Fees range from \$60 to \$66 depending on the level and number of participants.

Read course descriptions carefully and select the level at which the student has mastered all prerequisite skills. Review the guidelines for placement in swim classes on the following page. Level progression is not like school, it is very common for individuals to repeat levels.

If you are unsure of the student's level or ability, evaluations are available at each indoor facility for one hour after the last lesson every Saturday and Sunday. All other times are by appointment.

Registrations will not be accepted after the first lesson. There are no transfers. If you have enrolled in the incorrect level, you will be withdrawn and withdrawal fees will apply.

Aquatics Lesson Weather Policy

When an indoor lesson is canceled due to inclement weather, a practice pass will be given to each participant at the end of the session. Practice passes can be used for admission to a recreational swim session at any Montgomery County Recreation aquatic center. Practice passes expire six months from the date of issue and are valid for one adult and one child. When two or more lessons are canceled due to inclement weather, a prorated credit will be issued to the payer's ActiveMONTGOMERY account at the end of the session. The credit issued will be for the cost of the canceled lesson(s). The credit can be applied to future aquatic lessons or any other Montgomery County Recreation program.

Please check each pool's listings for lesson schedule changes due to facility conflicts. Lessons will be held on all other days the facility is open.





GUIDANCE FOR SWIM LESSONS

Don't know where to start?

Swim lessons may be just the right place. Our facilities offer instruction for all ages and swimming abilities, whether you're a beginner learning the basic principles or a seasoned swimmer seeking to improve the strokes you know.

Parent-Assisted Lessons

Waterbabies (Ages 6-18 months)

Aquatots (Ages 18 months-3 years)

Preschool (Ages 3-5)

On the first day of class, students must be able to have one adult participant per child and wear swim diapers or tight-fitting waterproof pants under their suit if not potty-trained.

Children will learn basic water-adjustment skills and begin to master simple swimming skills (submerging, floating, kicking and arm stroking). Parents will gain the knowledge and skills to work comfortably with their child in the water.

Level 1

Beginner (Ages 4-6)

Youth (Ages 7-13)

Adult (Ages 14+)

On the first day of class, students must be able to function well in a group setting without parents.

Students learn water-adjustment skills. Students will be introduced to water entry, front and back floating, kicking, bobbing, blowing bubbles and arm strokes.

Level 2

Beginner (Ages 4-6)

Youth (Ages 7-13)

Adult (Ages 14+)

On the first day of class, students must be able to enter water, front and back float without support, kick, blow bubbles and do arm strokes. Parents do not accompany children.

Students are already water adjusted. Students must be able to submerge for three seconds and float on their front and back without support. Students will be introduced to basic swimming skills: front and back glides, kicking, arm strokes on front and back and rhythmic breathing.

Level 3

Beginner (Ages 4-6)

Youth (Ages 7-13)

Adult (Ages 14+)

On the first day of class, students must be able to use basic swimming skills including front and back glides, kicking, arm strokes on front and back and rhythmic breathing. Parents do not accompany children.

Students can already swim a combined stroke on the front and back, using a kick and arm stroke for a minimum of five yards. Students will be introduced to back crawl, elementary backstroke kick, treading water and rhythmic breathing. Students will also work on improving their front crawl.

Level 4

Beginner (Ages 4-6)

Youth (Ages 7-13)

Adult (Ages 14+)

On the first day of class, students must be able to swim a coordinated front crawl for 15 yards and swim back crawl for 5 yards. Students should be comfortable in deep water.

Students can already swim a coordinated front crawl for 15 yards (across the width of the pool), back crawl for 5 yards and are comfortable in deep water. Students will be introduced to elementary backstroke and breaststroke. Students will also work on perfecting their front crawl, back crawl and treading water.

Advanced

Youth (Ages 6-13)

On the first day of class, students must be able to demonstrate a proficient front crawl (freestyle), back crawl, breaststroke and be comfortable in deep water.

This class is for students who can swim one length of front and back crawl, tread water and swim in deep water. Course is designed to refine front and back crawl as well as introduce breaststroke and butterfly. Swimmers will be divided into subgroups by skill level at the first class. Courses meet for six 35-minute sessions. Group size is limited to 10 students per instructor.

FOR MORE INFORMATION, CLICK HERE.

**PARENT-ASSISTED SWIM LESSONS****WATERBABIES****AGES
6-18** MONTHS

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01063-532	GISC	6/27	Sa	9-9:30 a.m.	\$60
6 Sessions	R01063-530	GISC	6/28	Su	9-9:30 a.m.	\$60
6 Sessions	R01063-531	GISC	6/29	M	5:40-6:10 p.m.	\$60
6 Sessions	R01063-533	GISC	6/29	M	6:20-6:50 p.m.	\$60
5 Sessions	R01063-578	MLKSC	6/13	Sa	9:40-10:10 a.m.	\$50
6 Sessions	R01063-579	MLKSC	6/22	M,W	10:20-10:50 a.m.	\$60
6 Sessions	R01063-552	OSC	6/22	M,W	5:20-5:50 p.m.	\$60
6 Sessions	R01063-553	OSC	6/23	Tu,Th	5:20-5:50 p.m.	\$60
6 Sessions	R01063-555	OSC	7/13	M,W	5:20-5:50 p.m.	\$60
6 Sessions	R01063-554	OSC	7/14	Tu,Th	5:20-5:50 p.m.	\$60
6 Sessions	R01063-5502	SSRAC	6/17	M,W,F	11:30 a.m.-Noon	\$60
6 Sessions	R01063-5501	SSRAC	6/21	Su	10:10-10:40 a.m.	\$60
6 Sessions	R01063-5503	SSRAC	6/23	Tu,Th	11:30 a.m.-Noon	\$60
6 Sessions	R01063-5500	SSRAC	6/27	Sa	9:30-10 a.m.	\$60

**PARENT-ASSISTED
LESSONS**

In parent-assisted classes, only one adult may be in the pool with a child. Observation is not allowed on deck for an additional adult.

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PARENT-ASSISTED SWIM LESSONS

AQUATOTS

**AGES
18 MONTHS-
3 YEARS**

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01038-532	GISC	6/27	Sa	9:40-10:10 a.m.	\$60
6 Sessions	R01038-533	GISC	6/27	Sa	11-11:30 a.m.	\$60
6 Sessions	R01038-530	GISC	6/28	Su	9:40-10:10 a.m.	\$60
6 Sessions	R01038-531	GISC	6/28	Su	11-11:30 a.m.	\$60
6 Sessions	R01038-581	MLKOP	6/21	Su	9:40-10:10 a.m.	\$60
5 Sessions	R01038-579	MLKSC	6/20	Sa	9-9:30 a.m.	\$50
6 Sessions	R01038-578	MLKSC	6/23	Tu,Th	9-9:30 a.m.	\$60
6 Sessions	R01038-552	OSC	6/22	M,W	6-6:30 p.m.	\$60
6 Sessions	R01038-553	OSC	6/23	Tu,Th	6-6:30 p.m.	\$60
6 Sessions	R01038-555	OSC	7/13	M,W	6-6:30 p.m.	\$60
6 Sessions	R01038-554	OSC	7/14	Tu,Th	6-6:30 p.m.	\$60
6 Sessions	R01038-5501	SSRAC	6/21	Su	10:50-11:20 a.m.	\$60
6 Sessions	R01038-5504	SSRAC	6/23	Tu,Th	10:10-10:40 a.m.	\$60
6 Sessions	R01038-5500	SSRAC	6/27	Sa	10:10-10:40 a.m.	\$60
6 Sessions	R01038-5503	SSRAC	7/6	M,W,F	9:30-10 a.m.	\$60
6 Sessions	R01038-5502	SSRAC	7/20	M,W,F	9:30-10 a.m.	\$60
6 Sessions	R01038-5506	SSRAC	7/27	M,W	5:20-5:50 p.m.	\$60
6 Sessions	R01038-5507	SSRAC	8/3	M,W,F	10:10-10:40 a.m.	\$60


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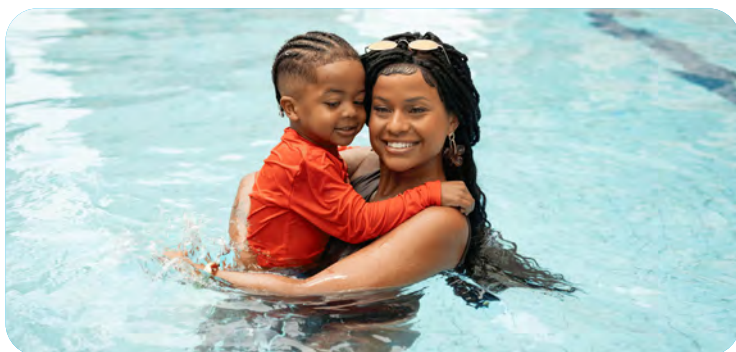


PARENT-ASSISTED SWIM LESSONS

PRESCHOOL

AGES 3-5

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01062-532	GISC	6/27	Sa	10:20-10:50 a.m.	\$60
6 Sessions	R01062-530	GISC	6/28	Su	10:20-10:50 a.m.	\$60
6 Sessions	R01062-531	GISC	6/29	M	7-7:30 p.m.	\$60
5 Sessions	R01062-580	MLKSC	6/20	Sa	11-11:30 a.m.	\$50
6 Sessions	R01062-579	MLKSC	7/13	M,W	9:40-10:10 a.m.	\$60
6 Sessions	R01062-578	MLKSC	7/14	Tu,Th	9-9:30 a.m.	\$60
6 Sessions	R01062-552	OSC	6/22	M,W	6:40-7:10 p.m.	\$60
6 Sessions	R01062-553	OSC	6/23	Tu,Th	6:40-7:10 p.m.	\$60
6 Sessions	R01062-555	OSC	7/13	M,W	6:40-7:10 p.m.	\$60
6 Sessions	R01062-554	OSC	7/14	Tu,Th	6:40-7:10 p.m.	\$60
6 Sessions	R01062-5500	SSRAC	6/21	Su	11:30 a.m.-Noon	\$60
6 Sessions	R01062-5502	SSRAC	6/23	Tu,Th	9:30-10 a.m.	\$60
6 Sessions	R01062-5501	SSRAC	7/6	M,W,F	10:10-10:40 a.m.	\$60
6 Sessions	R01062-5505	SSRAC	7/6	M,W	5:20-5:50 p.m.	\$60
6 Sessions	R01062-5504	SSRAC	7/14	Tu,Th	10:50-11:20 a.m.	\$60
6 Sessions	R01062-5503	SSRAC	7/20	M,W,F	9:30-10 a.m.	\$60
6 Sessions	R01062-5506	SSRAC	7/27	M,W	4:40-5:10 p.m.	\$60
6 Sessions	R01062-5507	SSRAC	8/3	M,W,F	9:30-10 a.m.	\$60



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MONTGOMERY COUNTY
Recreation



BEGINNER SWIM LESSONS

LEVEL 1

AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01051-501	BOP	6/27	Sa	9-9:30 a.m.	\$66
6 Sessions	R01051-502	BOP	6/28	Su	9:40-10:10 a.m.	\$66
6 Sessions	R01051-503	BOP	6/30	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01051-504	BOP	7/14	Tu-Th	11-11:30 a.m.	\$66
6 Sessions	R01051-505	BOP	7/28	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01051-530	GISC	6/27	Sa	9-9:30 a.m.	\$66
6 Sessions	R01051-531	GISC	6/27	Sa	9:40-10:10 a.m.	\$66
6 Sessions	R01051-532	GISC	6/27	Sa	11-11:30 a.m.	\$66
6 Sessions	R01051-539	GOP	6/28	Su	9:15-9:45 a.m.	\$66
6 Sessions	R01051-543	GOP	6/28	Su	9:55-10:25 a.m.	\$66
6 Sessions	R01051-534	GOP	6/30	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01051-544	GOP	7/14	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01051-536	GOP	7/28	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01051-537	GOP	7/28	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01051-594	LBOP	6/28	Su	9:40-10:10 a.m.	\$66
6 Sessions	R01051-595	LBOP	6/28	Su	10:20-10:50 a.m.	\$66
6 Sessions	R01051-589	LBOP	6/30	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01051-590	LBOP	6/30	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01051-591	LBOP	7/14	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01051-592	LBOP	7/14	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01051-576	LBOP	7/28	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01051-577	LBOP	7/28	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01051-596	MLKOP	6/21	Su	9-9:30 a.m.	\$66
6 Sessions	R01051-597	MLKOP	6/21	Su	10:20-10:50 a.m.	\$66
5 Sessions	R01051-586	MLKSC	6/13	Sa	11-11:30 a.m.	\$55
5 Sessions	R01051-584	MLKSC	6/20	Sa	9-9:30 a.m.	\$55
5 Sessions	R01051-585	MLKSC	6/20	Sa	10:20-10:50 a.m.	\$55
6 Sessions	R01051-578	MLKSC	6/22	M,W	9-9:30 a.m.	\$66
6 Sessions	R01051-579	MLKSC	6/22	M,W	9:40-10:10 a.m.	\$66
6 Sessions	R01051-587	MLKSC	6/23	Tu,Th	9:40-10:10 a.m.	\$66
6 Sessions	R01051-582	MLKSC	6/23	Tu	5:40-6:10 p.m.	\$66
6 Sessions	R01051-583	MLKSC	6/25	Th	6:20-6:50 p.m.	\$66
6 Sessions	R01051-581	MLKSC	7/13	M,W	9-9:30 a.m.	\$66
6 Sessions	R01051-580	MLKSC	7/13	M,W	9:40-10:10 a.m.	\$66
6 Sessions	R01051-588	MLKSC	7/14	Tu,Th	9:40-10:10 a.m.	\$66

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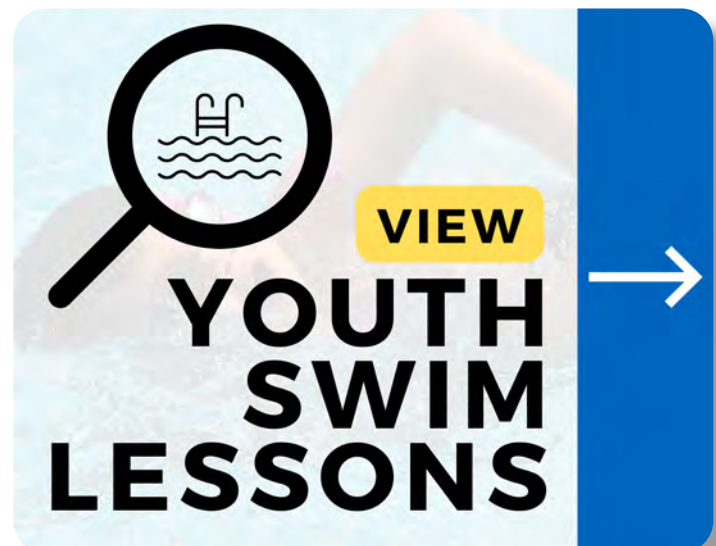




BEGINNER SWIM LESSONS

LEVEL 1
AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01051-556	OSC	6/21	Su	9:50 p.m.-10:20 a.m.	\$66
6 Sessions	R01051-552	OSC	7/13	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01051-554	OSC	7/14	Tu,Th	6-6:30 p.m.	\$66
6 Sessions	R01051-5510	SSRAC	6/15	M,W	4-4:30 p.m.	\$66
6 Sessions	R01051-5506	SSRAC	6/17	M,W,F	9:30-10 a.m.	\$66
6 Sessions	R01051-5501	SSRAC	6/21	Su	9:30-10 a.m.	\$66
6 Sessions	R01051-5503	SSRAC	6/23	Tu,Th	10:10-10:40 a.m.	\$66
6 Sessions	R01051-5504	SSRAC	6/23	Tu,Th	11:30 a.m.-Noon	\$66
6 Sessions	R01051-5505	SSRAC	6/23	Tu,Th	10:50-11:20 a.m.	\$66
6 Sessions	R01051-5500	SSRAC	6/27	Sa	9:30-10 a.m.	\$66
6 Sessions	R01051-5502	SSRAC	7/6	M,W,F	9:30-10 a.m.	\$66
6 Sessions	R01051-5509	SSRAC	7/6	M,W	4-4:30 p.m.	\$66
6 Sessions	R01051-5508	SSRAC	7/14	Tu,Th	10:50-11:20 a.m.	\$66
6 Sessions	R01051-5511	SSRAC	7/27	M,W	6-6:30 p.m.	\$66
6 Sessions	R01051-5512	SSRAC	8/3	M,W,F	10:10-10:40 a.m.	\$66
6 Sessions	R01051-5513	SSRAC	8/3	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01051-526	WCOP	6/30	Tu-Th	10-10:30 a.m.	\$66
6 Sessions	R01051-527	WCOP	7/14	Tu-Th	10-10:30 a.m.	\$66
6 Sessions	R01051-528	WCOP	7/28	Tu-Th	10-10:30 a.m.	\$66
6 Sessions	R01051-521	WGOP	7/28	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01051-522	WGOP	7/28	Tu-Th	9-9:30 a.m.	\$66


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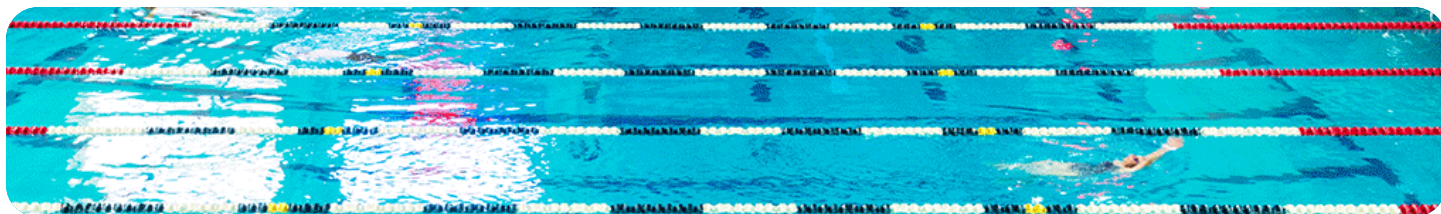


BEGINNER SWIM LESSONS

LEVEL 2

AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01052-507	BOP	6/27	Sa	9:40-10:10 a.m.	\$66
6 Sessions	R01052-509	BOP	6/30	Tu-Th	11-11:30 a.m.	\$66
6 Sessions	R01052-530	GISC	6/27	Sa	9:40-10:10 a.m.	\$66
6 Sessions	R01052-535	GOP	6/28	Su	10:35-11:05 a.m.	\$66
6 Sessions	R01052-540	GOP	6/28	Su	11:15-11:45 a.m.	\$66
6 Sessions	R01052-536	GOP	6/30	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01052-532	GOP	7/14	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01052-541	GOP	7/28	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01052-590	LBOP	6/28	Su	9-9:30 a.m.	\$66
6 Sessions	R01052-595	LBOP	6/28	Su	11-11:30 a.m.	\$66
6 Sessions	R01052-599	LBOP	6/28	Su	9-9:30 a.m.	\$66
6 Sessions	R01052-586	LBOP	6/30	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01052-587	LBOP	7/14	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01052-589	LBOP	7/28	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01052-591	MLKOP	6/21	Su	9:40-10:10 a.m.	\$66
6 Sessions	R01052-598	MLKOP	6/21	Su	11-11:30 a.m.	\$66
5 Sessions	R01052-584	MLKSC	6/13	Sa	9:40-10:10 a.m.	\$55
5 Sessions	R01052-585	MLKSC	6/13	Sa	11-11:30 a.m.	\$55
6 Sessions	R01052-578	MLKSC	6/22	M,W	9-9:30 a.m.	\$66
6 Sessions	R01052-579	MLKSC	6/22	M,W	9:40-10:10 a.m.	\$66
6 Sessions	R01052-580	MLKSC	6/23	Tu,Th	9-9:30 a.m.	\$66
6 Sessions	R01052-582	MLKSC	6/23	Tu	5:40-6:10 p.m.	\$66
6 Sessions	R01052-583	MLKSC	6/25	Th	5:40-6:10 p.m.	\$66
6 Sessions	R01052-593	MLKSC	7/13	M,W	9-9:30 a.m.	\$66
6 Sessions	R01052-581	MLKSC	7/14	Tu,Th	9:40-10:10 a.m.	\$66
6 Sessions	R01052-559	OSC	6/21	Su	9:10-9:40 a.m.	\$66
6 Sessions	R01052-552	OSC	6/22	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01052-554	OSC	6/22	M,W	6-6:30 p.m.	\$66
6 Sessions	R01052-556	OSC	6/23	Tu,Th	5:20-5:50 p.m.	\$66
6 Sessions	R01052-553	OSC	7/13	M,W	6-6:30 p.m.	\$66
6 Sessions	R01052-558	OSC	7/14	Tu,Th	5:20-5:50 p.m.	\$66



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BEGINNER SWIM LESSONS

LEVEL 2

AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01052-5508	SSRAC	6/15	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01052-5503	SSRAC	6/17	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01052-5504	SSRAC	6/17	M,W,F	10:10-10:40 a.m.	\$66
6 Sessions	R01052-5501	SSRAC	6/21	Su	11:30 a.m.-Noon	\$66
6 Sessions	R01052-5500	SSRAC	6/27	Sa	10:10-10:40 a.m.	\$66
6 Sessions	R01052-5502	SSRAC	7/6	M,W,F	10:10-10:40 a.m.	\$66
6 Sessions	R01052-5507	SSRAC	7/20	M,W,F	10:10-10:40 a.m.	\$66
6 Sessions	R01052-5509	SSRAC	7/20	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01052-5510	SSRAC	7/27	M,W	4-4:30 p.m.	\$66
6 Sessions	R01052-5511	SSRAC	8/3	M,W,F	10:10-10:40 a.m.	\$66
6 Sessions	R01052-5512	SSRAC	8/3	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01052-526	WCOP	6/30	Tu-Th	10:45-11:15 a.m.	\$66
6 Sessions	R01052-527	WCOP	7/14	Tu-Th	10:45-11:15 a.m.	\$66
6 Sessions	R01052-528	WCOP	7/28	Tu-Th	10:45-11:15 a.m.	\$66
6 Sessions	R01052-520	WGOP	6/30	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01052-517	WGOP	7/14	Tu-Th	9-9:30 a.m.	\$66


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BEGINNER SWIM LESSONS

LEVEL 3

AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01053-506	BOP	6/27	Sa	10:20-10:50 a.m.	\$66
6 Sessions	R01053-507	BOP	7/14	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01053-510	BOP	7/28	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01053-530	GOP	7/14	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01053-584	LBOP	6/28	Su	10:20-10:50 a.m.	\$66
6 Sessions	R01053-582	LBOP	6/30	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01053-583	LBOP	7/14	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01053-585	MLKOP	6/21	Su	9-9:30 a.m.	\$66
5 Sessions	R01053-581	MLKSC	6/13	Sa	10:20-10:50 a.m.	\$55
6 Sessions	R01053-579	MLKSC	6/22	M,W	10:20-10:50 a.m.	\$66
6 Sessions	R01053-580	MLKSC	6/25	Th	6:20-6:50 p.m.	\$66
6 Sessions	R01053-578	MLKSC	7/13	M,W	10:20-10:50 a.m.	\$66
6 Sessions	R01053-586	MLKSC	7/14	Tu,Th	10:20-10:50 a.m.	\$66
6 Sessions	R01053-555	OSC	6/22	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01053-554	OSC	6/27	Sa	11:10-11:40 a.m.	\$66
6 Sessions	R01053-552	OSC	7/13	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01053-553	OSC	7/14	Tu,Th	6:40-7:10 p.m.	\$66
6 Sessions	R01053-5503	SSRAC	6/15	M,W	6-6:30 p.m.	\$66
6 Sessions	R01053-5501	SSRAC	6/21	Su	10:10-10:40 a.m.	\$66
6 Sessions	R01053-5500	SSRAC	6/27	Sa	10:50-11:20 a.m.	\$66
6 Sessions	R01053-5504	SSRAC	7/6	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01053-5506	SSRAC	7/6	M,W	6-6:30 p.m.	\$66
6 Sessions	R01053-5502	SSRAC	7/14	Tu,Th	11:30 a.m.-Noon	\$66
6 Sessions	R01053-5505	SSRAC	7/20	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01053-5507	SSRAC	7/27	M,W	4:40-5:10 p.m.	\$66
6 Sessions	R01053-5508	SSRAC	8/3	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01053-535	WCOP	7/14	Tu-Th	10:45-11:15 a.m.	\$66
6 Sessions	R01053-536	WCOP	7/28	Tu-Th	10-10:30 a.m.	\$66
6 Sessions	R01053-524	WGOP	7/28	Tu-Th	9:40-10:10 a.m.	\$66



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BEGINNER SWIM LESSONS

LEVEL 4
AGES 4-6

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01054-501	BOP	6/27	Sa	11-11:30 a.m.	\$66
6 Sessions	R01054-502	BOP	7/28	Tu-Th	11-11:30 a.m.	\$66
6 Sessions	R01054-530	GISC	6/27	Sa	10:20-10:50 a.m.	\$66
6 Sessions	R01054-583	MLKOP	6/21	Su	11-11:30 a.m.	\$66
6 Sessions	R01054-579	MLKSC	6/23	Tu	7-7:30 p.m.	\$66
6 Sessions	R01054-580	MLKSC	6/25	Th	7-7:30 p.m.	\$66
6 Sessions	R01054-578	MLKSC	7/13	M,W	10:20-10:50 a.m.	\$66
6 Sessions	R01054-552	OSC	6/27	Sa	10:30-11 a.m.	\$66
6 Sessions	R01054-5500	SSRAC	6/27	Sa	11:30 a.m.-Noon	\$66
6 Sessions	R01054-5504	SSRAC	7/6	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01054-526	WCOP	7/28	Tu-Th	10:45-11:15 a.m.	\$66

REGISTRATION NOTICE



Registering In Person?

If registering in person, you can only register for up to two ActiveMONTGOMERY households at a time.

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ADULT SWIM LESSONS


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YOUTH SWIM LESSONS

LEVEL 1

AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01045-504	BOP	6/27	Sa	9-9:30 a.m.	\$66
6 Sessions	R01045-505	BOP	6/28	Su	9-9:30 a.m.	\$66
6 Sessions	R01045-510	BOP	6/30	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01045-512	BOP	7/14	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01045-511	BOP	7/28	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01045-529	GISC	6/27	Sa	11-11:30 a.m.	\$66
6 Sessions	R01045-539	GOP	6/28	Su	9:15-9:45 a.m.	\$66
6 Sessions	R01045-535	GOP	6/28	Su	9:55-10:25 a.m.	\$66
6 Sessions	R01045-536	GOP	6/28	Su	11:15-11:45 a.m.	\$66
6 Sessions	R01045-537	GOP	6/30	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01045-531	GOP	7/14	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01045-533	GOP	7/28	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01045-588	LBOP	6/28	Su	9-9:30 a.m.	\$66
6 Sessions	R01045-585	LBOP	6/30	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01045-586	LBOP	7/14	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01045-591	LBOP	7/28	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01045-589	MLKOP	6/21	Su	10:20-10:50 a.m.	\$66
5 Sessions	R01045-584	MLKSC	6/20	Sa	9-9:30 a.m.	\$55
6 Sessions	R01045-578	MLKSC	6/22	M,W	10:20-10:50 a.m.	\$66
6 Sessions	R01045-579	MLKSC	6/23	Tu,Th	10:20-10:50 a.m.	\$66
6 Sessions	R01045-582	MLKSC	6/23	Tu	6:20-6:50 p.m.	\$66
6 Sessions	R01045-580	MLKSC	7/13	M,W	10:20-10:50 a.m.	\$66
6 Sessions	R01045-581	MLKSC	7/14	Tu,Th	9-9:30 a.m.	\$66



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YOUTH SWIM LESSONS

LEVEL 1
AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01045-553	OSC	6/22	M,W	6-6:30 p.m.	\$66
6 Sessions	R01045-554	OSC	6/22	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01045-552	OSC	7/13	M,W	6-6:30 p.m.	\$66
6 Sessions	R01045-556	OSC	7/14	Tu,Th	5:20-5:50 p.m.	\$66
6 Sessions	R01045-557	OSC	7/14	Tu,Th	6:40-7:10 p.m.	\$66
6 Sessions	R01045-5508	SSRAC	6/17	M,W,F	9:30-10 a.m.	\$66
6 Sessions	R01045-5505	SSRAC	6/17	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01045-5501	SSRAC	6/21	Su	9:30-10 a.m.	\$66
6 Sessions	R01045-5504	SSRAC	6/21	Su	10:50-11:20 a.m.	\$66
6 Sessions	R01045-5502	SSRAC	6/23	Tu,Th	9:30-10 a.m.	\$66
6 Sessions	R01045-5510	SSRAC	6/23	Tu,Th	10:50-11:20 a.m.	\$66
6 Sessions	R01045-5500	SSRAC	6/27	Sa	10:50-11:20 a.m.	\$66
6 Sessions	R01045-5507	SSRAC	7/6	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01045-5511	SSRAC	7/6	M,W	4:40-5:10 p.m.	\$66
6 Sessions	R01045-5509	SSRAC	7/6	M,W	6-6:30 p.m.	\$66
6 Sessions	R01045-5506	SSRAC	7/14	Tu,Th	9:30-10 a.m.	\$66
6 Sessions	R01045-5503	SSRAC	7/20	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01045-5513	SSRAC	7/20	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01045-5512	SSRAC	7/27	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01045-5514	SSRAC	8/3	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01045-544	WCOP	7/14	Tu-Th	10-10:30 a.m.	\$66
6 Sessions	R01045-523	WGOP	6/30	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01045-517	WGOP	7/14	Tu-Th	10:20-10:50 a.m.	\$66


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YOUTH SWIM LESSONS

LEVEL 2

AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01046-501	BOP	6/27	Sa	9:40-10:10 a.m.	\$66
6 Sessions	R01046-503	BOP	7/14	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01046-502	BOP	7/21	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01046-530	GISC	6/27	Sa	10:20-10:50 a.m.	\$66
6 Sessions	R01046-535	GOP	6/28	Su	10:35-11:05 a.m.	\$66
6 Sessions	R01046-531	GOP	6/30	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01046-536	GOP	6/30	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01046-532	GOP	7/14	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01046-540	GOP	7/14	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01046-537	GOP	7/28	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01046-589	LBOP	6/28	Su	9:40-10:10 a.m.	\$66
6 Sessions	R01046-592	LBOP	6/28	Su	11-11:30 a.m.	\$66
6 Sessions	R01046-586	LBOP	6/30	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01046-587	LBOP	7/14	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01046-588	LBOP	7/28	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01046-590	MLKOP	6/21	Su	9-9:30 a.m.	\$66
5 Sessions	R01046-584	MLKSC	6/13	Sa	9-9:30 a.m.	\$55
5 Sessions	R01046-585	MLKSC	6/13	Sa	10:20-10:50 a.m.	\$55
6 Sessions	R01046-580	MLKSC	6/22	M,W	9:40-10:10 a.m.	\$66
6 Sessions	R01046-581	MLKSC	6/23	Tu,Th	10:20-10:50 a.m.	\$66
6 Sessions	R01046-582	MLKSC	6/23	Tu	7-7:30 p.m.	\$66
6 Sessions	R01046-583	MLKSC	6/25	Th	5:40-6:10 p.m.	\$66
6 Sessions	R01046-578	MLKSC	7/13	M,W	9:40-10:10 a.m.	\$66



QUESTIONS?

CONTACT CUSTOMER SERVICE

Call customer service
or send an email.

240-777-6840



**RECREATION.CUSTOMERSERVICE
@MONTGOMERYCOUNTYMD.GOV**



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YOUTH SWIM LESSONS

LEVEL 2
AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01046-552	OSC	6/21	Su	11:10-11:40 a.m.	\$66
6 Sessions	R01046-554	OSC	6/22	M,W	10:30-11 a.m.	\$66
6 Sessions	R01046-557	OSC	6/23	Tu,Th	6-6:30 p.m.	\$66
6 Sessions	R01046-555	OSC	7/13	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01046-556	OSC	7/13	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01046-558	OSC	7/14	Tu,Th	6-6:30 p.m.	\$66
6 Sessions	R01046-5503	SSRAC	6/17	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01046-5501	SSRAC	6/23	Tu,Th	10:50-11:20 a.m.	\$66
6 Sessions	R01046-5502	SSRAC	6/27	Sa	10:10-10:40 a.m.	\$66
6 Sessions	R01046-5500	SSRAC	6/27	Sa	11:30 a.m.-Noon	\$66
6 Sessions	R01046-5506	SSRAC	7/6	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01046-5504	SSRAC	7/6	M,W	4-4:30 p.m.	\$66
6 Sessions	R01046-5505	SSRAC	7/14	Tu,Th	9:30-10 a.m.	\$66
6 Sessions	R01046-5510	SSRAC	7/20	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01046-5508	SSRAC	7/20	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01046-5509	SSRAC	7/27	M,W	4-4:30 p.m.	\$66
6 Sessions	R01046-5511	SSRAC	8/3	M,W,F	9:30-10 a.m.	\$66
6 Sessions	R01046-5512	SSRAC	8/3	M,W,F	9:30-10 a.m.	\$66
6 Sessions	R01046-522	WGOP	7/14	Tu-Th	9:40-10:10 a.m.	\$66


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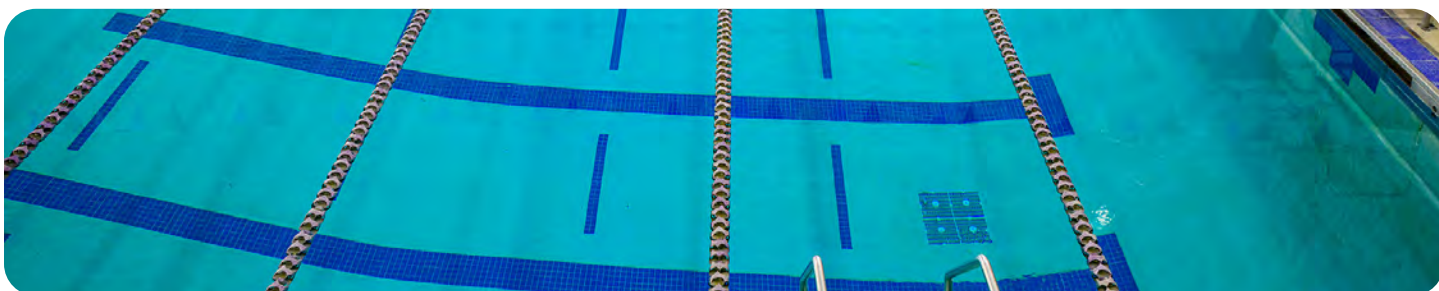


YOUTH SWIM LESSONS

LEVEL 3

AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01047-506	BOP	6/27	Sa	10:20-10:50 a.m.	\$66
6 Sessions	R01047-507	BOP	6/28	Su	10:20-10:50 a.m.	\$66
6 Sessions	R01047-510	BOP	6/30	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01047-531	GISC	6/27	Sa	9-9:30 a.m.	\$66
6 Sessions	R01047-530	GISC	6/29	M	7-7:30 p.m.	\$66
6 Sessions	R01047-532	GOP	6/30	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01047-533	GOP	7/28	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01047-584	LBOP	6/28	Su	10:20-10:50 a.m.	\$66
6 Sessions	R01047-583	LBOP	7/28	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01047-585	MLKOP	6/21	Su	10:20-10:50 a.m.	\$66
5 Sessions	R01047-582	MLKSC	6/20	Sa	9:40-10:10 a.m.	\$55
6 Sessions	R01047-578	MLKSC	6/22	M,W	9-9:30 a.m.	\$66
6 Sessions	R01047-580	MLKSC	6/23	Tu	7:40-8:10 p.m.	\$66
6 Sessions	R01047-581	MLKSC	6/25	Th	7-7:30 p.m.	\$66
6 Sessions	R01047-579	MLKSC	7/13	M,W	9-9:30 a.m.	\$66
6 Sessions	R01047-552	OSC	6/21	Su	10:30-11 a.m.	\$66
6 Sessions	R01047-553	OSC	6/23	Tu,Th	6:40-7:10 p.m.	\$66
6 Sessions	R01047-554	OSC	6/27	Sa	9:50-10:20 a.m.	\$66
6 Sessions	R01047-5501	SSRAC	6/15	M,W	4-4:30 p.m.	\$66
6 Sessions	R01047-5502	SSRAC	6/17	M,W,F	10:10-10:40 a.m.	\$66
6 Sessions	R01047-5505	SSRAC	6/21	Su	10:50-11:20 a.m.	\$66
6 Sessions	R01047-5504	SSRAC	7/6	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01047-5506	SSRAC	7/6	M,W,F	9:30-10 a.m.	\$66
6 Sessions	R01047-5500	SSRAC	7/14	Tu,Th	11:30 a.m.-Noon	\$66
6 Sessions	R01047-5503	SSRAC	7/20	M,W,F	10:10-10:40 a.m.	\$66
6 Sessions	R01047-5507	SSRAC	7/27	M,W	6-6:30 p.m.	\$66
6 Sessions	R01047-5508	SSRAC	8/3	M,W,F	10:50-11:20 a.m.	\$66
6 Sessions	R01047-522	WGOP	6/30	Tu-Th	9:40-10:10 a.m.	\$66



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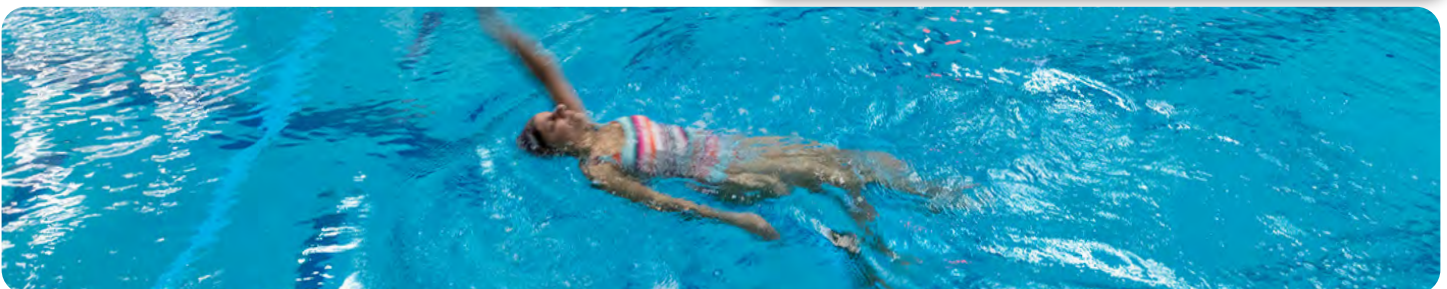




YOUTH SWIM LESSONS

LEVEL 4
AGES 7-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01048-501	BOP	6/27	Sa	11-11:30 a.m.	\$66
6 Sessions	R01048-505	BOP	6/28	Su	11-11:30 a.m.	\$66
6 Sessions	R01048-504	BOP	7/14	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01048-530	GISC	6/28	Su	10:20-10:50 a.m.	\$66
6 Sessions	R01048-585	LBOP	6/28	Su	11-11:30 a.m.	\$66
6 Sessions	R01048-583	MLKOP	6/21	Su	9:40-10:10 a.m.	\$66
6 Sessions	R01048-578	MLKSC	6/23	Tu,Th	9:40-10:10 a.m.	\$66
6 Sessions	R01048-580	MLKSC	6/23	Tu	7:40-8:10 p.m.	\$66
6 Sessions	R01048-581	MLKSC	6/25	Th	7:40-8:10 p.m.	\$66
6 Sessions	R01048-579	MLKSC	7/14	Tu,Th	10:20-10:50 a.m.	\$66
6 Sessions	R01048-552	OSC	6/27	Sa	9:10-9:40 a.m.	\$66
6 Sessions	R01048-5500	SSRAC	6/15	M,W	4-4:30 p.m.	\$66
6 Sessions	R01048-5502	SSRAC	6/15	M,W	4:40-5:10 p.m.	\$66
6 Sessions	R01048-5503	SSRAC	6/21	Su	10:10-10:40 a.m.	\$66
6 Sessions	R01048-5501	SSRAC	7/6	M,W	6-6:30 p.m.	\$66


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YOUTH SWIM LESSONS

ADVANCED

AGES 6-13

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6	R01057-518	GISC	6/28	Su	10-10:35 a.m.	\$90
6	R01057-519	GISC	6/28	Su	10:45-11:20 a.m.	\$90
6	R01057-521	MLKSC	6/14	Su	9-9:35 a.m.	\$90
5	R01057-522	MLKSC	6/20	Sa	9:40-10:15 a.m.	\$75
6	R01057-578	MLKSC	6/25	Th	7:20-7:55 pm	\$90
6	R01057-501	OSC	6/21	Su	10:40-11:15 a.m.	\$90
6	R01057-502	OSC	6/21	Su	11:20-11:55 a.m.	\$90
6	R01057-520	OSC	6/23	Tu	7:20-7:55 pm	\$90



VIEW

SCUBA
ACTIVITIES

POOL RULES

VIEW RULES AND REGULATIONS 🔍

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ADULT SWIM LESSONS

LEVEL 1
AGES 14 AND UP

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01039-530	GISC	6/27	Sa	9-9:30 a.m.	\$66
6 Sessions	R01039-532	GISC	6/28	Su	9-9:30 a.m.	\$66
6 Sessions	R01039-531	GISC	6/29	M	5:40-6:10 p.m.	\$66
6 Sessions	R01039-581	LBOP	6/28	Su	9-9:30 a.m.	\$66
6 Sessions	R01039-583	LBOP	6/30	Tu,Th	6-6:30 p.m.	\$66
6 Sessions	R01039-584	LBOP	7/21	Tu,Th	6-6:30 p.m.	\$66
6 Sessions	R01039-582	MLKOP	6/21	Su	11-11:30 a.m.	\$66
5 Sessions	R01039-580	MLKSC	6/20	Sa	11-11:30 a.m.	\$55
6 Sessions	R01039-578	MLKSC	6/23	Tu	8:20-8:50 p.m.	\$66
6 Sessions	R01039-579	MLKSC	6/23	Tu	6:20-6:50 p.m.	\$66
6 Sessions	R01039-552	OSC	6/21	Su	9:10-9:40 a.m.	\$66
6 Sessions	R01039-5500	SSRAC	6/15	M,W	4:40-5:10 p.m.	\$66
6 Sessions	R01039-5501	SSRAC	6/15	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01039-5502	SSRAC	6/23	Tu,Th	10:10-10:40 a.m.	\$66
6 Sessions	R01039-5507	SSRAC	6/27	Sa	10:50-11:20 a.m.	\$66
6 Sessions	R01039-5506	SSRAC	7/6	M,W,F	11:30 a.m.-Noon	\$66
6 Sessions	R01039-5503	SSRAC	7/6	M,W	4:40-5:10 p.m.	\$66
6 Sessions	R01039-5505	SSRAC	7/6	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01039-5504	SSRAC	7/14	Tu,Th	10:50-11:20 a.m.	\$66
6 Sessions	R01039-5508	SSRAC	7/27	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01039-5509	SSRAC	7/27	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01039-5510	SSRAC	7/27	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01039-5300	WGOP	6/30	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01039-5302	WGOP	7/14	Tu-Th	9-9:30 a.m.	\$66
6 Sessions	R01039-5304	WGOP	7/28	Tu-Th	9-9:30 a.m.	\$66


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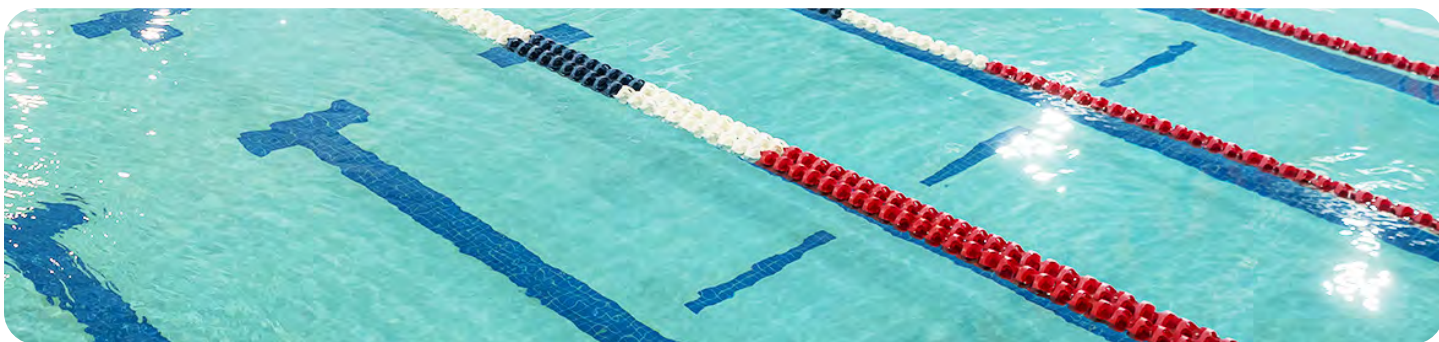


ADULT SWIM LESSONS

LEVEL 2

AGES 14 AND UP

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01040-530	GISC	6/27	Sa	9:40-10:10 a.m.	\$66
6 Sessions	R01040-534	GISC	6/28	Su	9:40-10:10 a.m.	\$66
6 Sessions	R01040-533	GISC	6/29	M	6:20-6:50 p.m.	\$66
6 Sessions	R01040-580	LBOP	6/28	Su	9:40-10:10 a.m.	\$66
6 Sessions	R01040-583	LBOP	6/30	Tu,Th	6-6:30 p.m.	\$66
6 Sessions	R01040-582	LBOP	7/21	Tu,Th	6-6:30 p.m.	\$66
6 Sessions	R01040-581	MLKOP	6/21	Su	9-9:30 a.m.	\$66
5 Sessions	R01040-579	MLKSC	6/20	Sa	9:40-10:10 a.m.	\$55
6 Sessions	R01040-552	OSC	6/21	Su	9:50-10:20 a.m.	\$66
6 Sessions	R01040-5500	SSRAC	6/15	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01040-5504	SSRAC	6/15	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01040-5506	SSRAC	6/21	Su	11:30 a.m.-Noon	\$66
6 Sessions	R01040-5505	SSRAC	6/27	Sa	11:30 a.m.-Noon	\$66
6 Sessions	R01040-5503	SSRAC	7/6	M,W	10:10-10:40 a.m.	\$66
6 Sessions	R01040-5507	SSRAC	7/6	M,W	4-4:30 p.m.	\$66
6 Sessions	R01040-5502	SSRAC	7/6	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01040-5501	SSRAC	7/14	Tu,Th	10:10-10:40 a.m.	\$66
6 Sessions	R01040-5510	SSRAC	7/20	M,W,F	9:30-10 a.m.	\$66
6 Sessions	R01040-5508	SSRAC	7/27	M,W	4:40-5:10 p.m.	\$66
6 Sessions	R01040-5509	SSRAC	7/27	M,W	6:40-7:10 p.m.	\$66
6 Sessions	R01040-5511	SSRAC	8/3	M,W,F	9:30-10 a.m.	\$66
6 Sessions	R01040-5300	WGOP	6/30	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01040-5301	WGOP	7/14	Tu-Th	9:40-10:10 a.m.	\$66
6 Sessions	R01040-5302	WGOP	7/28	Tu-Th	9:40-10:10 a.m.	\$66



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ADULT SWIM LESSONS

LEVEL 3

AGES 14 AND UP

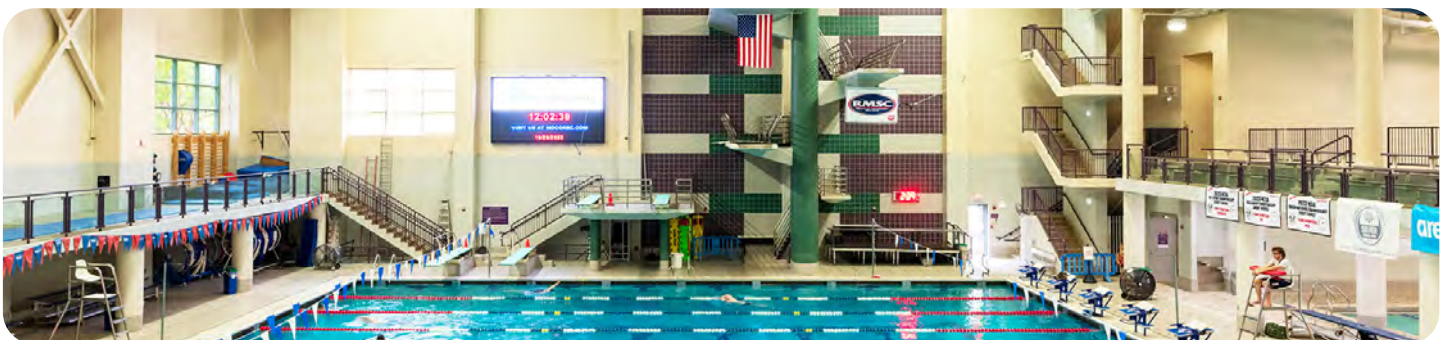
Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01041-530	GISC	6/27	Sa	10:20-10:50 a.m.	\$66
6 Sessions	R01041-531	GISC	6/28	Su	11-11:30 a.m.	\$66
6 Sessions	R01041-581	LBOP	6/30	Tu,Th	6:40-7:10 p.m.	\$66
6 Sessions	R01041-582	LBOP	7/21	Tu,Th	6:40-7:10 p.m.	\$66
6 Sessions	R01041-580	MLKOP	6/21	Su	9:40-10:10 a.m.	\$66
5 Sessions	R01041-579	MLKSC	6/20	Sa	10:20-10:50 a.m.	\$55
6 Sessions	R01041-552	OSC	6/21	Su	10:30-11 a.m.	\$66
6 Sessions	R01041-5500	SSRAC	6/15	M,W	4:40-5:10 p.m.	\$66
6 Sessions	R01041-5501	SSRAC	7/6	M,W	6-6:30 p.m.	\$66
6 Sessions	R01041-5502	SSRAC	7/6	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01041-5503	SSRAC	7/27	M,W	6-6:30 p.m.	\$66
6 Sessions	R01041-5300	WGOP	6/30	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01041-5301	WGOP	7/14	Tu-Th	10:20-10:50 a.m.	\$66
6 Sessions	R01041-5302	WGOP	7/28	Tu-Th	10:20-10:50 a.m.	\$66

ADULT SWIM LESSONS

LEVEL 4

AGES 14 AND UP

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01042-530	GISC	6/27	Sa	11-11:30 a.m.	\$66
6 Sessions	R01042-581	LBOP	6/30	Tu,Th	6:40-7:10 p.m.	\$66
6 Sessions	R01042-580	MLKOP	6/21	Su	10:20-10:50 a.m.	\$66
6 Sessions	R01042-552	OSC	6/21	Su	11:10-11:40 a.m.	\$66
6 Sessions	R01042-5500	SSRAC	6/15	M,W	5:20-5:50 p.m.	\$66
6 Sessions	R01042-5502	SSRAC	6/21	Su	9:30-10 a.m.	\$66


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ADAPTED SWIM LESSONS

Swim Lessons for Individuals with Disabilities

Ages 4-17

This is a learn-to-swim program for children ages 4 to 17 who have disabilities.

Sessions	Activity	Assistance Available	Location	Start Date	Day(s)	Time	Fee
6 Sessions	R01061-501	Parent-Assisted	BOP	6/27	Sa	9:30-10 a.m.	\$66
6 Sessions	R01061-503	Parent-Assisted	BOP	6/27	Sa	10:15-10:45 a.m.	\$66
6 Sessions	R01061-504	Parent-Assisted	BOP	6/27	Sa	11-11:30 a.m.	\$66



WE SUPPORT ACCESSIBILITY

Individuals with disabilities are encouraged to register for MCR programs. Early notification allows us time to put accommodations in place.

For more info, email:
rec.inclusion@montgomerycountymd.gov



VIEW

THERAPEUTIC RECREATION (TR) ACTIVITIES

See more activities for individuals with disabilities.

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DIVING

Diving Summer Four-Day Clinic

Ages 8-17

Diving consists of a diver jumping from a springboard or platform and performing acrobatic maneuvers before plunging into water.

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
4 Sessions	R01078-501	SSRAC	7/6	M-Th	11 a.m.-Noon	\$175
4 Sessions	R01078-502	SSRAC	7/6	M-Th	Noon-1 p.m.	\$175
4 Sessions	R01078-503	SSRAC	7/13	M-Th	11 a.m.-Noon	\$175
4 Sessions	R01078-504	SSRAC	7/13	M-Th	Noon-1 p.m.	\$175



MASTERS SWIMMING



ACTIVITY R01058

Starting June 20

Bethesda Outdoor Pool

Su: 8-10 a.m.

Tu,Th: 8:15-9:45 p.m.

MLK Outdoor Pool

M: 8:15-9:45 p.m.

W: 8:15-9:45 p.m.

Olney Swim Center

Sa: 7:30-9 a.m.

Silver Spring RAC

Tu,Th: 6:30-8 a.m.

SUMMER 2026 SCHEDULE

Register on ActiveMONTGOMERY.org





SCUBA

Ages 14 and up

Sessions	Activity	Location	Start Date	Day(s)	Time	Fee
8 Sessions	R01028-501	MLKSC	7/6	M,W	6-8 p.m.	\$265
8 Sessions	R01028-502	OSC	6/30	Tu,Th	6-8 p.m.	\$265

STARTING JUNE 20

ADULT WATER POLO

Sundays • 9:30-11:30 a.m.
Thursdays • 8-9:30 p.m.

Martin Luther King Jr. Outdoor Pool

1201 Jackson Road, Silver Spring

Activity **R01079-5500**

Montgomery Stroke and Turn Clinic (MSTC)

Registration for MSTC begins

Aug. 11

[View Offerings](#)

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SWIM TEAM

Montgomery County Swim League (MCSL)

[View team information >>>](#)

Ages 5-18

Team Name	Activity	Location	Start Date	Days	Fee
Bethesda Barracudas	R01030-501	BOP	5/27	M-F	\$200
Germantown Torpedoes	R01030-502	GOP	5/27	M-F	\$200
Glenmont Gators	R01030-503	WGOP	5/27	M-F	\$200
Long Branch Water Wizards	R01030-504	LBOP	5/27	M-F	\$200
Poolesville Piranhas	R01030-505	WCOP	5/27	M-F	\$200
Upper County Dolphins	R01030-506	UCOP	5/27	M-F	\$200

MONTGOMERY COUNTY SWIM LEAGUE (MCSL)



INFORMATION

This summer swim team program, sponsored by Montgomery County Recreation, is part of the Montgomery County Swim League (MCSL). The competitive program is for swimmers 5 - 18 years old.

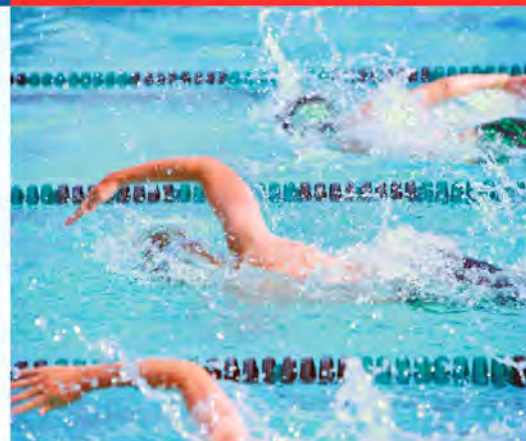
Parents and swimmers should attend the pre-season parent meeting held at the pool on the Tuesday after Memorial Day, 7 p.m., RAIN or SHINE.

Practices begin on the Wednesday after Memorial Day and run weekdays through mid-to-late July. More details for practice times and exact dates will be available at the pre-season parent meeting.

Final day to register is June 15.

Final day to withdraw and request a pro-rated refund is June 30.

Final regular season practice is July 17.



New Swimmer Evaluations - Swimmers who did not participate on a Montgomery County Recreation team last summer will need to attend evaluations before registration can take place. Evaluations are held at each outdoor pool on the Tuesday and Friday the week of Memorial Day at 5 p.m.

The minimum qualifications are (**age as of June 1**):

8 and under: must be able to swim one continuous length (25 meters) of the pool using a coordinated stroke and rhythmic breathing and be able to float on their back.

9-12 years: must be able to swim one legal length (25 meters) of freestyle with good rhythmic breathing and one length (25 meters) of backstroke.

13 and over: must be able to swim two continuous legal lengths (50 meters) of freestyle with good rhythmic breathing and two continuous legal lengths (50 meters) of backstroke.

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POOL LOCATIONS

INDOOR POOLS

Germantown Indoor Swim Center
18000 Central Park Circle, Boyds
240-777-6830

Martin Luther King Jr. Swim Center
1201 Jackson Road, Silver Spring
240-777-8060

Olney Swim Center
16605 Georgia Avenue, Olney
240-777-4995

Silver Spring Recreation and Aquatic Center
1319 Apple Ave., Silver Spring
240-777-6900

CLOSED UNTIL LATE 2026

Kennedy Shriver Aquatic Center
5900 Executive Boulevard, N. Bethesda
240-777-8070

**SUMMER 2026
OUTDOOR POOL
SCHEDULE**

CLICK TO VIEW

OUTDOOR POOLS

Bethesda Outdoor Pool
6300 Hillandale Rd, Bethesda, MD
301-652-1598

Germantown Outdoor Pool
18905 Kingsview Road, Germantown
240-777-8067

Long Branch Outdoor Pool
8700 Piney Branch Road, Silver Spring
240-777-6859

Martin Luther King Jr. Outdoor Pool
1201 Jackson Road, Silver Spring
240-777-8066

Upper County Outdoor Pool
8211 Emory Grove Road, Gaithersburg
301-840-2446

Sarah E. Auer Western County Outdoor Pool
20151 Fisher Avenue, Poolesville
301-349-2217

**Sergeant Hector I. Ayala Wheaton/Glenmont
Outdoor Pool**
12621 Dalewood Drive, Wheaton
301-929-5460

AQUATICS

SPECIAL EVENTS

Join us for summer fun at our pools.

Rubber Duck Derby

The first three ducks to cross the finish line win.

Duck Race starts at 7 p.m. Arrive by 6:30 p.m. to claim duck.

Ages	Activity	Pool	Date	Day	Time	Fee
All Ages	R01066-5401	MLKOP	6/5	F	5:30-7:30 p.m.	\$5

Dive-In Movie

Join us watch a movie while floating in the pool. Doors open for swimming at 8:30 p.m. Movie begins around 9 p.m. and only the leisure pool will remain open. Clear tubes will be provided for participants - no personal rafts will be allowed.

Deck chairs will be available; personal chairs are allowed.

All youth 17 and younger must have a guardian in the facility at all times. Limited space. Registration required.

Ages	Activity	Pool	Date	Day	Time	Fee
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"Madagascar 3"

All Ages	R01066-534	GOP	6/27	Sa	8:30-11 p.m.	\$5
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"Zootopia"

All Ages	R01066-536	BOP	7/11	Sa	8:30-11 p.m.	\$5
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"JAWS"

18 and up	R01066-537	BOP	7/18	Sa	8:30-11 p.m.	\$5
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"Pirates of the Caribbean"

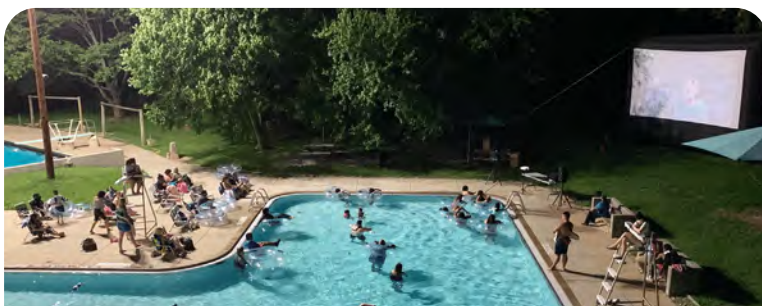
All Ages	R01066-563	UCOP	8/15	Sa	8:30-11 p.m.	\$5
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Water Safety Days

Learn more about how to be safe in, on and around the water with Montgomery County Recreation's Aquatics team. These events are free.

Learn about different safety skills, personal flotation devices, sunscreen and how to protect yourself and your family around different activities and bodies of water. This is not a swim lesson but information sharing and activities to reenforce water safety.

Pool	Date	Day	Time
LBOP	5/30	Sa	11 a.m.-1 p.m.
WCOP	5/31	Su	11 a.m.-1 p.m.
UCOP	6/6	Sa	11 a.m.-1 p.m.
WGOP	6/7	Su	11 a.m.-1 p.m.
MLKOP	6/13	Sa	11 a.m.-1 p.m.
BOP	6/14	Su	11 a.m.-1 p.m.
GOP	6/21	Su	11 a.m.-1 p.m.



MONTGOMERY COUNTY RECREATION



IS HIRING

WORK WITH US IN AQUATICS



SCAN THE QR



MONTGOMERY COUNTY
Recreation



LIFEGUARDING TRAINING

Montgomery County Recreation Aquatics offers American Red Cross courses for potential aquatic professionals. Participants must meet all prerequisites and attend and complete all sessions. Blended learning courses require completion of an online component and in-person sessions. This course will train you to be certified in American Red Cross Lifeguarding, First Aid and CPR/AED for Professional Rescuers. Certifications are valid for two years. Attendance is required at all sessions and the online component must be completed in order to be certified. Students must be 15 years old by the last day of the course. Proof of age is required at the first class. This course includes a pre-course check. The first date listed is the pre-course.

You must pass the pre-course to continue.

The pre-course consists of:

1. 150 meter swim (front crawl or breaststroke), tread water for two minutes using only legs, and swim 50 meters.
 2. Swim 20 yards (free or breast), surface dive to 7-10 feet, retrieve a 10-pound object, return to the surface and swim 20 yards on your back to starting position, exit the water on your own in under 1 minute, 40 seconds.
- Enrollment in this course does not guarantee certification. Students must pass written and physical exams.

Cost for the course is \$195.

Lifeguarding: In-Person

Activity	Location	Start Date	Day(s)
R01034-6223	GISC	6/7	M,W,Sa,Su
R01034-6543	SSRAC	6/20	M,Tu,Th,F,Sa

The date listed is the pre-course swim session only.

Scan the QR code on previous page to see complete class information.

Lifeguarding: Blended Learning

Activity	Location	Start Date	Day(s)
R01034-6226	GISC	5/8	W,F,Sa
R01034-6224	GISC	6/20	M,Tu,Sa,Su
R01034-6225	GISC	7/19	M,Tu,Sa,Su
R01034-6306	MLKSC	5/1	F-Su
R01034-6307	MLKSC	6/3	W,Su
R01034-308	OSC	5/27	W,F,Sa,Su
R01034-6539	SSRAC	5/1	Th-Su
R01034-6540	SSRAC	5/29	Th-Su





ARTS

CRAFTS, DRAWING AND PAINTING



Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
6-12	6	Abakadoodle America the Beautiful	R05001-502	Wheaton	6/27	Sa	12:15-1 p.m.	\$220
3-5	6	Abakadoodle One Sweet World	R05001-503	Wheaton	6/27	Sa	11:15 a.m.-Noon	\$220
5-10	6	Adventures in Art	R05004-501	Bauer Drive	6/27	Sa	10:30-11:30 a.m.	\$104
10-16	6	Art Studio	R05006-501	Bauer Drive	6/27	Sa	Noon-1 p.m.	\$104
12-18	6	Art Studio II	R05006-502	Bauer Drive	6/27	Sa	1:15-2:15 p.m.	\$104
4-9	6	Draw and Clay	R05037-503	North Potomac	6/27	Sa	10:30-11:30 a.m.	\$122
4-9	6	Draw and Clay	R05037-501	Germantown	6/30	Tu	5:15-6:15 p.m.	\$122
4-9	6	Draw and Clay	R05037-502	Bauer Drive	7/1	W	5:45-6:45 p.m.	\$122
5-12	7	Elementary Drawing with Young Rembrandts	R05129-501	Germantown	6/24	W	6-7 p.m.	\$164
5-12	7	Elementary Drawing with Young Rembrandts	R05129-502	North Potomac	6/22	M	6-7 p.m.	\$164
7-14	6	Learning Art from the Masters	R05087-502	North Potomac	6/27	Sa	11:45 a.m.-12:45 p.m.	\$122
7-14	6	Learning Art from the Masters	R05087-501	Germantown	6/30	Tu	6:30-7:30 p.m.	\$122
7-14	6	Learning Art from the Masters	R05087-503	Bauer Drive	7/1	W	7-8 p.m.	\$122
18 and up	7	Oil or Acrylic Painting Open Studio	R05002-501	Lawton	6/22	M	1-4 p.m.	\$63
18 and up	6	Right Brained Drawing All Levels	R05038-501	Potomac	6/29	M	5:45-7:15 p.m.	\$138

REGISTRATION NOTICE



Registering In Person?

If registering in person, you can only register for up to two ActiveMONTGOMERY households at a time.

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ARTS

POTTERY AND CERAMICS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	6	Handcrafted Pottery	R05093-505	Wheaton	6/24	W	5-8 p.m.	\$245
18 and up	6	Handcrafted Pottery	R05093-515	Wheaton	6/23	Tu	6-9 p.m.	\$245
18 and up	6	Handcrafted Pottery	R05093-516	Wheaton	6/25	Th	6-9 p.m.	\$245
18 and up	6	Handcrafted Pottery Open Studio	R05093-506	North Potomac	6/22	M	6-8:45 p.m.	\$220
17 and up	7	Handcrafted Pottery Open Studio	R05093-501	Ross Boddy	6/24	W	10:30 a.m.-1:30 p.m.	\$250
17 and up	7	Handcrafted Pottery Open Studio	R05093-502	North Potomac	6/24	W	5:30-8:30 p.m.	\$250
18 and up	6	Handcrafted Pottery Open Studio	R05093-504	Wheaton	6/24	W	10 a.m.-1 p.m.	\$245
17 and up	7	Handcrafted Pottery Open Studio	R05093-503	Ross Boddy	6/25	Th	5:30-8:30 p.m.	\$250
17 and up	4	Handcrafted Pottery Open Studio	R05093-508	North Potomac	7/7	Tu	10 a.m.-1 p.m.	\$150
17 and up	4	Handcrafted Pottery Open Studio	R05093-509	North Potomac	7/7	Tu	5-8 p.m.	\$150
17 and up	4	Handcrafted Pottery Open Studio	R05093-511	Ross Boddy	7/8	W	5-8 p.m.	\$150
17 and up	4	Handcrafted Pottery Open Studio	R05093-510	North Potomac	7/9	Th	10:30 a.m.-1:30 p.m.	\$150
18 and up	6	Introduction to Pottery	R05093-507	North Potomac	6/25	Th	6-8:45 p.m.	\$220
18 and up	7	Introduction to Pottery, Wheel and Handbuilding	R05093-512	Ross Boddy	6/22	M	5:30-8:30 p.m.	\$315
18 and up	7	Introduction to Pottery, Wheel and Handbuilding	R05093-513	Ross Boddy	6/23	Tu	5:30-8:30 p.m.	\$315
18 and up	6	Introduction to Pottery, Wheel and Handbuilding	R05093-514	Ross Boddy	6/27	Sa	10:30 a.m.-1:30 p.m.	\$270



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CPR, AED AND FIRST AID



Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
13 and up	1	CPR, AED and First Aid	R05032-501	Long Branch	7/11	Sa	10 a.m.-2 p.m.	\$89
16 and up	1	CPR, AED and First Aid	R05032-502	Life Rescue Training	8/22	Sa	10 a.m.-2 p.m.	\$89
16 and up	1	CPR, AED and First Aid	R05032-503	Good Hope	7/25	Sa	10 a.m.-2 p.m.	\$89
Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
10-13	1	Safe Sitter	R05099-504	White Oak	8/8	Sa	10 a.m.-2:30 p.m.	\$145



COMMUNITY PERKS AND PROGRAMS

These programs are offered as our gift to the community at no cost.

CLASSES

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
6-13	7	Vovinam Martial Arts For Kids	R05126-505	Plum Gar	6/22	M	6-7 p.m.	FREE
6-13	7	Vovinam Martial Arts For Kids	R05126-501	Long Branch	6/24	W	6-7 p.m.	FREE
6-13	6	Vovinam Martial Arts For Kids	R05126-503	Long Branch	6/27	Sa	10-11 am	FREE
13 and up	7	Vovinam Martial Arts For Adults	R05126-506	Plum Gar	6/22	M	7-8:30 p.m.	FREE
13 and up	7	Vovinam Martial Arts For Adults	R05126-502	Long Branch	6/24	W	7-8:30 p.m.	FREE
13 and up	6	Vovinam Martial Arts For Adults	R05126-504	Long Branch	6/27	Sa	11 am-Noon	FREE

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DANCE

BALLET

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
4-5	5	Ballet	R05010-501	North Potomac	7/1	W	4:30-5:15 p.m.	\$90
5-6	5	Ballet	R05010-502	North Potomac	7/1	W	5:20-6:05 p.m.	\$90
6-8	5	Ballet	R05010-503	North Potomac	7/1	W	6:15-7:05 p.m.	\$90
7-9	5	Ballet	R05010-504	North Potomac	6/29	M	5:30-6:20 p.m.	\$90

BALLROOM

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
16 and up	6	Ballroom I Couples	R05011-504	Lawton	6/22	M	7-7:55 p.m.	\$66
16 and up	6	Ballroom I Couples	R05011-505	Lawton	6/22	M	8-8:55 p.m.	\$66
16 and up	6	Ballroom I Couples	R05011-501	Wheaton	6/25	Th	7-7:55 p.m.	\$66
16 and up	6	Ballroom II Couples	R05011-502	Wheaton	6/25	Th	8-8:55 p.m.	\$66
16 and up	6	Ballroom III Couples	R05011-503	Coffield	6/23	Tu	7:30-8:30 p.m.	\$66

PLAYTIME AND MOVEMENT

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
3-5	8	Ballet Tap Jazz	R05338-503	North Potomac	6/20	Sa	10:30-11:15 a.m.	\$220
3-5	8	Ballet Tap Jazz	R05338-509	White Oak	6/20	Sa	10:30-11:15 a.m.	\$220
3-5	8	Ballet Tap Jazz	R05338-506	Wisconsin Place	6/20	Sa	10:45-11:30 a.m.	\$220
6-10	8	Pop Stars	R05338-504	North Potomac	6/20	Sa	11:30 a.m.-12:15 p.m.	\$220
6-10	8	Pop Stars	R05338-510	White Oak	6/20	Sa	11:30 a.m.-12:15 p.m.	\$220
6-10	8	Pop Stars	R05338-507	Wisconsin Place	6/20	Sa	11:45 a.m.-12:30 p.m.	\$220
1-3	8	Toddler and Me	R05338-502	North Potomac	6/20	Sa	9:30-10:15 a.m.	\$220
1-3	8	Toddler and Me	R05338-508	White Oak	6/20	Sa	9:30-10:15 a.m.	\$220
1-3	8	Toddler and Me	R05338-505	Wisconsin Place	6/20	Sa	9:45-10:30 a.m.	\$220
3-4	6	Jazzmatazz Preschool Dance	R05010-506	Long Branch	6/27	Sa	10:15-11 a.m.	\$78
5-8	6	Jazzmatazz Pre Ballet	R05010-507	Long Branch	6/27	Sa	11:15 a.m.-12:15 p.m.	\$90

TAP

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	7	Tap Dance I	R05336-501	Lawton	6/25	Th	4:50-5:50 p.m.	\$77
18 and up	7	Tap Dance II	R05336-502	Lawton	6/25	Th	6-7 p.m.	\$77



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FITNESS

AEROBIC DANCE



Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	14	Dance and Fitness	R05035-505	Bauer Drive	6/22	M,W	5-6 p.m.	\$112
18 and up	11	Dance and Fitness	R05035-503	Rock View ES	6/25	Tu,Th	6:30-7:30 p.m.	\$88

PILATES

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
16 and up	7	Jazzmatazz Aerobics with Pilates Mat	R05061-501	Wheaton	6/23	Tu	7:15-8:30 p.m.	\$91
16 and up	14	Jazzmatazz Aerobics with Pilates Mat	R05061-503	Wheaton	6/23	Tu,Th	7:15-8:30 p.m.	\$168
16 and up	7	Jazzmatazz Aerobics with Pilates Mat	R05061-502	Wheaton	6/25	Th	7:15-8:30 p.m.	\$91

ZUMBA

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
16 and up	5	Zumba with Ingrid	R05132-511	Wheaton	7/11	Sa	11 a.m.-Noon	\$50
16 and up	6	Zumba with Michelle	R05132-514	Bauer Drive	6/27	Sa	9:15-10:15 a.m.	\$60
16 and up	6	Zumba with Michelle	R05132-512	Mid-County	6/29	M	6:15-7:15 p.m.	\$60
16 and up	6	Zumba with Michelle	R05132-513	Mid-County	7/1	W	6:15-7:15 p.m.	\$60

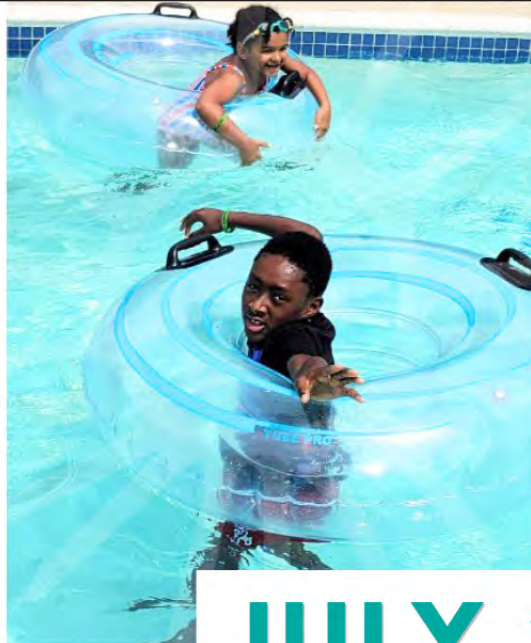


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JULY 2026

THE POWER OF PARKS AND RECREATION



NRPA'S PARK AND RECREATION MONTH



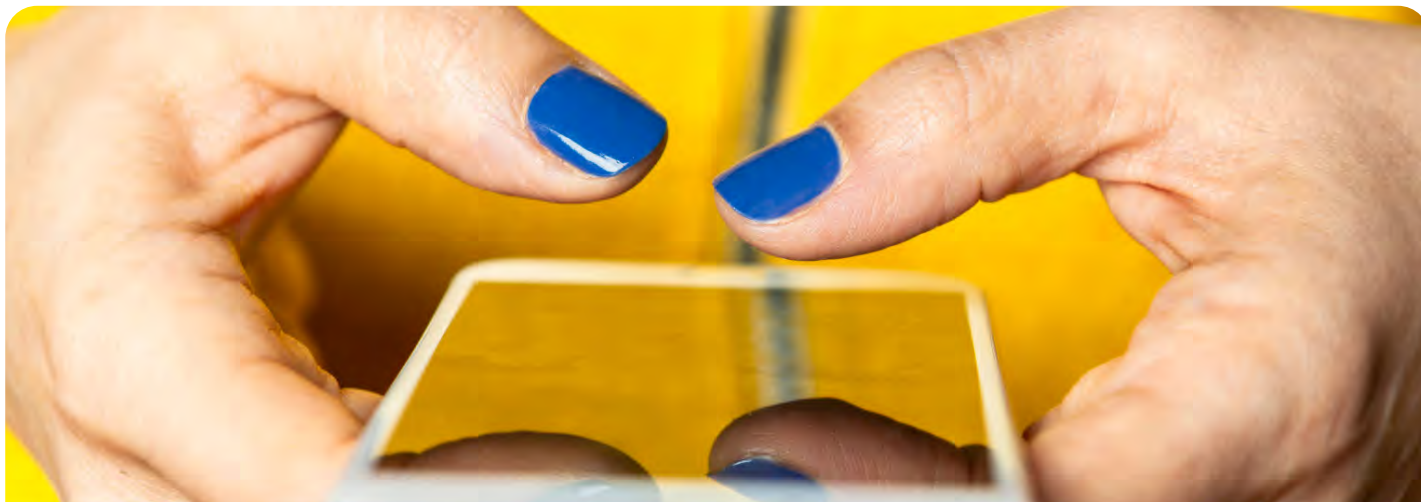


HEALTH AND WELLNESS

YOGA



Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	7	All Levels Yoga (Beginner/Continuing)	R05128-524	Potomac	6/25	Th	5:15-6:15 p.m.	\$126
18 and up	6	Yoga for Vitality	R05128-511	North Potomac	6/30	Tu	9:30-10:30 a.m.	\$78
18 and up	6	Yoga for Vitality	R05128-512	North Potomac	7/2	Th	9:30-10:30 a.m.	\$78
18 and up	7	Yoga I/II with Hannah	R05128-520	Wheaton	6/24	W	7-8 p.m.	\$126
18 and up	7	Yoga I: Restore and Recharge with Hannah	R05128-521	Wheaton	6/22	M	7-8 p.m.	\$126
18 and up	7	Yogalates (Yoga and Pilates)	R05128-501	Wheaton	6/23	Tu	6-7 p.m.	\$77



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FREE

RECFIT PASS

SIGN UP TODAY AND ACCESS



FITNESS ROOMS

OPEN GYM (DROP-IN) ACTIVITIES

GAME ROOMS



MONTGOMERY COUNTY
Recreation



MARTIAL ARTS



AIKIDO

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
12 and up	6	Aikido	R05005-501	Ross Boddy	6/29	M	7-8:30 p.m.	\$54
14 and up	7	Hokkon-ho Budo	R05005-502	Lawton	6/24	W	6-8 p.m.	\$80

KARATE-JUJITSU

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	14	Okinawan Karate	R05357-501	Silver Spring	6/22	M,Th	7-8:30 p.m.	\$140
13 and up	8	TKA Adult Karate	R05070-501	Upper County	6/22	M	8-9:30 p.m.	\$96
13 and up	8	TKA Adult Karate	R05070-502	Wheaton	6/22	M	7:30-9 p.m.	\$96
13 and up	8	TKA Adult Karate	R05070-503	Germantown	6/23	Tu	8-9:30 p.m.	\$96
13 and up	8	TKA Adult Karate	R05070-506	Bauer Drive	6/24	W	8-9:30 p.m.	\$96
13 and up	8	TKA Adult Karate	R05070-505	Damascus	6/24	W	8-9:30 p.m.	\$96
13 and up	8	TKA Adult Karate	R05070-508	Praisner	6/25	Th	7:30-9 p.m.	\$96
13 and up	6	TKA Adult Karate	R05070-509	Bethesda ES	6/25	Th	8-9:30 p.m.	\$72
13 and up	8	TKA Adult Karate	R05070-504	Mid-County	6/30	Tu	7:30-9 p.m.	\$96
13 and up	7	TKA Karate Jujitsu Club	R05070-510	White Oak	6/26	F	7:30-9:30 p.m.	\$45



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MARTIAL ARTS

KARATE-JUJITSU

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
6-12	8	TKA Youth Karate Advanced White Belts and Higher	R05066-516	Wheaton	6/22	M	6:30-7:30 p.m.	\$80
6-12	7	TKA Youth Karate All Levels	R05066-509	Clara Barton	6/24	W	6:30-7:30 p.m.	\$70
6-12	8	TKA Youth Karate All Levels	R05066-513	Praisner	6/25	Th	6:30-7:30 p.m.	\$80
6-12	6	TKA Youth Karate All Levels	R05066-514	Bethesda ES	6/25	Th	7-8 p.m.	\$60
6-12	8	TKA Youth Karate Beginner and Advanced White Belts	R05066-512	Potomac	6/24	W	6-7 p.m.	\$80
6-12	8	TKA Youth karate Beginner through Orange Belts	R05066-506	Mid-County	6/30	Tu	6:30-7:30 p.m.	\$80
6-12	8	TKA Youth Karate Beginner through Orange Belts	R05066-507	Damascus	6/24	W	6-7 p.m.	\$80
6-12	8	TKA Youth Karate Beginner through Orange Belts	R05066-504	Germantown	6/23	Tu	6-7 p.m.	\$80
6-12	8	TKA Youth Karate Beginner through Orange Belts	R05066-501	Upper County	6/22	M	6-7 p.m.	\$80
6-12	8	TKA Youth Karate Beginner through White Belts	R05066-510	Bauer Drive	6/24	W	6-7 p.m.	\$80
6-12	8	TKA Youth Karate Intermediate	R05066-505	Germantown	6/23	Tu	7-8 p.m.	\$80
6-12	8	TKA Youth Karate Intermediate	R05066-511	Bauer Drive	6/24	W	7-8 p.m.	\$80
6-12	8	TKA Youth Karate Intermediate	R05066-508	Damascus	6/24	W	7-8 p.m.	\$80
6-12	8	TKA Youth Karate New Beginners	R05066-503	Wheaton	6/22	M	5:45-6:30 p.m.	\$80
6-12	8	TKA Youth Karate Orange Belt and Higher	R05066-515	Potomac	6/24	W	7-8 p.m.	\$80
6-12	8	TKA Youth Karate Yellow Belt and Higher	R05066-502	Upper County	6/22	M	7-8 p.m.	\$80
6-12	8	TKA Youth karate Yellow Belt and Higher	R05066-517	Mid-County	6/23	Tu	6:30-7:30 p.m.	\$80

SELF-DEFENSE

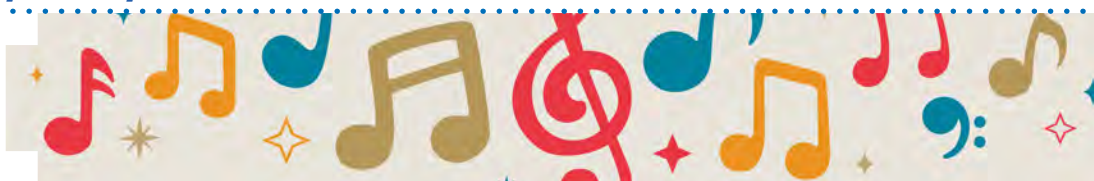
Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
14 and up	13	Practical Self-Defense	R05095-501	Wisconsin Place	6/22	M,Th	7-8 p.m.	\$65


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MUSIC

GUITAR



Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
8-12	7	Beginner Kids Guitar	R05053-503	School of Music	6/26	F	5:30-6:20 p.m.	\$105
5-12	6	Beginner Guitar	R05053-505	Silver Spring	6/26	F	7-8 p.m.	\$169
5-12	7	Beginner Guitar	R05053-506	Mid-County	6/25	Th	7-8 p.m.	\$194
13 and up	7	Beginner Adult Guitar	R05053-502	School of Music	6/22	M	8-8:50 p.m.	\$105
13 and up	7	Intermediate Adult Guitar	R05053-504	School of Music	6/25	Th	8-8:50 p.m.	\$105

PIANO

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
5-12	7	Beginner Piano	R05089-502	Damascus	6/22	M	7-8 p.m.	\$194
5-12	7	Beginner Piano	R05089-501	Bauer Drive	6/24	W	7-8 p.m.	\$194
5-12	6	Beginner Piano	R05089-503	Silver Spring	6/26	F	6-7 p.m.	\$169

PLAYTIME AND MUSIC

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
0-5	6	Instrument Explorers	R05379-502	Silver Spring	6/27	Sa	10-10:50 a.m.	\$150
0-5	6	Instrument Explorers	R05379-503	Silver Spring	6/27	Sa	11-11:50 a.m.	\$150
0-5	6	Music Together	R05085-501	Wheaton	6/25	Th	10:30-11:15 a.m.	\$195
0-5	6	Music Together	R05085-502	Wheaton	6/25	Th	11:30 a.m.-12:15 p.m.	\$195
0-5	6	Music Together	R05085-503	Mid-County	6/27	Sa	10-10:45 a.m.	\$195
0-5	6	Music Together	R05085-504	Mid-County	6/27	Sa	11-11:45 a.m.	\$195
0-5	6	Music Together	R05085-505	Silver Spring	7/11	Sa	9:15-10 a.m.	\$195
0-5	6	Music Together	R05085-506	Silver Spring	7/11	Sa	10:15-11 a.m.	\$195
0-5	6	Music Together	R05085-507	Silver Spring	7/11	Sa	11:15 a.m.-Noon	\$195



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14TH ANNUAL WHITE OAK DAY

SATURDAY
JUNE 6
11 A.M.-3 P.M.

FREE



FOOD



FUN AND GAMES



INFLATABLES



MUSIC



VENDORS



SCAN

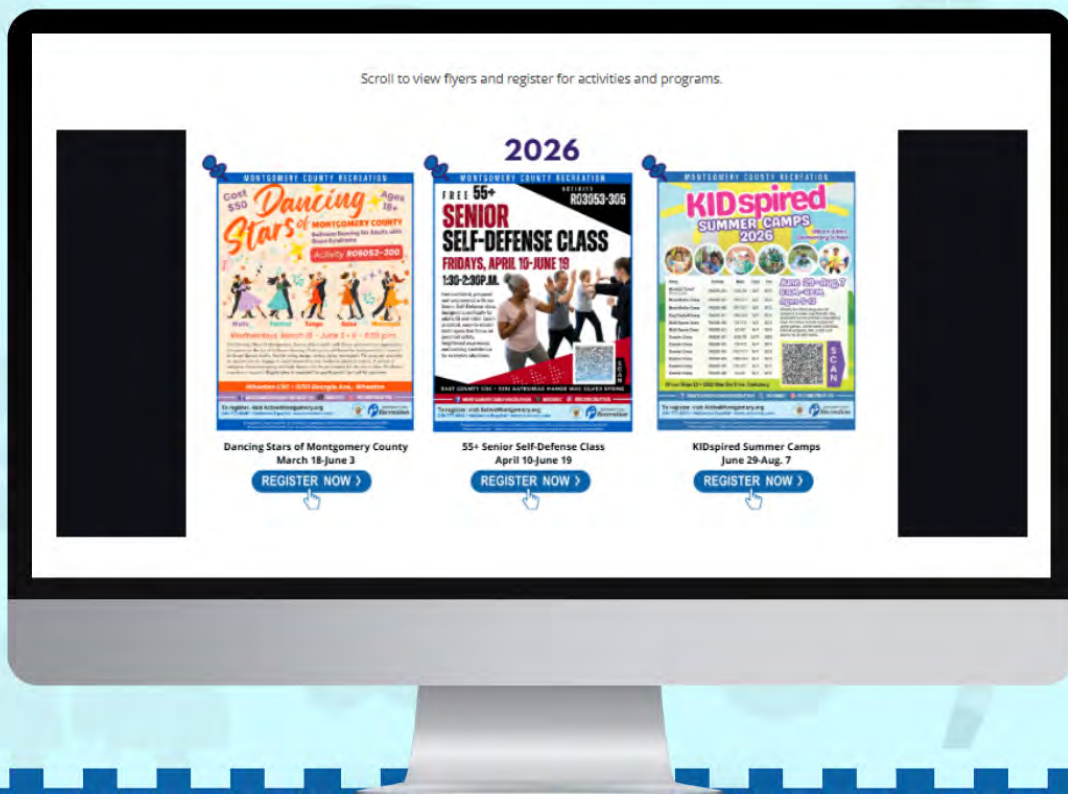
ACTIVITY

White Oak CRC
1700 April Lane, Silver Spring

R03003-910



mocrecom.com/bulletin



- View flyers and register for activities
- Stay up-to-date with Rec
- Access online 24/7

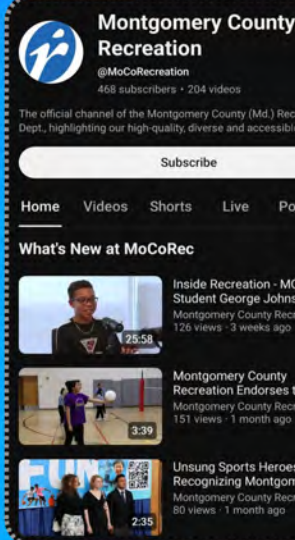
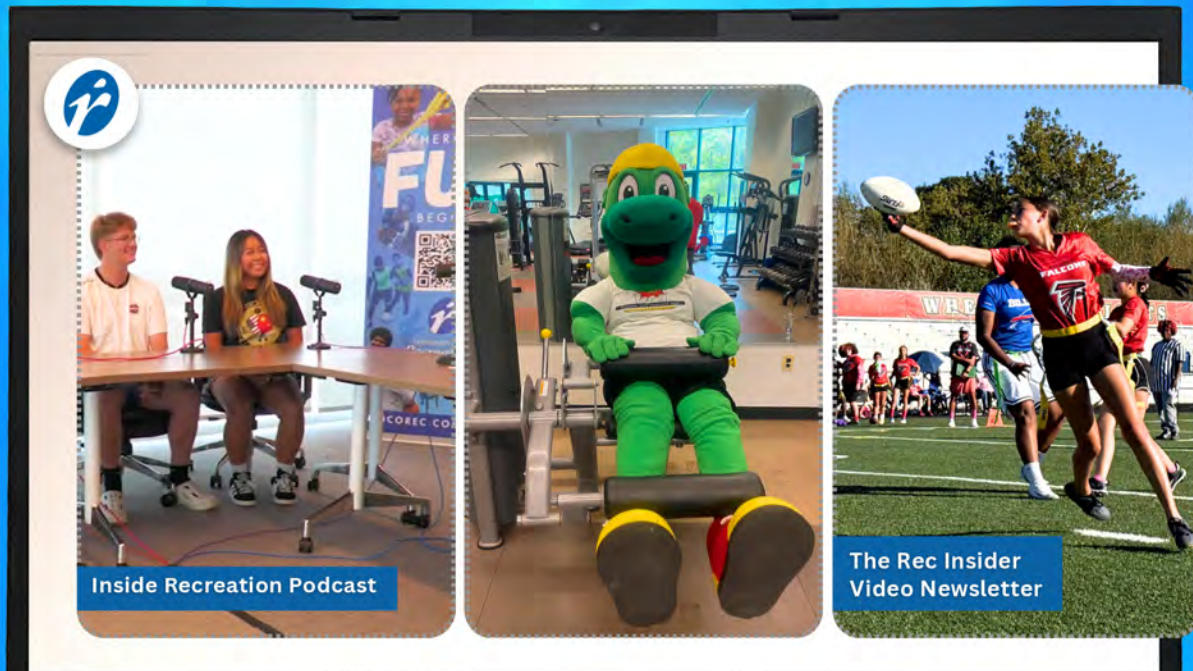


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MONTGOMERY COUNTY
Recreation



SPORTS

BADMINTON

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
9 and up	6	Badminton Beginner/ Adv. Beginner	R05008-501	Bauer Drive	6/27	Sa	9:30-10:30 a.m.	\$90
9 and up	6	Badminton Beginner/ Adv. Beginner	R05008-503	Bauer Drive	6/27	Sa	12:45-1:45 p.m.	\$140
10 and up	6	Badminton Intermediate	R05008-502	Bauer Drive	6/27	Sa	10:30 a.m.-12:30 p.m.	\$140

MULTI-SPORTS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
4-8	5	Coach Doug Seasonal Sports	R05025-508	Singer ES	6/20	Sa	11-11:45 a.m.	\$72
3-6	5	Coach Doug Wee Wanna Be	R05025-505	Singer ES	6/20	Sa	9:30-10:15 a.m.	\$72
3-6	5	Coach Doug Wee Wanna Be	R05025-506	Singer ES	6/20	Sa	10:15-11 a.m.	\$72
3-6	8	Coach Doug Wee Wanna Be	R05025-501	Potomac	6/21	Su	10:15-11 a.m.	\$115
3-6	8	Coach Doug Wee Wanna Be	R05025-502	Potomac	6/21	Su	9:30-10:15 a.m.	\$115



QUESTIONS?

CONTACT

CUSTOMER SERVICE

Call customer service
or send an email.

240-777-6840



RECREATION.CUSTOMERSERVICE
@MONTGOMERYCOUNTYMD.GOV



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SPORTS

PICKLEBALL CLASSES AND CLINICS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	3	Advance Beginner/Interm. Skills and Drills	R05262-507	Ross Boddy	6/16	Tu	6:10-7:15 pm	\$60
18 and up	3	Advance Beginner/Interm. Skills and Drills	R05262-508	Ross Boddy	7/14	Tu	6:10-7:15 pm	\$60
3-6	4	Pickleball Paradise	R05261-511	North Potomac	6/22	M	5-6 p.m.	\$92
3-6	4	Pickleball Paradise	R05261-514	North Potomac	6/24	W	5-6 p.m.	\$92
7-10	4	Pickleball Palooza	R05261-512	North Potomac	6/22	M	6-7 p.m.	\$92
7-10	4	Pickleball Palooza	R05261-515	North Potomac	6/24	W	6-7 p.m.	\$92

SOCCER

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
3-7	5	Coach Doug Soccer	R05025-507	Singer ES	6/20	Sa	11:45 a.m.-12:30 p.m.	\$72
3-7	8	Coach Doug Soccer	R05025-503	Tilden Woods LP	6/25	Th	5-5:45 p.m.	\$115

IMPORTANT
CLOSURE NOTICE

Montgomery County Recreation
centers will be closed on:

June 19
July 3
July 4

WWW.MOCOREC.COM



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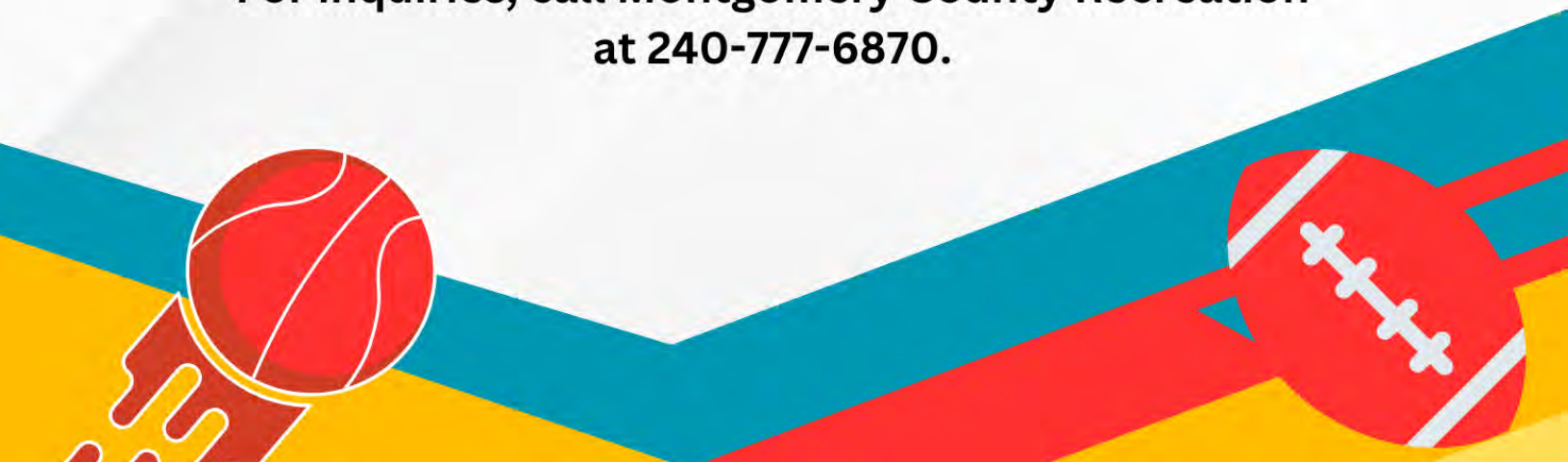


WE'RE LOOKING FOR YOU!

YOUTH ***SPORTS*** ***COACHES***

NOW RECRUITING!

For inquiries, call Montgomery County Recreation
at 240-777-6870.





SPORTS LEAGUES

BASKETBALL

Adult - Ages 18 and up

Activity	League Division	Location	# of Games	Start Date	Day(s)	Time	Fee
R05013-101	Women's Basketball League	Wood MS	6 + 1 playoff	9/20	Sa	9 a.m.-2 p.m.	\$135
R05013-104	Women's Drop-In Basketball	Bauer Drive	10 weeks	9/20	Su	10 a.m.- Noon	\$110
R05013-105	Women's Drop-In Basketball	Bauer Drive	5 weeks	9/20	Su	10 a.m.- Noon	\$55
R05013-106	Women's Drop-In Basketball	Bauer Drive	5 weeks	9/25	Su	10 a.m.- Noon	\$55
R05232-101	Men's Fall Basketball League	Bauer Drive	9 weeks	9/20	Su	3-9:30 p.m.	\$725

NFL FLAG FOOTBALL LEAGUE

Youth - Ages 6-14

Activity	# of Games	League Division	Location	Ages	Start Date	Day(s)	Time	Fee
R05287-106	6	8U - Free Agent	Damascus	6-8	9/13	Su	8 a.m.-5 p.m.	\$60
R05287-101	6	8U - Free Agent	Kennedy HS	6-8	9/13	Su	8 a.m.-5 p.m.	\$60
R05287-102	6	10U - Free Agent	Kennedy HS	9-10	9/13	Su	8 a.m.-5 p.m.	\$60
R05287-107	6	11U - Free Agent	Damascus	9-11	9/13	Su	8 a.m.-5 p.m.	\$60
R05287-103	6	12U - Free Agent	Wheaton HS	11-12	9/13	Su	8 a.m.-5 p.m.	\$60
R05287-105	6	14U Girls - Free Agent	Wheaton HS	12-14	9/13	Su	8 a.m.-5 p.m.	\$60
R05287-108	6	14U - Free Agent	Damascus	12-14	9/13	Su	8 a.m.-5 p.m.	\$60
R05287-104	6	14U - Free Agent	Wheaton HS	13-14	9/13	Su	8 a.m.-5 p.m.	\$60

PICKLEBALL

Adult - Ages 18 and up

Activity	# of Games	League Division	Location	Start Date	Day(s)	Time	Fee
R05384-301	6	Ladder League	Silver Spring	6/1	M	7-8:30 p.m.	\$65
R05314-302	6	Ladder League Beginner 20-25	Longwood	6/11	Th	6-9:30 p.m.	\$65
R05310-302	6	Ladder League Beginner 20-25	Bauer Drive	6/15	M	6-10 p.m.	\$65
R05315-302	6	Ladder League Intermediate 25-30	Longwood	6/11	Th	6-9:30 p.m.	\$65
R05311-302	6	Ladder League Intermediate 25-30	Bauer Drive	6/15	M	6-10 p.m.	\$65
R05316-302	6	Ladder League Expert 30-35	Longwood	6/11	Th	6-9:30 p.m.	\$65
R05312-302	6	Ladder League Expert 30-35	Bauer Drive	6/15	M	6-10 p.m.	\$65


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SPORTS LEAGUES

SOCCER

Adults - Ages 18 and up

Activity	# of Weeks	League Division	Location	Ages	Start Date	Day(s)	Time	Fee
R05282-101	8	Men's 18+	TBD	18-120	9/6	Su	9 a.m.-5 p.m.	\$1299
R05282-102	8	Men's 18+ Free Agent Pool	TBD	18-120	9/6	Su	9 a.m.-6 p.m.	FREE
R05276-101	8	Men's 40+	Ridge Road RP	40-120	9/6	Su	Noon-9 p.m.	\$1350
R05276-102	8	Men's 40+ Free Agent Pool	Ridge Road RP	39-120	9/6	Su	Noon-9 p.m.	FREE
R05349-102	8	Men's 55 + Free Agent	TBD	54-120	9/5	Sa	9 a.m.-6 p.m.	FREE
R05349-101	8	Men's 55+	TBD	55-120	9/5	Sa	9 a.m.-6 p.m.	\$1125
R05281-101	8	Men's 65+ League	North Potomac	65-120	9/6	Su	9 a.m.-1 p.m.	\$962
R05281-102	8	Men's 65+ League Free Agent	North Potomac	65-120	9/6	Su	9 a.m.-1 p.m.	FREE
R05285-101	8	Women's 25+	North Potomac	23-120	9/5	Sa	9:15 a.m.-5 p.m.	\$962
R05285-102	8	Women's 25+ Free Agent	North Potomac	25-99	9/5	Sa	9 a.m.-5:30 p.m.	FREE
R05286-102	8	Women's 40 + Free Agent	Laytonia RP	39-99	9/2	W	6:30-10:30 p.m.	FREE
R05286-101	8	Women's League 40+	Laytonia RP	40-120	9/2	W	6:30-10:30 p.m.	\$1299

SOFTBALL

Adults - Ages 18 and up

Activity	# of Games	League Division	Location	Start Date	Day(s)	Time	Fee
R05237-101	12	Men's C/D & D	Olney Manor RP	9/2	W	6-10:30 p.m.	\$1,020
R05240-101	12	Men's C/D & D	Olney Manor RP	9/3	Th	6-10:30 p.m.	\$1,020
R05242-101	12	Men's C/D & D	Cabin John RP	9/3	Th	6-10:30 p.m.	\$1,020
R05325-101	12	Men's C/D & D	Cabin John RP	9/6	Su	9 a.m.-Noon	\$1,020
R05245-101	12	Co-Rec DH	Cabin John RP	9/7	M	6-10:30 p.m.	\$1,020
R05246-101	12	Co-Rec DH	Cabin John RP	9/2	W	6-10:30 p.m.	\$1,020
R05248-101	12	Co-Rec DH	Ridge Rd	9/3	Th	6-10:30 p.m.	\$1,020
R05251-101	12	Senior Men's 55+ Th	Olney Manor RP	9/3	Th	6-10:30 p.m.	\$1,020
R05252-101	12	Senior Men's 50+ Tu	Olney Manor RP	9/8	Tu	6-10:30 p.m.	\$1,020
R05236-102	12	Men's Free Agent Sign Up 50+	TBD	N/A	M-Th	6-10:30 p.m.	FREE



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SPORTS LEAGUES

VOLLEYBALL

Youth - Ages 10-17

Activity	# of Games	League Division	Location	Ages	Start Date	Day(s)	Time	Fee
R05319-503	5	Hertime2shine 10-11 Co-ed	East County	10-11	7/11	Su	1-3 p.m.	\$80
R05319-502	5	Hertime2shine 12-13 Co-ed	Plum Gar	12-13	7/11	Sa	10 a.m.-6 p.m.	\$80
R05319-501	5	Hertime2shine 14-17 Girls Only	East County	14-17	7/11	Sa	3-9 p.m.	\$80
R05319-509	5	Hertime2shine 14-17 Co-ed	Mid-County	14-17	7/12	Sa	10 a.m.-6 p.m.	\$80

Adult - Ages 18 and up

Activity	# of Games	League Division	Location	Ages	Start Date	Day(s)	Time	Fee
R05255-103	8	Co-Ed Intermediate	Silver Spring	18 and up	9/27	Su	9 a.m.-5 p.m.	\$460
R05255-104	8	Co-Ed Intermediate Free Agent	Silver Spring	18 and up	9/27	Su	9 a.m.-5 p.m.	\$75
R05255-101	8	Co-Ed Advanced	Silver Spring	18 and up	9/27	Su	9 a.m.-5 p.m.	\$460
R05255-102	8	Co-Ed Advanced Free Agent	Silver Spring	18 and up	9/27	Su	9 a.m.-5 p.m.	\$75



MONTGOMERY COUNTY RECREATION

REC REFEREES
& SCOREKEEPERS WANTED

2026

The Recreation Department is seeking officials for the **2026** season.For more information, contact
Rec.Sports@montgomerycountymd.gov.

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THERAPEUTIC RECREATION

Programs for Individuals with Disabilities

ART

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
15 and up	3	Paint	R06009-400	Germantown	7/11	Sa	1:30-2:15 p.m.	\$15
6-14	3	Paint and Punch	R06020-400	Germantown	7/11	Sa	12:30-1:15 p.m.	FREE



ADAPTED SWIM LESSONS

Montgomery County Recreation offers swim lessons for individuals with disabilities.

[VIEW ADAPTED SWIM LESSONS](#)

THE REC INSIDER



SIGN UP

FOR OUR NEWSLETTER TODAY!



WE SUPPORT ACCESSIBILITY

Individuals with disabilities are encouraged to register for MCR programs. Early notification allows us time to put accommodations in place.

For more info, email:

rec.inclusion@montgomerycountymd.gov

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THERAPEUTIC RECREATION

Programs for Individuals with Disabilities

DANCE, FITNESS AND WELLNESS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
11 and up	6	Zam Dance	R06030-501	Bauer Drive	6/30	Tu	6:15-7:15 p.m.	\$30
11 and up	6	Zam Dance	R06030-502	North Potomac	7/2	Th	6:15-7:15 p.m.	\$30
15 and up	6	Zumba	R06025-501	Germantown	6/30	Tu	7-7:50 p.m.	\$30

SPORTS

Ages	Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
6-14	2	Kickin' Kickball	R06020-402	Germantown	7/19	Su	10:30-11:15 a.m.	\$10
15 and up	2	Kickin' Kickball	R06020-403	Germantown	7/19	Su	11:15 a.m.-Noon	\$10
12-21	6	Pickleball Skills and Drills (Outdoor)	R06042-501	Potomac	6/13	Sa	11-11:50 a.m.	\$30
22 and up	6	Pickleball Skills and Drills (Outdoor)	R06042-502	Potomac	6/13	Sa	Noon-12:50 p.m.	\$30
6-14	5	Seasonal Sports Skills	R06019-501	Singer ES	6/20	Sa	12:30-1:15 p.m.	\$25
15 and up	6	Seasonal Sports Skills	R06019-502	Potomac	6/21	Su	11-11:45 a.m.	\$30
13-21	6	Tennis	R06049-501	Layhill Village LP	7/12	Su	Noon-12:50 p.m.	\$30
8-12	6	Tennis	R06049-502	Layhill Village LP	7/12	Su	11-11:50 a.m.	\$30

ENJOY RECREATION WITHOUT BARRIERS

Montgomery County Recreation's Therapeutic Recreation (TR) programs offer a wide range of activities and events for individuals with disabilities and their families to enjoy throughout the year.



WATCH THE VIDEO

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SPECIAL EVENTS



Join us this summer for various special events designed for individuals with disabilities.

Adults

Ages	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
18 and up	Saturday Night Social - Aloha Dance	R06014-302	Germantown	5/30	Sa	6-9 p.m.	\$10
18 and up	Saturday Night Social - Backyard BBQ	R06006-303	Good Hope	6/20	Sa	1-4 p.m.	\$10
21 and up	Day Trip - Sightseeing Washington D.C.	R06050-401	Olney Manor RP	6/9	Tu	9 a.m.-3 p.m.	\$20
21 and up	Day Trip - Naval Academy Visitors Center	R06050-403	Olney Manor RP	7/14	Tu	9 a.m.-3 p.m.	\$20
18 and up	Saturday Night Social - Red, White and Blue Dance	R06014-501	Bauer Drive	7/25	Sa	6-9 p.m.	\$10

Family

Ages	Class Title	Activity	Location	Start Date	Day(s)	Time	Fee
2 and up	Family Swim Party	R06010-501	UCOP	7/12	Su	Noon-3 p.m.	\$10
2 and up	Family Swim Party	R06010-502	MLKOP	8/15	Sa	4:30-7 p.m.	\$10


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THERAPEUTIC RECREATION

SUMMER FUN

Join us this summer for various activities and events
for individuals with disabilities.



SCAN



Register on ActiveMONTGOMERY.org





55+ PROGRAMS

All 55+ programs are free unless noted otherwise.



ARTS AND CRAFTS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
3	Card Making	R07095-525	Schweinhaut	6/13	Sa	9:30 a.m.-2:30 p.m.
26	Ceramic Class	R07098-501	Schweinhaut	6/2	Tu,Th	9:30 a.m.-1 p.m.
12	Drawing Club	R07052-511	Damascus	6/3	W	2-3:30 p.m.
13	Fun with Art	R07052-502	Schweinhaut	6/3	W	10 a.m.-Noon
2	Illustration and Watercolor	R07095-506	North Potomac	6/4	Th	10 a.m.-Noon
12	Jewelry Club (Non-Instructional)	R07117-503	Wheaton	6/4	Th	1-2:30 p.m.
6	Origami Class	R07096-501	Schweinhaut	6/9	Tu	10 a.m.-Noon
12	Painting Club	R07095-518	Wheaton	6/5	F	11 a.m.-12:30 p.m.
12	Paper Crafting Club	R07053-580	Damascus	6/3	W	10 a.m.-Noon
4	Watercolor Painting	R07052-508	Long Branch	6/2	Tu	1:30-2:30 p.m.

KNIT, CROCHET AND MORE

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Knit and Crochet Group	R07003-506	North Potomac	6/2	Tu	1-3 p.m.
12	Knitting for Beginners	R07003-508	Long Branch	6/3	W	1-2 p.m.
12	Needlecraft Club	R07053-520	Damascus	6/4	Th	10:30 a.m.-12:30 p.m.
11	Needlecraft, Crochet and Sewing Club	R07053-503	Silver Spring	6/5	F	2-4 p.m.
27	Needles and Yarn	R07003-502	Wheaton	6/1	M,Tu	1-3 p.m.
13	Quilting Club	R07053-521	Damascus	6/1	M	10 a.m.-Noon
11	Sewing for Beginners*	R07095-530	Silver Spring	6/6	Sa	10 a.m.-Noon
13	Stitchers Corner	R07003-504	Schweinhaut	6/3	W	1-3 p.m.

*This activity has a fee.

PERFORMANCE ARTS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Readers' Theater	R07056-504	Damascus	6/1	M	2:30-3:30 p.m.
6	Seasoned Players	R07056-502	Schweinhaut	6/3	W	1:30-3:30 p.m.

COOKING

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
4	Cooking: Vegetable Cookery	R07048-501	Silver Spring	6/2	Tu	12:30-2:30 p.m.
4	Cooking: Desserts and Sweet Treats	R07048-502	Silver Spring	7/7	Tu	12:30-2:30 p.m.



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DANCE

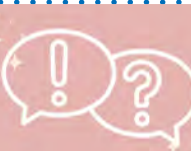
Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Ballet	R07012-506	Wheaton	6/2	Tu	1:30-2:30 p.m.
12	Ballet	R07012-505	Wheaton	6/3	W	2:15-3:15 p.m.
11	Beginner Ballet	R07012-536	Silver Spring	6/3	W	10-11 a.m.
13	Ballroom Dance	R07050-504	Schweinhaut	6/3	W	12-1 p.m.
7	Ballroom Dance	R07057-501	North Potomac	7/8	W	4-6 p.m.
10	Ballroom Dance (non-instructional)	R07129-511	Damascus	6/4	Th	1-2:30 p.m.
11	Beginner Modern Line Dance	R07013-506	White Oak	6/5	F	1-2 p.m.
3	Beginner Soul Line Dance	R07005-501	White Oak	8/3	M	10:15-11:15 a.m.
12	Cardio Dance Fitness	R07012-502	Wheaton	6/3	W	9:05-9:55 a.m.
7	Chinese Classical Folk Dance	R07009-511	North Potomac	7/7	Tu	1-2:30 p.m.
12	Chinese Dance and Fitness	R07012-508	Wheaton	6/3	W	9-10:45 a.m.
5	Chinese Folk Dance	R07009-521	Long Branch	6/1	M	10:30-11:30 a.m.
12	Chinese Folk Dance	R07012-507	Wheaton	6/1	M	1-2 p.m.
12	Chinese Folk Dance	R07009-507	White Oak	6/2	Tu	10:30 a.m.-Noon
7	Chinese Folk Dance	R07009-509	North Potomac	7/8	W	1-2 p.m.
5	Chinese Line Dance	R07005-509	Long Branch	6/1	M	9:30-10:30 a.m.
14	Dance Fitness	R07012-533	Schweinhaut	6/1	M	9:30-10:30 a.m.
8	Dance for Posture and Elegance (Mandarin)	R07009-506	North Potomac	7/2	Th	1-3 p.m.
11	Dance with Me!	R07011-514	Wheaton	6/15	M	9:05-9:55 a.m.
6	Grooves and Moves Dance Fitness	R07012-541	Silver Spring	6/4	Th	2-3 p.m.
7	International Folk Dance Instruction	R07009-520	North Potomac	7/10	F	12:15-1:15 p.m.
4	Jazz Dance	R07012-546	Silver Spring	6/5	F	2-3 p.m.
12	Line Dance	R07011-508	Schweinhaut	6/6	Sa	10:30 a.m.-Noon
7	Martial Arts Health Dance	R07010-502	North Potomac	7/11	Sa	9:30-11 a.m.
12	Sacred Circle Dance	R07012-504	Wheaton	6/3	W	3:05-4:35 p.m.
12	Soul Line Dance	R07005-500	White Oak	6/4	Th	10:15-11:15 a.m.
3	Soul Line Dance Party	R07005-503	White Oak	6/5	F	6-9 p.m.
12	Superpower Dance Circle	R07012-540	Long Branch	6/2	Tu	10-11 a.m.
12	Superpower Dance Circle	R07012-503	Wheaton	6/3	W	11-11:45 a.m.
13	Superpower Dance Circle	R07012-545	Schweinhaut	6/3	W	9-10 a.m.
12	Superpower Dance Circle	R07012-525	White Oak	6/4	Th	12:45-1:45 p.m.
11	Superpower Dance Circle	R07012-532	Silver Spring	6/6	Sa	11 a.m.-Noon
11	Tap Dance	R07007-522	Damascus	6/1	M	11 a.m.-12:30 p.m.
12	Yuan Chi Dance	R07012-537	Wheaton	6/1	M	2:30-4 p.m.



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EDUCATIONAL DISCUSSIONS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
3	Book Club	R07065-502	Long Branch	6/23	Tu	2-3 p.m.
3	Book Discussion	R07065-504	Virtual Class	6/9	Tu	1-2:30 p.m.
11	Brewing Healthy Relationships	R07111-506	Schweinhaut	6/5	F	10:30 a.m.-Noon
3	Chat with the Senior Center Director	R07314-502	North Potomac	6/10	W	10:30-11:15 a.m.
3	Chat with the Senior Center Director	R07314-501	Wheaton	6/30	Tu	1-2 p.m.
3	Coffee and Conversation with Staff	R07092-505	Schweinhaut	6/18	Th	9:30-10:15 a.m.
58	Coffee Social	R07092-518	Damascus	6/1	M-F	9-11 a.m.
59	Coffee Social	R07092-519	Long Branch	6/1	M-F	9-10:30 a.m.
12	Coping with Change	R07076-508	Damascus	6/4	Th	11 a.m.-Noon
10	Coping with Change	R07076-509	North Potomac	6/5	F	10-11 a.m.
12	Current Events Discussion	R07063-504	North Potomac	6/4	Th	10-11:30 a.m.
12	Jai Ho Discussion and Social Group	R07078-501	North Potomac	6/1	M	11:30 a.m.-1 p.m.
11	Morning Chat and Chew	R07063-502	White Oak	6/3	W	9:30-10:30 a.m.
3	Reader's Delight Book Club	R07078-500	White Oak	6/2	Tu	10:30-11:30 a.m.
8	Real-Talk Circle	R07028-506	Silver Spring	6/2	Tu	12:30-2 p.m.
12	Senior Circle	R07076-500	White Oak	6/1	M	10:30-11:30 a.m.
3	Socialize and Snacks	R07117-509	North Potomac	6/17	W	10:30-11:30 a.m.
12	Spiritual Support	R07111-500	White Oak	6/2	Tu	10 a.m.-Noon
4	Vietnamese Discussion Group	R07111-502	Long Branch	6/5	F	10 a.m.-12:30 p.m.
8	Wellness Matters	R07028-528	Silver Spring	6/2	Tu	9-10:30 a.m.

REGISTRATION NOTICE



Registering In Person?

If registering in person,
you can only register for up to two
ActiveMONTGOMERY households at a time.

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EDUCATIONAL

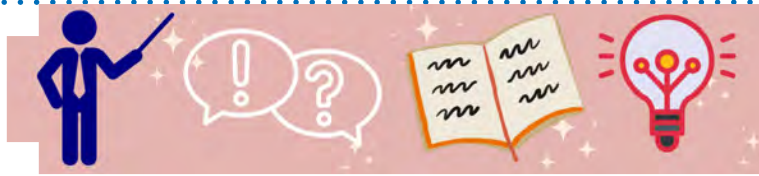
LANGUAGE

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Beginners English	R07118-502	Wheaton	6/5	F	11 a.m.-Noon
11	English Conversation for Mandarin Speakers	R07021-509	North Potomac	6/8	M	9:15-10:15 a.m.
27	English Conversation Group	R07021-508	Schweinhaut	6/1	M,Th	1-2:30 p.m.
11	French Conversation	R07019-502	Schweinhaut	6/13	Sa	10:30 a.m.-Noon
12	French Conversation and Culture - Beginners	R07019-503	North Potomac	6/1	M	12:15-1:15 p.m.
13	Beginner Italian Class	R07021-504	Schweinhaut	6/3	W	1-2 p.m.
13	Intermediate Italian Class	R07021-506	Schweinhaut	6/3	W	2-3 p.m.
13	Beginners Spanish	R07118-501	Wheaton	6/1	M	10-11 a.m.
9	Beginner Spanish Conversation Group	R07015-515	White Oak	6/3	W	9:45-10:45 a.m.
12	Conversational Spanish	R07015-502	Wheaton	6/5	F	10-11 a.m.
13	Intermediate Spanish	R07118-503	Wheaton	6/2	Tu	10-11 a.m.
13	Spanish Class Level I	R07015-504	Schweinhaut	6/4	Th	9:30-10:30 a.m.
13	Spanish Class Level II	R07015-508	Schweinhaut	6/3	W	10:30-11:30 a.m.
14	Spanish Class Level III	R07015-509	Schweinhaut	6/1	M	11 a.m.-Noon
13	Spanish Class Level IV	R07015-514	Schweinhaut	6/4	Th	10:30-11:30 a.m.

TECHNOLOGY

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
10	Introduction to Virtual Reality	R07313-507	Long Branch	6/5	F	2-3 p.m.
2	Technology Help	R03060-500	Lawton	7/9	Th	10 a.m.-4 p.m.
12	Tech Tutoring	R07084-517	Long Branch	6/2	Tu	Noon-1 p.m.
10	Tech Tutoring	R07084-518	Long Branch	6/5	F	3-4 p.m.
5	Virtual Reality Session with Meta Quest 3	R07313-504	North Potomac	6/1	M	10:30-11:30 a.m.
4	Virtual Reality Session with Meta Quest 3	R07313-506	North Potomac	7/29	W	12:30-1:30 p.m.


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EDUCATIONAL

WORKSHOP OR SPEAKER SERIES

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	12 Weeks To A Sharper You	R07028-550	White Oak	6/1	M	1:45-3 p.m.
26	Nutrition 101	R07024-503	Schweinhaut	6/2	Tu,Th	1:30-2:30 p.m.
4	Senior Planet Lecture Series	R07105-520	North Potomac	6/4	Th	10:15-11:15 a.m.

WRITING

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Memoir Writing for Beginners	R07058-503	Wheaton	6/3	W	10-11:30 a.m.
8	Memoir Writing for Beginners	R07058-506	Silver Spring	6/4	Th	1-2:30 p.m.
6	Writer's Group	R07058-505	Schweinhaut	6/2	Tu	10 a.m.-Noon
9	Writing Group	R07058-501	Holiday Park	6/26	F	10-11:30 a.m.



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FITNESS

LOW IMPACT

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Balance and Mobility	R07039-512	Silver Spring	6/2	Tu	3-4 p.m.
13	Balance Boom	R07039-515	Silver Spring	6/1	M	10:15-11:15 a.m.
5	Basic Functional Balance Exercise	R07030-500	Schweinhaut	6/5	F	9:30-10:30 a.m.
10	Chairobics	R07066-513	Damascus	6/2	Tu	10-10:45 a.m.
10	Chairobics	R07066-514	Damascus	6/3	W	10-10:45 a.m.
10	Chairobics	R07066-515	Damascus	6/4	Th	10-10:45 a.m.
8	Chairobics	R07066-516	Damascus	6/5	F	10-10:45 a.m.
11	Fitness Boot Camp	R07039-513	Silver Spring	6/6	Sa	9:30-10:30 a.m.
12	Full Body Workout	R07041-504	Wheaton	6/2	Tu	9:05-9:55 a.m.
4	Heart Plus Exercise	R07041-505	North Potomac	6/2	Tu	3:30-4:30 p.m.
4	Heart Plus Exercise	R07041-507	North Potomac	6/4	Th	3:30-4:30 p.m.
7	Heart Plus Exercise	R07041-508	North Potomac	7/7	Tu	3:30-4:30 p.m.
8	Heart Plus Exercise	R07041-509	North Potomac	7/2	Th	3:30-4:30 p.m.
3	Low Impact Exercise	R07060-512	Schweinhaut	6/12	F	9:30-10:30 a.m.
23	Low Impact Exercise Video	R07060-520	White Oak	6/4	Th & F	10:30 a.m.-Noon
10	Muscle UP!	R07039-514	Silver Spring	6/7	Su	1-2 p.m.
10	Muscle UP!	R07030-501	Wheaton	6/26	F	1:30-2:30 p.m.
24	SAIL Fitness	R07039-526	Long Branch	6/1	M,W	3-4 p.m.
10	Sit and Be Fit	R07039-517	Silver Spring	6/5	F	1-2 p.m.

STRENGTH TRAINING

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
1	Fitness Room Orientation	R07060-531	Damascus	6/8	M	11 a.m.-Noon
1	Fitness Room Orientation	R07060-532	Damascus	7/13	M	11 a.m.-Noon
1	Fitness Room Orientation	R07060-533	Damascus	8/10	M	11 a.m.-Noon
12	Kickboxing	R07060-535	White Oak	6/1	M	10:15-11:15 a.m.
2	Kickboxing Class	R07060-513	Schweinhaut	6/19	F	9:30-10:30 a.m.
11	Strength, Mobility and Balance	R07060-518	Long Branch	6/3	W	11-11:45 a.m.
11	Strength with Resistance Bands	R07060-592	Damascus	6/1	M	11-11:45 a.m.


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FITNESS



WALKING

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Trail Walking Club	R07035-522	Damascus	6/3	W	9:15-10:15 a.m.
5	Walking and Plogging Together	R07036-510	North Potomac	7/2	Th	10:30-11:15 a.m.
13	Walking Club	R07035-510	Wheaton	6/3	W	9:30-10:30 a.m.
10	Walking Club	R07035-513	North Potomac	6/8	M	9:45-10:15 a.m.
12	Walking Club	R07035-514	Long Branch	6/3	W	9:30-10:30 a.m.
12	Walking Club	R07035-521	Damascus	6/2	Tu	10-10:45 a.m.
12	Walking Club: Walk To the Beat	R07035-525	White Oak	6/3	W	2-2:45 p.m.



SENIOR OPEN GYM

Montgomery County Recreation offers open gym sports at various locations.



[SEARCH OPEN GYM SESSIONS](#)



**WEBSITE TIP:
NEW CALENDAR LAYOUT**

Select "Open Gym" to view activities.

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FITNESS

ZUMBA

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Zumba	R07070-502	Wheaton	6/2	Tu	11-11:45 a.m.
12	Zumba	R07070-515	Long Branch	6/2	Tu	2-3 p.m.
8	Zumba	R07070-524	Damascus	6/2	Tu	11 a.m.-Noon
24	Zumba	R07071-500	White Oak	6/2	Tu,Th	9:05-10:05 a.m.
4	Zumba	R07070-514	North Potomac	6/3	W	9:15-10:15 a.m.
12	Zumba	R07070-503	Wheaton	6/4	Th	11-11:45 a.m.
12	Zumba	R07070-512	Silver Spring	6/11	Th	6:30-7:30 p.m.
10	Zumba	R07070-507	Wheaton	6/26	F	9:45-10:45 a.m.
7	Zumba	R07070-519	North Potomac	7/8	W	9:15-10:15 a.m.
13	Zumba Gold	R07070-508	Wheaton	6/1	M	1:30-2:30 p.m.
11	Zumba Gold	R07071-504	Silver Spring	6/5	F	10-11 a.m.
7	Zumba Gold	R07070-575	Damascus	6/25	Th	5-6 p.m.
5	Zumba Video	R07070-509	North Potomac	6/2	Tu	9:15-10 a.m.
4	Zumba Video	R07070-516	North Potomac	6/4	Th	9:15-10 a.m.
8	Zumba Video	R07070-517	North Potomac	7/2	Th	9:15-10 a.m.
7	Zumba Video	R07070-529	North Potomac	7/7	Tu	9:15-10 a.m.

55+ PROGRAMS


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SOAR AND DAYTRIPPERS


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GAMES



Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
27	American Mah Jongg	R07047-502	Wheaton	6/1	M,W	1-4 p.m.
12	American Mah Jongg	R07047-511	North Potomac	6/1	M	10 a.m.-Noon
12	American Mah Jongg	R07047-505	North Potomac	6/4	Th	1-4 p.m.
12	American Mah Jongg Club	R07047-508	Damascus	6/2	Tu	11 a.m.-3 p.m.
9	American Mah Jongg Club	R03054-500	Lawton	6/25	Th	1-3:30 p.m.
3	American Mah Jongg Lessons	R07047-513	North Potomac	6/2	Tu	1-3 p.m.
12	Bid Whist	R07112-500	White Oak	6/4	Th	12-4 p.m.
13	Billiard Lessons for Ladies	R07103-511	Schweinhaut	6/2	Tu	11 a.m.-Noon
13	Billiard Lessons for Ladies	R07103-512	Schweinhaut	6/2	Tu	10-11 a.m.
27	Bingo	R07085-502	Schweinhaut	6/1	M,Th	10:30-11:30 a.m.
11	Bingo	R07085-510	Silver Spring	6/11	Th	12:30-1:30 p.m.
12	Bingo	R07085-513	Long Branch	6/2	Tu	11 a.m.-Noon
11	Bingo Blast	R07085-500	White Oak	6/2	Tu	1-1:45 p.m.
13	Board Games	R07112-508	Silver Spring	6/1	M	1-3 p.m.
28	Bocce Ball Play	R07124-503	Schweinhaut	6/4	Tu,Th	12:30-2 p.m.



55+ PROGRAMS



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BONE BUILDERS



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GAMES

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
12	Brain Games	R07090-502	White Oak	6/1	M	10-11 a.m.
13	Brain Games	R07090-503	Silver Spring	6/1	M	9:30-10:30 a.m.
12	Brainworks	R07112-511	Long Branch	6/3	W	10:30-11:30 a.m.
12	Bridge	R07074-508	North Potomac	6/2	Tu	1-3 p.m.
11	Bridge	R07074-509	North Potomac	6/4	Th	1:30-3 p.m.
12	Canasta Club	R07112-513	Damascus	6/4	Th	12:30-3:30 p.m.
14	Chess Club	R07110-503	Schweinhaut	6/1	M	10:30 a.m.-1 p.m.
12	Chinese Mahjong	R07047-503	Wheaton	6/1	M,W	1-3 p.m.
5	Chinese Mahjong	R07047-527	Long Branch	6/1	M	9:30-11 a.m.
12	Juegos Mentales	R07112-510	Long Branch	6/2	Tu	1-2 p.m.
13	Pinochle Card Game	R07099-501	Schweinhaut	6/3	W	1-4 p.m.
14	Play for Fun	R07117-510	Wheaton	6/1	M	11 a.m.-Noon
59	Rummikub Club	R07086-552	Damascus	6/1	M-F	9 a.m.-Noon
14	Rummikub Play	R07086-504	Schweinhaut	6/1	M	12:30-2 p.m.
12	Social Bridge	R07074-500	White Oak	6/1	M	1-3:30 p.m.
10	Sport Games	R07117-511	Long Branch	6/5	F	10-11 a.m.
59	Table Games and Creative Coloring	R07112-509	Long Branch	6/1	M-F	9-10:30 a.m.
1	Wii Sports Demo	R07130-502	Wheaton	7/20	M	10:30-11:30 a.m.



**Senior centers
closed on
July 3 and 4.**

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HEALTH AND WELLNESS

HEALTH SCREENINGS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
11	Blood Pressure Screening	R07108-505	Schweinhaut	6/5	F	1-2 p.m.
10	Blood Pressure Screening	R07108-535	Damascus	6/10	W	10:30-11:30 a.m.

YOGA

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
7	Alignment Yoga	R05128-504	Wheaton	6/25	Th	6-7 p.m.
10	Chair Yoga	R07029-525	Damascus	6/1	M	9:45-10:45 a.m.
12	Chair Yoga	R07032-500	White Oak	6/1	M	12:45-1:45 p.m.
13	Chair Yoga	R07029-510	Silver Spring	6/1	M	3-4 p.m.
12	Chair Yoga	R07032-505	Wheaton	6/2	Tu	3-4 p.m.
12	Chair Yoga	R07032-518	Long Branch	6/4	Th	9:05-10:05 a.m.
12	Yin Yoga	R07032-517	Schweinhaut	6/6	Sa	9:15-10:15 a.m.
13	Yoga	R07032-520	Long Branch	6/1	M	1-2 p.m.
9	Yoga	R07029-517	Damascus	6/3	W	11 a.m.-Noon
12	Yoga	R07032-501	Wheaton	6/15	M	10-11 a.m.
7	Yoga	R07029-518	Damascus	7/10	F	11 a.m.-Noon
3	Yoga - Slow Flow	R07029-507	North Potomac	6/11	Th	2-3 p.m.
6	Yoga - Slow Flow	R07029-514	North Potomac	7/9	Th	2-3 p.m.
11	Yoga for All	R07029-500	White Oak	6/5	F	9:05-10:05 a.m.
13	Yogalates	R07032-516	Silver Spring	6/2	Tu	6:30-7:30 p.m.
12	Yogalates	R07032-503	Wheaton	6/3	W	10-10:50 a.m.
10	Yogalates	R07032-519	Long Branch	6/5	F	1-2 p.m.



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MARTIAL ARTS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
5	Tai Chi	R07025-522	Long Branch	6/1	M	10-11 a.m.
12	Tai Chi	R07025-526	Long Branch	6/3	W	2-3 p.m.
12	Tai Chi - Beginners	R07025-514	North Potomac	6/2	Tu	9:30-11 a.m.
13	Tai Chi - Beginners	R07025-516	Silver Spring	6/3	W	12:30-1:30 p.m.
9	Tai Chi - Intermediate	R07027-504	Silver Spring	6/5	F	9-10 a.m.
7	Tai Chi - Intermediate	R07027-502	North Potomac	7/8	W	2:30-3:30 p.m.
13	Tai Chi Chuan	R07025-504	Schweinhaut	6/2	Tu	2-3 p.m.



IMPORTANT: DAMASCUS SENIOR CENTER PROGRAMS

DAMASCUS SENIOR CENTER PROGRAMMING IS AVAILABLE AT THE DAMASCUS COMMUNITY RECREATION CENTER

Damascus Senior Center is closed for renovations.

.....

**Damascus Senior Center programs and activities will be held at
Damascus Community Recreation Center
25520 Oak Drive, Damascus**

BONEBUILDERS

Summer 2026

JUNE 15-AUG. 20

Location	Activity	Start Date	Day(s)	Time
Coffield	R03010-503	6/16	Tu,Th	9:15-10:15 a.m.
Damascus	R03010-514	6/23	Tu,Th	2:30-3:30 p.m.
Germantown	R03010-504	6/22	M,Th	1-2 p.m.
Long Branch	R03010-515	6/22	M,W	9:45-10:45 a.m.
North Potomac 1	R03010-506	6/22	M,W	10:45-11:45 a.m.
North Potomac 2	R03010-507	6/23	Tu,Th	10:40-11:40 a.m.
Ross Boddy	R03010-517	6/23	Tu,Th	10:30-11:30 a.m.
Schweinhaut 1	R03010-505	6/16	Tu,Th	10:30-11:30 a.m.
Schweinhaut 2	R03010-518	6/22	M,W	8:15-9:15 a.m.
Silver Spring 1	R03010-516	6/22	M,W	1-2 p.m.
Silver Spring 2	R03010-509	6/23	Tu,Th	10-11 a.m.
Wheaton	R03010-508	6/23	Tu,Th	9:15-10:15 a.m.
Wisconsin Place	R03010-511	6/23	Tu,Th	1-2 p.m.

FREE
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CLASSES ARE
DESIGNED TO INCREASE
BONE DENSITY.

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Senior Neighborhood Programs

Multiple locations throughout the County

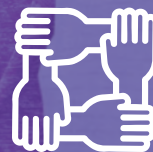
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and
Wellness**



**Sports
and
Games**



**Connect
with
Friends**



MONTGOMERY COUNTY
Recreation
WWW.MOCOREC.COM

SENIOR CONGREGATE MEALS



Montgomery County offers a hot meal at lunchtime at 10 senior program locations around the County. This program is offered in partnership with the Department of Health and Human Services, Aging and Disability Services. Check with the center nearest you for more information.

<<<CLICK HERE TO LEARN MORE >>>



MUSIC



Sessions	Class Title	Activity	Location	Start Date	Time
12	Angklung Music Lessons	R07109-503	Schweinhaut	6/6	Noon-2 p.m.
5	Karaoke (Mandarin)	R07080-529	Long Branch	6/1	11 a.m.-Noon
13	Let's Practice Ukulele! Club (Non-Instructional)	R07115-502	Wheaton	6/4	1-2 p.m.
3	Song Circle	R07080-516	Schweinhaut	6/12	1:30-3:30 p.m.







IMPORTANT HOLIDAY PARK SENIOR CENTER WE'RE OPEN DURING CONSTRUCTION

Holiday Park Senior Center has begun construction on windows and exterior doors throughout the center. We are currently in Phase 1 of the project, which has minimal impact on current programs.

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During Phases 2 and 3, the center will remain open. Classes will continue at limited capacity and offerings. To learn more about what programs are being offered, call the center at 240-777-4999.



SPECIAL EVENTS

Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
59	1 p.m. Program	R07107-532	Damascus	6/1	M-F	1-2 p.m.
1	DJ Dance Party	R07106-526	Schweinhaut	6/22	M	12:30-2 p.m.
1	Friday Dance Party	R07106-525	Schweinhaut	6/12	F	12:30-2 p.m.
1	Jazzy Father's Day Brunch	R07089-505	White Oak	6/12	F	9:30-11:30 a.m.
1	LGBTQ+ and Friends Senior Prom	R07107-556	Schweinhaut	7/11	Sa	4-7 p.m.
1	Men's Table Tennis and Wings	R07107-560	North Potomac	6/23	Tu	3:30-5:30 p.m.
1	Montgomery History Presents: A 250 year Tapestry of USA	R07105-599	Damascus	7/21	Tu	1-2 p.m.
12	New Movie Monday	R07088-500	White Oak	6/1	M	12:30-2:30 p.m.
1	Sports Fun Day	R07107-566	Schweinhaut	7/6	M	10:30 a.m.-Noon

REGISTRATION NOTICE



Registering In Person?

If registering in person,
you can only register for up to two
ActiveMONTGOMERY households at a time.

WWW.MOCOREC.COM



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SPORTS



Sessions	Class Title	Activity	Location	Start Date	Day(s)	Time
13	Newbies and Beginners Pickleball	R07091-513	Schweinhaut	6/4	Th	1-2 p.m.
8	Newbies and Beginners Pickleball	R07091-525	White Oak	7/2	Th	9-10 a.m.
13	Intermediate Pickleball	R07091-515	Schweinhaut	6/4	Th	3-4 p.m.
13	Advanced Beginners Pickleball	R07091-514	Schweinhaut	6/4	Th	2-3 p.m.
10	Pickleball	R07091-512	North Potomac	6/11	Th	4:30-6:30 p.m.
12	Soccer	R07128-503	North Potomac	6/3	W	10 a.m.-Noon
10	Soccer	R07128-504	North Potomac	6/5	F	10 a.m.-Noon
12	Soccer	R07128-505	North Potomac	6/4	Th	6-8:15 p.m.
12	Soccer - Walking	R07128-502	North Potomac	6/1	M	10 a.m.-Noon
14	Table Tennis (Ping Pong)	R07097-505	Schweinhaut	6/1	M	Noon-2 p.m.
12	Table Tennis (Ping Pong)	R07097-506	Schweinhaut	6/12	F	10:30 a.m.-Noon
12	Senior Volleyball	R07039-525	White Oak	6/1	M	11 a.m.-1 p.m.



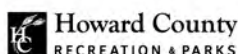
2026 | INFORMATION & REGISTRATION GUIDE



Maryland Senior Olympics

WELCOME TO THE 2026 SEASON!

"TO PARTICIPATE IS TO WIN!"



LOCATION KEY

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MINI TRIPS

Trip	Activity	Location	Start Date	Day(s)	Time
99 Ranch Market	R07101-544	North Potomac	6/12	F	9:30-11:30 a.m.
Amish Market	R07101-503	Long Branch	8/7	F	9:30-11:30 a.m.
Amish Market	R07101-524	Damascus	7/24	F	9:30-11:30 a.m.
Butler's Orchard	R07101-538	Damascus	6/10	W	9:45 a.m.-Noon
CKC Urban Farm	R07101-545	Long Branch	6/5	F	9:45-11:30 a.m.
Crossroads Farmers Market	R07101-504	Long Branch	7/22	W	9:30 a.m.-Noon
Germantown Library	R07101-563	Damascus	8/14	F	9:30-11:30 a.m.
Harwood House	R07101-528	Damascus	6/12	F	9:30-11:30 a.m.
India Bazaar	R07101-513	Damascus	8/5	W	9:30-11:30 a.m.
Milestone	R07101-566	Damascus	6/29	M	9:30-11:30 a.m.
Montgomery County Fair	R07101-546	North Potomac	8/18	Tu	9:15 a.m.-1:15 p.m.
Montgomery County Fair	R07101-515	Wheaton	8/18	Tu	9:30 a.m.-1:30 p.m.
Montgomery Mall Outing	R07101-502	Wheaton	8/25	Tu	10 a.m.-1:30 p.m.
Mt. Airy Walmart	R07101-522	Damascus	8/3	M	9:30-11:30 a.m.
Sandy Spring Museum	R07101-537	Damascus	6/15	M	9:30 a.m.-Noon
Silver Spring Aquatic Center	R07101-549	North Potomac	6/11	Th	9:15 a.m.-1:30 p.m.
Silver Spring Aquatic Center	R07101-501	Wheaton	6/11	Th	9:30 a.m.-12:30 p.m.
Thrift Store	R07101-545	Long Branch	6/4	Th	9:30-11:45 a.m.
Wegmans Grocery and Amish Market	R07101-516	North Potomac	6/22	M	9:30 a.m.-1 p.m.
Wheaton Rec Center	R07101-509	Long Branch	7/2	Th	10 a.m.-1:30 p.m.
World Elder Abuse Awareness Day	R07101-521	North Potomac	6/17	W	9:30 a.m.-1 p.m.


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[REGISTER HERE](#)

Senior Center Locations

Several
Locations
for Adults
55 and up

Damascus Senior Center is closed for renovations.

Senior Center programming is available at the
Damascus Community Recreation Center
25520 Oak Drive, Damascus • 240-777-6930

Holiday Park Senior Center

Holiday Park Senior Center is open during renovations.
3950 Ferrara Drive, Silver Spring • 240-777-4999

Long Branch Senior Center

8700 Piney Branch Road, Silver Spring • 240-777-6975

Margaret Schweinhaut Senior Center

1000 Forest Glen Road, Silver Spring • 240-777-8085

North Potomac Senior Center

13850 Travilah Road, Rockville • 240-773-4805

Silver Spring Senior Center

1319 Apple Ave., Silver Spring • 240-777-6900

White Oak Senior Center

1700 April Lane, Silver Spring • 240-777-6944

Wheaton Senior Center

11701 Georgia Ave., Wheaton • 240-773-4830

Visit mcorec.com/seniors
for more information



\$25
PER PERSON

DISCOVERY AWAITS

SENIOR ADVENTURES

3 - DAY CAMPS

REGISTRATION BEGINS TUESDAY, MAY 12

LOCATION	DATE	DAY	ACTIVITY
White Oak SC	June 2, 3, 4	Tu, W, Th	R07104-428
Ross Boddy NRC	July 14, 15, 16	Tu, W, Th	R07104-429
Margaret Schweinhaut SC	July 28, 29, 30	Tu, W, Th	R07104-430
North Potomac SC	Aug. 18, 19, 20	Tu, W, Th	R07104-431



MONTGOMERY COUNTY
Recreation

For more information about our Senior Adventures Camp, email rec.seniors@montgomerycountymd.gov

REGISTRATION BEGINS TUESDAY, MAY 12 AT 9 A.M.

FOR MORE INFORMATION, VISIT MOCOREC.COM/TRIPSTOURS or call 240-777-4933.



MONTGOMERY COUNTY RECREATION

SOAR

SENIOR OUTDOOR ADVENTURES IN RECREATION

SOAR offers day trips designed for active adults 55 and older. Travel by motorcoach for trips unless otherwise specified. All trips depart and return to Olney Manor Recreational Park, 16605 Georgia Ave., Olney.



R07082-501 Planes, Trains and Trolleys-Moving America, Hagerstown, MD W, July 8 • Leave 7:15 a.m., Return 5:15 p.m. • Fee: \$82

We will have guided tours of various museums including the Hagerstown Aviation Museum, Hagerstown Railroad Museum, Boonsboro Trolley Station Museum and National Road Museum. Lunch will be on your own at a local restaurant. Fee includes transportation and tours. Trip will be held rain or shine.

R07082-502 Chesapeake Bay Lighthouse Cruise, Annapolis, MD Tu, July 14 • Leave 9:30 a.m., Return 4:30 p.m. • Fee: \$124

Pass under the twin spans of the Bay Bridge and three Chesapeake lighthouses: Sandy Point Shoal, Baltimore Harbor and Thomas Point on this award-winning three-hour cruise. A historically attired "wikkie" (lighthouse keeper) will entertain you throughout the trip with humor, anecdotes, tales of famous wikkie and historic stories. Fee includes transportation, cruise and boxed lunch. Trip is held rain or shine.

R07082-503 National Museum of the Marine Corps, Triangle, VA Th, July 16 • Leave 8:15 a.m., Return 3:30 p.m. • Fee: \$68

The National Museum of the Marine Corps is a lasting tribute to the commitment, accomplishments and sacrifices of U.S. Marines. World-class interpretive exhibits with innovative technology and unique artifacts surround visitors and immerse them in the sights and sounds of Marines in action. We will also get to view the film "We, the Marines" at the Medal of Honor theatre. Enjoy a self-guided tour and lunch on your own at the café onsite. Fee includes transportation and film. Trip will be held rain or shine.

R07082-504 Skipjack Sailing Tour, St. Michaels, MD W, July 29 • Leave 7:30 a.m., Return 5 p.m. • Fee: \$96

Take a two-hour sail on the sloop-rigged skipjack H.M. Krentz, whose type has been designated as the official Maryland State boat. The boat is used as an oyster dredger, and we will have an oystering demonstration on board. Enjoy lunch and touring on your own in St. Michaels's after the sail. Fee includes transportation and sail. Trip is held weather permitting.

R07082-505 Crab Feast Paddlewheel Riverboat Cruise, Choptank River, MD Th, Aug. 6 • Leave 9:15 a.m., Return 6:30 p.m. • Fee: \$132

Cruise on one of the most exciting attractions offered on Maryland's Eastern Shore. Enjoy a scrumptious crab feast aboard a paddlewheel river boat as we take a three-hour cruise around the historic sights of the Maryland Eastern Shore. Fee includes transportation, cruise and crab feast. Trips is held rain or shine.

R07082-506 Harriet Tubman Guided Tour, Dorchester County, MD W, Aug. 12 • Leave: 7 a.m., Return 6:30 p.m. • Fee: \$132

We will meet our guide at the Dorchester County Visitor Center who will narrate as we travel past landmarks that were significant to Harriett Tubman's life and local African American history. We will visit the Harriett Tubman Underground Railroad Visitor Center and State Park. Enjoy a buffet-style meal at Old Salty's. Following lunch, we will visit the Harriet Tubman Museum and Education Center. Fee includes transportation, guide, museum admission and lunch. Trip is held rain or shine.

R07082-507 The National Aquarium, Baltimore, MD W, Aug. 19 • Leave 8:30 a.m., Return 3:30 p.m. • Fee: \$92

This is one of the world's finest aquariums, featuring a living collection of more than 17,000 fish, birds, amphibians, reptiles and marine mammals, housed in award winning habitats located in Baltimore's famous Inner Harbor, overlooking the Chesapeake Bay. Experience a self-guided tour at your own pace. Lunch is on your own at the cafés in the museum. Fee includes transportation and admission. Trip is held rain or shine.



*Crab Feast Paddlewheel Riverboat Cruise, Choptank River, MD
Activity R07082-505, Thursday, Aug. 6*



*Pride of the Susquehanna, Murder Mystery Dinner Cruise, Harrisburg, PA
Activity R07083-505, Friday, Aug. 7*



MAKE EVERY DAY UNFORGETTABLE!

Day Trippers offers intergenerational trips to a variety of destinations. A day trip is planned with your interests in mind.

Join us for exciting trips and leave the driving to us. Children under 18 must be accompanied by an adult. Trips leave from and return to Olney Manor Recreational Park, 16605 Georgia Ave., Olney.

R07083-501 MGM Casino and National Harbor, Oxon Hill, MD F, July 10 • Leave 9 a.m., Return 4 p.m. • Fee: \$58

Enjoy a luxury gaming experience and stunning panoramic views of the Potomac River. Test your luck at any of the 3,600 slot machines and 140 gaming tables. Gamble, eat and shop with the option to be shuttled to the National Harbor Waterfront on our bus for shopping and restaurants. Fee includes transportation. Trip will be held rain or shine.

R07083- 502 The Tea Cart, Berryville, VA Th, July 23 • Leave: 8:30 a.m., Return 4:30 p.m. • Fee: \$106

We are proud to join the likes of many of Virginia's finest retailers and businesses on Main Street. Your visit to The Tea Cart is a memorable and nostalgic experience of the Royal Ascot tea service at this historic venue. The English Garden setting enclosed with beautifully painted murals, feminine floral accents and lush Victorian seating makes the ceremony of English Afternoon Tea fit for the Queen. Fee includes transportation and tea. Trip is held rain or shine.

R07083-503 Grounds for Sculpture, Hamilton, NJ F, July 31 • Leave 7:30 a.m., Return 6:30 p.m. • Fee: \$92

Enjoy a museum, sculpture garden and arboretum framed by nature on 42 magnificently landscaped acres in which to stroll as well as rotating exhibits in six indoor galleries. Join us for a self-guided experience and discover the beauty, charm and inspiration of a constantly evolving collection of outdoor sculptures and indoor galleries. Lunch on your own in the onsite cafes. Fee includes transportation and admission. Trip is held weather permitting.

R07083- 504 Peddler's Village Peach Festival, Lahaska, PA Su, Aug. 2 • Leave 8 a.m., Return 6 p.m. • Fee: \$74

Celebrate National Peach Month with the Peach Festival at Peddler's Village! Join us on a peach lover's paradise with plenty of peachy treats, live entertainment and scenic strolls through the summer gardens. Fee includes transportation. Trip is held weather permitting.

R07083-505 Pride of the Susquehanna, Murder Mystery Dinner Cruise, Harrisburg, PA F, Aug. 7 • Leave 2:30 p.m., Return 11:30 p.m. • Fee: \$169

The Pride of the Susquehanna Riverboat is an authentic stern-driven paddle wheel riverboat built in 1988 as a community service project by the Harrisburg Area Riverboat Society Pa. Enjoy a classic whodunnit aboard the Pride of the Susquehanna. We will dine before the mystery, which will include a full plated dinner. A cash bar will be available (not included). Fee includes transportation, cruise, murder mystery and dinner. Trip will be held rain or shine unless the captain makes an emergency weather decision.

R07083-506 Totem Pole Playhouse, South Pacific, Fayetteville, PA Su Aug. 16 • Leave 9:30 a.m., Return 6:30 p.m. • Fee: \$136

Returning to the Totem Pole Playhouse stage for the first time in more than 30 years, immerse yourself in the sweeping romance of South Pacific, Rodgers and Hammerstein's timeless Broadway masterpiece. South Pacific blends unforgettable music with powerful storytelling and sweeping theatrical beauty. Experience the romance, drama and breathtaking music of one of Broadway's greatest musicals. Before the show, we will enjoy a family-style lunch at Hickory Bridge Farm Restaurant. Fee includes transportation, lunch and show. Trip will be held rain or shine.

R07083-507 The Candlelight Dinner Theatre "Annie," Wilmington, DE Su, Aug. 23 • Leave 10:15 a.m., Return 8:15 p.m. • Fee: \$124

Little orphan Annie charms everyone's hearts as she attempts to find the parents who abandoned her years ago on the doorstep of a New York City orphanage. Based on the popular comic strip by Harold Gray, "Annie" has become a worldwide phenomenon and was the winner of seven Tony Awards, including Best Musical. Enjoy a pre-show plated lunch. Fee includes transportation, lunch and show. Trip will be held rain or shine.



PAYMENT AND REFUND INFORMATION

WAYS TO REGISTER

ONLINE

Credit Card payment only. Register 24 hours a day, seven days a week for all activities at www.ActiveMONTGOMERY.org.

BY MAIL

Check or money order payment only.

Fill out and sign the registration form and mail it to:

ActiveMONTGOMERY

2425 Reddie Drive

10th Floor

Wheaton, MD 20902

DROP-OFF

Customers may drop off their registration form and payment at: Montgomery County Recreation

Administrative Office

2425 Reddie Drive

10th Floor

Wheaton, MD 20902

Monday - Friday

9 a.m. - 3:30 p.m.

PAYMENT INFORMATION

- Full payment must be made at time of registration.
- Do not submit registrations and/or payments to Recreation instructors.
- For Montgomery County Recreation activities, non-county residents must pay an additional \$15 per activity per participant.

CHECKS and MONEY ORDERS

- Make checks and money orders payable to ActiveMONTGOMERY.
- Checks and money orders must include name, address, and telephone number.
- If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee. Payment by check constitutes authorization of these transactions. You may revoke your authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due.
- Please allow two weeks to receive a refund by check.

CREDIT CARDS

- Visa, MasterCard, American Express and Discover are accepted.
- Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.
- Montgomery County Recreation reserves the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charge incurred due to unsubstantiated credit card disputes, or any outstanding debt.

WITHDRAWALS AND REFUNDS

Service Type	Withdrawal Time Frame	Withdrawal Reason & Method	Refund Amount
Camps, Classes, Leagues, and Trips & Tours	At least 14 (fourteen) calendar days before start date	Any reason, ONLINE, EMAIL or IN PERSON	Full refund
	Less than 14 (fourteen) calendar days before start date	Any reason, ONLINE, EMAIL or IN PERSON	Refund less 50% of the total fee
	On activity start date or later; After league schedule is posted	N/A	No refund will be issued
Rentals	At least 30 (thirty) calendar days before start date	Any reason, ONLINE, EMAIL or IN PERSON	Full refund
	Less than 30 (thirty) calendar days before start date	Any reason, ONLINE, EMAIL or IN PERSON	Refund less 50% of the total fee
	On rental date	N/A	No refund will be issued
For classes/sessions/games missed by participant		No refund will be issued	For more information visit www.mocorec.com 
When make up sessions are offered			
Memberships			

Withdrawal Methods:

Online: at www.ActiveMONTGOMERY.org

Email: Rec.FinanceOffice@MontgomeryCountyMD.gov

In Person with signature:

Recreation Administrative Office

2425 Reddie Drive

10th Floor

Wheaton, MD 20902

Refund Methods:

Refunds will be issued in the same form as payment rendered, except cash. Credit card payments are returned to the original credit card used for payment. Credit card refunds that cannot be returned to the original credit card used for payment will be returned by check. All other forms of payment are returned by check.

Questions:

Call 240-777-6806 (8:30 a.m.-4:30 p.m.)

Email: Rec.FinanceOffice@MontgomeryCountyMD.gov



CONTACT CUSTOMER SERVICE

Customer Service Available

8:30 a.m.-4:30 p.m.

Phone: 240-777-6840

Email: recreation.customerservice@montgomerycountymd.gov

2425 Reddie Drive, 10th Floor, Wheaton, MD 20902



MONTGOMERY COUNTY
Recreation

Facility Addresses

Registration begins Tuesday, May 12 for summer programs.



Looking for Senior Centers?

[Click here to view senior center locations.](#)



Looking for pool locations?

[Click here to view aquatic facilities.](#)

ELEMENTARY SCHOOLS

Bethesda ES..... 7600 Arlington Road, Bethesda 20814
Flora M. Singer ES.....2600 Hayden Dr, Silver Spring, MD 20902
Rock View ES.....3901 Denfeld Ave., Kensington, 20895

MIDDLE SCHOOLS

Earle B. Wood MS..... 14615 Bauer Dr, Rockville, MD 20853

HIGH SCHOOLS

Kennedy HS..... 1901 Randolph Road, Wheaton 20902
Wheaton HS..... 12401 Dalewood Drive, Silver Spring, 20906

PARKS

Bauer Drive LP..... 14625 Bauer Drive, Rockville, 20853
Cabin John RP..... 7400 Tuckerman Lane, Bethesda, 20817
Layhill Village LP..... 1920 Queensguard Road, Wheaton, 20906
Laytonia RP..... 7300 Airpark Road, Gaithersburg, 20879
Olney Manor RP..... 16601 Georgia Ave., Olney 20832
Ridge Road RP..... 21155 Frederick Road, Germantown, 20876
Tilden Woods LP.....6800 Tilden Ln, Rockville, MD 20852

OTHER FACILITIES

Life Rescue Training.....12105 Nebel St., Rockville, 20852
School of Music.....1331 Rockville Pike, Ste. Q, Rockville, 20852



**All recreation and senior centers
closed on July 3 and July 4.**



RECREATION FACILITIES

Recreation Administrative Office.....2425 Reedie Drive, 10th Floor, Wheaton, 20902
Bauer Drive CRC.....14625 Bauer Drive, Rockville, 20853
Clara Barton NRC.....7425 MacArthur Blvd., Cabin John, 20818
Damascus CRC.....25520 Oak Drive, Damascus, 20872
East County CRC.....3310 Gateshead Manor Way, Silver Spring, 20904
Germantown CRC.....18905 Kingsview Drive, Germantown, 20874
Good Hope NRC.....14715 Good Hope Road, Silver Spring, 20905
Gwendolyn E. Coffield CRC.....2450 Lyttonsville Road, Silver Spring, 20910
Lawton CRC.....4301 Willow Lane, Chevy Chase, 20815
Long Branch CRC.....8700 Piney Branch Road, Silver Spring, 20901
Longwood CRC.....19300 Georgia Ave., Brookeville, 20833
Marilyn J. Praisner CRC.....14906 Old Columbia Pike, Burtonsville, 20866
Mid-County CRC.....2004 Queensguard Road, Silver Spring, 20906
Nancy H. Dacek North Potomac CRC.....13850 Travilah Road, Rockville, 20850
Plum Gar CRC.....19561 Scenery Drive, Germantown, 20874
Potomac CRC.....11315 Falls Road, Potomac, 20854
Ross Boddy NRC.....18529 Brooke Road, Sandy Spring, 20860
Scotland NRC.....7000 Scotland Drive, Potomac, 20854
Silver Spring RAC.....1319 Apple Ave., Silver Spring, 20910
Upper County CRC.....8201 Emory Grove Road, Gaithersburg, 20877
Wheaton CRC.....11701 Georgia Ave., Wheaton, 20902
White Oak CRC.....1700 April Lane, Silver Spring, 20904
Wisconsin Place CRC.....5311 Friendship Blvd., Chevy Chase, 20815

Abbreviation Key

Outdoor Pools

BOP - Bethesda Outdoor Pool
GOP - Germantown Outdoor Pool
LBOP - Long Branch Outdoor Pool
MLKOP - Martin Luther King Jr. Outdoor Pool
UCOP - Upper County Outdoor Pool
WCOP - Sarah E. Auer Western County Outdoor Pool
WGOP - Sergeant Hector I. Ayala Wheaton/Glenmont Outdoor Pool

Indoor Pools

GISC - Germantown Indoor Swim Center
MLKSC - Martin Luther King Jr. Swim Center
OSC - Olney Swim Center
SSRAC - Silver Spring Recreation and Aquatic Center

Parks

LP - Local Park
RP - Regional Park/
Recreational Park

Centers

CRC - Community Recreation Center
SC - Senior Center
RAC - Recreation and Aquatic Center

Schools

ES - Elementary School
MS - Middle School
HS - High School





Montgomery County Board of Elections

ELECTION WORKERS NEEDED!

**2026 PRIMARY
EARLY VOTING
JUNE 11-18**

**2026 PRIMARY
ELECTION
JUNE 23**

Earn Up To

\$250

**OR Up To
25 SSL Hours
per day of
service!**

Individuals who served in the 2024 elections will receive a \$100 bonus per full day served (\$50 for half-day shifts).

HELP MONTGOMERY COUNTY VOTE!

REQUIREMENTS

Volunteers must be U.S. citizens, registered to vote in Maryland and at least 16 years old.

TO APPLY!

Email: election.judge@montgomerycountymd.gov

Call: 240-777-8533 Visit: www.777vote.org

WHERE THE FUN BEGINS

Have questions?

The customer service and outreach teams are here to help!



HOURS OF OPERATION

Monday - Friday

8:30 a.m.-4:30 p.m.



CALL US

Customer Service Available

8:30 a.m.-4:30 p.m.

240-777-6840



VISIT US

8:30 a.m.-4:30 p.m.

Administrative Office

2425 Reddie Drive

10th Floor

Wheaton, MD 20902

See Map

SUMMER 2026

Registration begins
Tuesday, May 12

Public Outreach Team



Customer Service Team



www.mocorec.com



240-777-6840



recreation.customerservice@montgomerycountymd.gov



MONTGOMERY COUNTY
Recreation