



**Are you struggling financially?
 Do you need help with public benefits?**

HHS Navigation Services

To make an appointment, call Trica Young at 240-777-1582*
 Virtual or in-person visits. *Para español llame al 240-773-8265.

Location	Day and Times
Westfield South Building 11002 Veirs Mill Rd, Suite 506 Wheaton, MD 20902	Tuesday and Thursday 9 am - 4:30 pm
Gaithersburg Library, 2nd Floor 18330 Montgomery Village Ave. Gaithersburg, MD 20879	Wednesday 10 am - 3 pm

Get help applying for:

- Food assistance (SNAP)
- Health care
- Assistance with utility bills

Get referrals for:

- Clothing
- Food
- Furniture

Partnership with Gilchrist Immigrant Resource Center and Department of Health and Human Services
 Montgomery County, Maryland, Community Action Agency

Call the Gilchrist Immigrant Resource Center at 240-777-4940.

For help finding:

- Food assistance
- Health care and insurance for low-income residents
- Information on housing and eviction concerns
- Organizations that can answer questions about immigration
- Free or low-cost legal assistance, job training, and more

We provide classes:

- English for Speakers of Other Languages
- Basic Computer Skills
- English Conversation
- Citizenship Preparation

We can help you in your language.

